



# SAVE OUR AMPHITHEATRE

Just as our Kuranda Amphitheatre reaches its 40th birthday, it is also facing one of its greatest challenges. The Kuranda Amphitheatre is unique in North Queensland, a community venue created, built and operated by the people of Kuranda. It has served the community for 40 years as a venue for concerts, festivals, theatre, dance, fundraisers, seminars and workshops, as well as being used every day by many village community groups for classes, play groups, fundraisers and club nights, and for funerals, wakes and community celebrations of all kinds.

It's a beautiful, peaceful, green landscape now, created over decades from a hard blady grass paddock by many, many volunteer hands. A magical venue whether under tropical sun or stars. However, as with most of the arts sector, almost two years of COVID restrictions and uncertainty for events have hit it hard. Without major gigs, the funding to keep this most beautiful of venues maintained and open for business is just not there. Here is the call out for the community to step up and help **SAVE OUR AMPH.**

## A letter to the Community from the Kuranda Amphitheatre Committee

This is a call out to community for help to support our iconic rainforest venue. This is not the first time the Amphitheatre has been at risk of closure. In January 1994 and February 2002, we used the pages of *The Kuranda Paper* to ask for your help and support. You did not let us down. Now we need your help again.

It does have to be said how stressful and difficult the last two years have been, trying to keep the Amphitheatre alive in these unprecedented times, and facing the reality that 2021 could very well be the demise of our internationally renowned, unique community space.

Our last major Concert was Xavier Rudd in 2019, and in 2020 we had three cancellations.

This year, we have had the same, due to COVID restrictions, lockdowns, performers stuck all over the country. It's just how it is. Takings from these large gigs are what the Amphitheatre relies on to keep the venue operational and to make the place available and accessible to the community for small hires, workshops, rehearsal, dance, kids' groups, wakes, funerals, and fundraisers. Without this income we are unable to support our community. We must charge a small fee for 'community hirers', and whilst these small fees help, it isn't enough to pay the bills. This is the dilemma we realistically face right now.

Regardless of the Amphitheatre's current situation, we are determined to celebrate its 40th birthday! We are so proud of this milestone and so the very first thing you can do to help is ... join us. Our Amphitheatre is your Amphitheatre.

*Continued page 3*

40th BIRTHDAY  
CELEBRATION  
and KURANDA SPRING  
FESTIVAL

**Sunday 3 October 2021**  
Midday to dusk

• live music • family fun • box car rally • face painting •  
• treasure hunt • raffles • bar and food • live performances •

*A great day on the terraces*



\$5

**ENTRY**  
U13 FREE



*Kuranda Kindy young adventurers out and about at Din Din (Barron Falls) enjoying the glorious weather. Photo: Nadine Wache*



Please keep letters to under 250 words. All letters are subject to editing. Anonymous letters or those of doubtful origin may not be published. Correct name, address and phone numbers are to be submitted with your letter.

We welcome your letters via email or post

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Conditions apply. All articles submitted will be printed at the discretion of the Management Committee and Production Team and may be subject to editorial changes.

The Management Committee of The Kuranda Media Association Inc. (KMA) does not accept responsibility for financial, health or other claims published in *The Kuranda Paper*. Factual errors in material submitted are the responsibility of the contributor. All submissions received, including photographs, are deemed to be authorised for publication by the contributor.

The Kuranda Media Association Inc. is a not-for-profit voluntary association est.1991. Advertising revenue from *The Kuranda Paper* enables us to provide this community resource, which supports local community groups and projects. Our stated objectives are to provide a means of open communication in order to foster the spirit of community involvement and reflect the aspirations of the residents of the Kuranda area.

Note: Views expressed in *The Kuranda Paper*, including letters, do not necessarily reflect the views held by the KMA Management Committee.

KMA Management Committee 2021

President: Krishna Buhler

Vice President: Nettie O'Connell

Secretary: Trish Green

Treasurer: Gayle Hannah

Member's Representative: Toni Rogers

**Paper Production this edition:** Nettie O Design (layout and design), Gayle Hannah, Toni Rogers and Garth Owen (proofreading). Thanks to all our volunteers including our paper folders. Thanks to all contributors, advertisers and distributors.

### Cover Masthead

Our masthead this month features the distinctive artwork of Tanique Brim. We are grateful to Tanique for sharing her beautiful cassowary (bundarra) painting with us during the month of September for World Cassowary Day. Tanique says of her painting "Bundarra (cassowary) is an ancient bird, sacred to me and my people – they are the life-givers to our bushfoods of the rainforests. Bundarra is my great, great grandmother Annie Brim's totem (Djabugay woman)."

Tanique Brim was born in Cairns in 1992 and her language name is Girra Girra. A young woman from the Buluwandji tribe, Tanique grew up in her traditional country in Kuranda where she learnt from a very young age how to create with art, learning to paint from family first, then school and TAFE.

Tanique's artwork, which has an ancient cultural style with a unique modern twist, includes works on paper and canvas, outdoor murals, textiles (t-shirt design) and poster design. She also manages to keep a busy schedule as a mum while creating her art. Being an Aboriginal woman is important to Tanique, knowing her culture is the oldest in the world, her ancestors the first fire-lighters, first hunters, first gatherers, first farmers, first speakers, first musicians and artists, and first bush doctors. Tanique feels the responsibility as a First Nation Person to keep knowledge and stories alive through music, arts and culture, as her ancestors have done for at least fifty thousand years.



The Kuranda Media Association acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work. We pay our respects to ancestors and Elders, past and present. The Kuranda Media Association is committed to honouring Australian Aboriginal and Torres Strait Islander peoples' unique cultural and spiritual relationships to the land, waters and seas and their rich contribution to society.

### THANKS

Many thanks to Rob Hart for his kind words regarding my regular articles "View from the Understorey" which on occasion share a page with his insightful and long-running Astrology column, in our wonderful paper.

If truth be known I often feel inadequate viewing my scratchings and observations juxtaposed to Rob's beautiful writing which often transcends. "With the Aquarian moon predominant the effects should be clear-Aquarius represents the unique, the independent, the revolutionary, the great truth of unity..."

We need more of that.

Paul Devine, Kuranda

### TARGA CARS IN KURANDA – Saturday 4 September 2021

This year before heading off to Mareeba, Targa cars will do a loop around Centenary Park, Kuranda at around 9am. Car enthusiasts of all ages and photographers are encouraged to enjoy this rare opportunity.

According to Targa, the Kuranda Range Road will be closed between Canopy's Edge and Black Mountain Road from 8.30am to 12 noon (however, experience from past years is that it often opens much earlier).



### TARGA – CONSIDER THE LOCALS

My day of intense chaos due to the Targa car rally had occurred during 2019. Last year I left it too late to submit my story for publication. However, I am aware that in 2020 much the same thing occurred; that is, the rally finished well before the gazetted time of the Range's re-opening. So maybe my inconvenience may still be of interest to your readers this year. I never received a reply from Targa to my email of 2 September 2019. However, because I had sent a Cc. copy to our local member Craig Crawford, he very decently refunded my \$44 Skyrail ticket.

Hello Targa people,

Because my work in Smithfield is built upon fixed rosters, I was required to sign on in Smithfield by 10.30am on Sunday. On the Saturday evening before the Targa rally I completed work at 10.10pm, and then drove to Kuranda, arriving home at 10.35pm. After I phoned Skyrail to make a booking for its first service at 9.15am the following morning, I went to bed at about 11.30pm. Had Skyrail not existed, I would have been obliged to drive down the Kuranda Range at 6am, which would have necessitated me having fewer than six hours sleep. This would not have been desirable, considering I was required to work a ten hour shift, which would have commenced four hours after I had driven down the Range. I therefore chose Skyrail as a sensible compromise.

As my gondola passed over the Range above Smithfield at 9.40am I was furious to discover that general traffic was already traversing the roadway. So I could have left home for work as usual at 10am, after all. Surely your organisation should be capable of estimating how long it takes for a car rally to take place. Although for weeks the signs before each end of the Range said the road would be closed until 11.16am, yesterday my wife received a text message announcing the road had been reopened at 9.26am, just eleven minutes after I had started my Skyrail journey.

My wife's day also went into disarray. She was required to drive down the Range at about 6am, before spending three hours with her mother, until the two of them opened their market stall.

Not only that: in spite of her being forced to get out of bed at about 5am, at 8.45pm she was required to drive down the Range again to fetch me from work at 9pm. Then we had to drive all the way to the Kuranda Village for me to drive my own car back home across the river.

All considered, we feel that this was an excessive inconvenience caused by a sport which interests neither of us. Australia is a huge country, with many, many winding roads. In future please choose roads where a nearby alternative road exists for local residents.

Due to all the above details, I am asking you to refund me the \$44.00 cost of my Skyrail ticket.

Robert (and Robyn) Hughes, Kuranda

## DEADLINES

October Edition 336/2021  
All copy and advertisements  
due by 10am

Thursday 23 Sept 2021

Paper published

Thursday 30 September 2021

Management is not responsible for  
any copy missing deadline.

### Advertisement sizes and rates

[width x height in mm]

A – 262x380 (full page)	\$633
B – 174x380 (dominant)	\$435
C – 129x380 (1/2 page vertical)	\$341
D – 262x188 (1/2 page horiz)	\$341
E – 85x380 (1/3 page vertical)	\$242
F – 129x188 (1/4 page)	\$184
G – 262x124 (large strip)	\$242
H – 262x60 (small strip)	\$134
I – 129x124	\$134
J – 85x188	\$134
K – 85x124	\$94
L – 85x60 (business card)	\$52

### Advertisers

All artwork, images and logos to be supplied in high resolution (300dpi), CMYK colour mode, and in the correct size (see left for advertisement sizes).

Acceptable formats: PDF, EPS, JPG or TIFF.

In-house design services are available for an additional fee.

Advertisements booked for 3 months and paid for in advance are eligible for a 10% discount.

**Stockists** – A free copy is delivered to every postal box and street mail delivery in the Kuranda district (post-code 4881). If you don't receive a copy please contact the Kuranda Post Office.

The current edition of *The Kuranda Paper* can be viewed online at kurandapaper.com, along with some back issues. In addition you can pick up a hard copy of *The Kuranda Paper* at the following outlets:

**KURANDA:** Kuranda Post Office (Thoree St), Sprout Café (Coondoo St), Kuranda Visitor Information Centre (Centenary Park), Kuranda Neighbourhood Centre (Rob Veivers Dr), Kuranda Discount Drugstore (Coondoo St),

Kuranda Arts Co-op (Coondoo St), Kuranda Foodworks (Thongon St), BP Service Station, Annabel's Pies (Therwine St).

**KURANDA DISTRICT:** Speewah Service Station, Koah Service Station, Oak Forest Takeout.

**MAREEBA:** Piagno's News (Byrnes St), Mareeba Heritage Museum & Visitor Information Centre (Byrnes St), Mareeba News (Byrnes St)

**TOLGA:** The Humpty

**ATHERTON:** Atherton IGA (Silo Shopping Centre)

**SMITHFIELD:** Totem Clothing (Smithfield Shopping Centre), Smithfield Library

**CAIRNS:** Cairns Library



[www.kurandaamphitheatre.org](http://www.kurandaamphitheatre.org)  
[support@kurandaamphitheatre.zendesk.com](mailto:support@kurandaamphitheatre.zendesk.com)  
 Kuranda Amphitheatre

# SAVE OUR AMPHITHEATRE

Continued from page 1

The Kuranda Amphitheatre Society (KAS) is a not-for-profit, 100% voluntary, incorporated association—created for the community by the community.

Unlike Cairns Regional Council (CRC) venues—such as the Cairns Convention Centre, Fogarty Park, Tanks and Munro Martin Parklands, which are fully funded and maintained by the CRC, with huge budgets for its venues and paid employees to ensure the gigs keep coming in—we are fundamentally a venue for hire.

At the Amphitheatre, the management of large concert acts hire the venue mainstage and bring all their own workers, technicians and team on their tour. The Amphitheatre is responsible for managing the overall event including the gate, bar, kitchen, hiring and instructing security, backstage catering, public transport to and from the concert, risk assessment, WH&S, liaise with local emergency services etc. All of this is managed many weeks prior to the event by our own Event, Area and Site Managers etc. When you are enjoying top class entertainment in this most amazing outdoor venue, it probably doesn't come to mind just how much unpaid work goes into making the magic happen – unless of course you are one of the many volunteers!

Amphitheatre pre-event expenses are at least \$40,000 and include bar and catering purchases, equipment hire, floats, first aid, security, bus transport and much more. The Amphitheatre has a base operational budget of \$60,000 per year, whether there are major gigs or not, this is the minimum that needs to be raised. Some unavoidable costs include volunteer insurance, public liability, rates, utilities, infrastructure and facility repairs, maintenance, and grounds keeping – the list goes on. KAS takes just 10 per cent of concert ticket sales and all proceeds from food and beverages sold.

Given the past two years, we currently have had to reluctantly cut back on anything that costs the Amphitheatre. This includes any small hires that require a bar, due to the cost of consumables and the legal requirement to hire licensed security. Unfortunately, we've had to decline many requests because of the financial drain on the coffers up front costs pose. It's a terrible catch 22.

The Management Committee are volunteers, most of us holding down a day job while giving time and energy to the operations of the Amphitheatre. This Committee is constantly searching and applying for grant funding, but due to being such a unique venue, we don't fit into many of the boxes. Most recent grant initiatives are for the big end of town, businesses with large annual turnovers, businesses with paid employees etc. We have been successful in a couple of recent grant rounds, however, these are merely short fixes.

## SO WHAT CAN YOU DO TO HELP?

Firstly, join us! You can become a member of the Society by completing an application form and pay at the Honey House Kuranda. If your membership has lapsed, now is the time to renew it.

Secondly, if you can spare some money to help us keep up with the bills, or help with costs of the 40th Birthday celebrations, we would really appreciate it. Did you know the Kuranda Amphitheatre Society Inc. is a Registered Charity? All donations over \$5 are tax-deductible!

Donations can be made at the Honey House Kuranda or deposited to our donations account:

Kuranda Amphitheatre Society Inc.  
 BSB: 633 000 A/c: 131923047

## Volunteer: WE NEED YOU!

Many people within the Kuranda community will

## FAREWELL LYNDA BELL

The Kuranda Amphitheatre Committee & Support would like to pay tribute to our beautiful Lynda Bell.

A loyal, hardworking volunteer who defended the Amphitheatre like a lioness. You did so much, too much to mention everything, but your stories will continue to be told, the laughs and conversations will be remembered fondly, with a chuckle, tears shed, the fun we had! Another Amphitheatre legend. You are with us always.

Our love and support goes to Tim (we will look after him for you) and your boys.

remember our beginnings and what it took to make the Amphitheatre materialise. So many people had a hand in making the 'Sound Shell' (as it was first known) a reality, and they made it happen through blood, sweat and tears...and it's still happening today. Except, that in those days volunteers came out in droves. Forty years on, Kuranda has changed a lot and the idea of volunteering as a popular thing to do—to help your community—has also changed. People are busy, retired, have no time... or maybe they just don't know or have forgotten just how rewarding it can be.

## The Amphitheatre needs you!

There are working bees on the second Sunday of every month, fundraising activities, and small events to attend or help with. Please do. You make a difference, and you help support the Committee to have the energy for all other tasks as well. Volunteers help keep this venue in a manageable state (approx. six hectares of gardens and site to upkeep alone). It is impossible to do without many hands. We love our volunteers, every single one. We just need more.

So, after all of this, as we say, the show must go on. Let's celebrate an amazing 40 years. Let's Save Our Amphitheatre. If you think you don't need it now, save it for your children and theirs.

Yours for the Amphitheatre,  
 KAS Management Committee and Support

# KURANDA SPRING FESTIVAL

## IT'S OUR 40th BIRTHDAY AND EVERYONE IS INVITED!

*This is your invitation to come help us celebrate our 40th Birthday, old school Kuranda Spring Fair style!*

We are so proud of this milestone, let's get that party energy filling the terraces, reminding us that there isn't a better place to be when we all come together. Live music, family fun and catching up with all our friends. Magic!

A highlight will be our **Box Car Rally**. Many will remember the old Battle for the Barron crazy boat races – this is the landlubber version with 'box' cars made from recycled cartons. Individuals, businesses and community groups are encouraged to enter – get a team together, the more the merrier! Over the top decoration and creativity highly encouraged. Lots of prizes to be won. For more info contact Kaz 0474 081 511 or Zan 0428 930 365. Entry forms available from the Honey House or email support@kurandaamphitheatre.zendesk.com

This will be a great day for the community to be involved and participate in the activities and entertainment provided. Lots of activities for kids, big and little. A huge shout out to Pacific Music, performing artists and entertainers who have volunteered their services and amazing talents to ensure our community can celebrate the Amphitheatre's 40th birthday in style. We can't thank you enough for your spirit and kindness. Now that's the Kuranda we love!!

## CAN YOU HELP?

If you can volunteer pre-event, on the day, or the next day please message us on the Kuranda Amphitheatre official Facebook page or email support@kurandaamphitheatre.zendesk.com

## WE NEED:

- Race Marshalls for the Box Car Rally
- Treasure Hunt helpers
- All areas, set up, clean up, shifts on the day, raffle ticket sellers etc
- Sponsors for the event with prizes, trophies, products, advertising and marketing, please get in touch. We can add your logos to our programme
- We also need sponsorship to produce our 40 years Anniversary Exhibition Display (laminating, framing, copying, materials etc)

**Thank you for your support and see you on Sunday 3 October! Midday to dusk.**



get creative with your boxes!

It's great to see no new COVID-19 cases in the Far North following the reef pilot and taxi driver cases. However, I know that the lack of international and interstate visitors is affecting businesses every day, especially those in tourism and hospitality such as Kuranda.

The Commonwealth and Queensland Governments have reached a 50/50 funding agreement that will see the value of the Queensland COVID-19 Business Support Grants rise from \$260 million to \$600 million. Some of the available grants and support include:

- A \$1000 one-off grant for non-employing sole traders across Queensland
- A \$5000 one off, top up grant to small business'
- A \$10,000 one off, top up grant for medium size businesses
- \$25,000 one off, top up grant for large businesses
- Free financial counselling Cairns, contact Cam Charlton on 0418 773 737

For information on available business grants and other support such as free financial counselling, please go to [www.business.qld.gov.au/supportgrants](http://www.business.qld.gov.au/supportgrants)

What else can be done? Vaccination is the most effective way to protect against COVID-19, to strengthen our immune systems and help reduce the spread of the virus. It also means that if you get it, it's less likely you will need to take up a hospital bed. It is also a way we can protect our more vulnerable community members like the elderly or those with chronic illness or disabilities who need those hospital beds. With more vaccinations we get closer to less lock downs, border closures and travel restrictions.

If you are unsure about getting vaccinated or have any health concerns, please speak to your GP. Otherwise, I encourage everyone to register for a vaccine via [www.vaccinebookings.health.qld.gov.au](http://www.vaccinebookings.health.qld.gov.au). After applying, you will receive an email invitation to book your vaccination – this may take several days or weeks depending on the demand and your priority status for receiving the vaccine.

If you have any questions or want to get in touch, please do not hesitate to contact my local office.



**Craig Crawford – Member for Barron River**  
 Phone – (07) 4229 0100  
 Email – [barron.river@parliament.qld.gov.au](mailto:barron.river@parliament.qld.gov.au)  
 Social Media – @CraigCrawfordMP

## Kuranda Range receives technology upgrade

Early works for a major technology upgrade on Kuranda Range Road, west of Cairns, are about to get underway.

Member for Barron River Craig Crawford said the Intelligent Transport Systems (ITS) stations would be installed between Smithfield and Rainforestation Nature Park, Kuranda.

"The ITS upgrade will include state-of-the-art technology to facilitate variable speed limit signs and real time travel information," Mr Crawford said.

"It will complement the existing variable message signs, automatic number plate recognition and Bluetooth systems already in place."

"The ITS stations will enable Transport and Main Roads (TMR) to improve communication with travellers, share information and improve reliability."

"It means TMR will be able to respond to incidents on Kuranda Range Road faster."

"Importantly, an average of 49 direct jobs will also be supported over the life of this project."

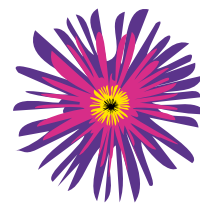
"It forms part of the Palaszczuk Government's record \$27.5 billion roads and transport investment plan over four years, which is creating 24,000 jobs and helping to drive Queensland's economic recovery from COVID-19."

Mr Crawford said an evaluation by ARRB Research in 2018 found motorists experienced an almost 50 per cent drop in rear-end casualty crashes when ITS stations were installed.

"Crashes were generally less severe when variable speed limits were introduced on major roads in South East Queensland," he said.

"Kuranda Range has its own unique environment, but it's expected that variable speed limits will reduce the risk of rear-end and severe crashes."

Mr Crawford said the early works involved geotechnical investigations and the installation of channels to provide power to the proposed ITS stations."



## Community Update with Mayor Angela Joppin

On behalf of Councillors, I would like to start by congratulating *The Kuranda Paper* on 30 marvellous years of connecting community through the sharing of news and stories. *The Kuranda Paper* continues to go from strength to strength, and I commend the current and past Kuranda Media Association, and all community contributors on this milestone.

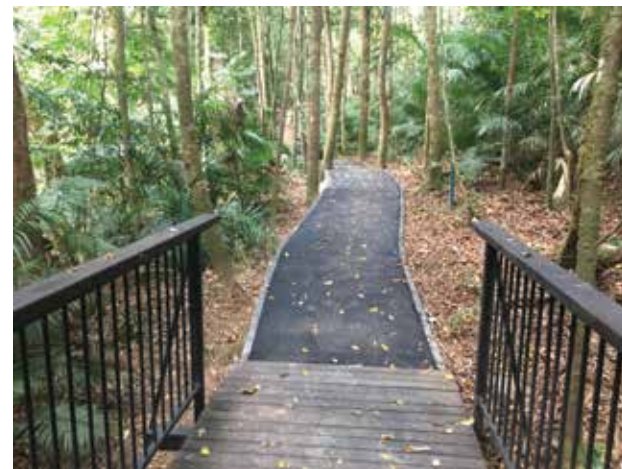
We also congratulate the Kuranda Amphitheatre on reaching 40 years of service. This is another significant milestone for Kuranda, and testament to the commitment of members of this community. Congratulations!

### Project Update – Barang St Water Main Upgrade

Council has awarded a contract to upgrade the Barang Street water main to FGF Developments. This \$1.1 million contract will see a new water main constructed along Barang Street, between Coondoo and Arara Streets. Residents will be informed when the works are to commence. Importantly, these works will ensure that localised water pressure standards are met and are part of Council's long-term water strategy.

### Project Update – Jumrum & Jungle Walking Trail

All walking trails in Kuranda are now open to the public, following a number of projects. The Jumrum and Jungle Walking Trails were constructed circa 2000 and have now been resurfaced. A new trail has also been constructed to provide a link to the Barron Falls lookout. Walkers with dogs must ensure that dogs are permitted on the relevant section of trail.



Barron Falls walking trail on left and Jumrum walking trail



### Kuranda River Walk Closure

The Kuranda River Walk was partially closed on 24 and 25 August 2021 to allow for the removal of Amazonian frog-bit from the Barron River. This important work by Biotropica Australia is an important part of managing this invasive species in our waterways.

Amazonian frog-bit in the Barron River

### Solar installations completed

Council has installed solar panels to nine Council-controlled locations across the Shire with funding from the Queensland Government's Works for Queensland program. In Kuranda, solar has been installed at the Kuranda Water Treatment Plant and Kuranda Aquatic Centre.

These solar installations will see around 31% of the sites' energy usage transitioned to renewable energy. Not only will this provide cost savings, but Council's carbon emissions will also be substantially reduced.



Solar installations at Kuranda Pool Barron River

### Community partnership approach to land protection

Council continues to undertake significant land protection work, including many projects with our important community partners.

Jumrum Creek and its tributaries were once fully choked with Pond Apple trees. Council staff, Kuranda Envirocare, Kuranda Conservation and Biosecurity staff have cleaned up the entire length of the creek system! That's 27km of creek over the past several years.

### Speewah Road update

During July, the works to upgrade and widen Speewah Road were completed including the creation of a bus turnaround and replacement of the existing bus shelter and driveways.

Following community feedback regarding vehicles parking in the bus turnaround area, signage has been installed and Council has advised the Queensland Police Service of this issue, for monitoring.

The Speewah Road project was funded under Phase 1 of the Australian Government's Local Roads and Community Infrastructure Program and ensures that this important road is suitable for the growing volume of traffic.

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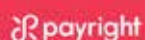
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# KTA LOOKING TO A NEW YEAR



Thank you to those who attended the Kuranda Traders Association's (KTA) AGM in August. We are pleased to announce our 2021-2022 Committee:

- President** – Dei Gould
- Secretary** – Maggie Sheehan
- Treasurer** – Melissa Pancirov
- General Committee members:** Angela Freeman, Peter Freeman, Nettie O'Connell, and Melissa Clinton

General KTA meetings will now be held every second month and Committee meetings monthly. Keep an eye on our Facebook page for meeting dates.

### Board Position at Tourism Atherton Tablelands

KTA now has a position on the board of Tourism Atherton Tablelands – our Local Tourism Organisation (LTO) to ensure we have input into the destination marketing of Kuranda. It's a great opportunity for us to play an active part in the region's marketing whilst keeping abreast of what our LTO is doing for our region.

### Business Grants

A new round of grants have opened up by both Federal and State governments. Information has been circulated amongst members, however, if anyone else is requiring information please get in touch with us via email [kta@kuranda.org](mailto:kta@kuranda.org)

### Border Closures

After a few great months in business, we—like other FNQ tourist destinations—are now feeling the affects of border closures across the country. This time of the year is normally very busy for us in Kuranda Village, but we need to continue to support each other and we again ask our local community to shop local!

### Membership Renewal Reminder

Reminder that KTA 2021 memberships are now due for renewal. Please email [kta@kuranda.org](mailto:kta@kuranda.org) and we'll send you the 2021 membership form.

If you would like to become a Supporter or Financial member of the Kuranda Traders Association our application form can be found on our Facebook page, or email us at [kta@kuranda.org](mailto:kta@kuranda.org)



## RANGE ROAD CLOSURE DETAILS FOR CARDIAC CHALLENGE SATURDAY 25 SEPTEMBER 2021

The Far North Queensland Hospital Foundation advises that it has obtained a one-lane road closure of the Kuranda Range on Saturday 25 September 2021.

To enable cyclists in the QSuper Cardiac Challenge to safely traverse the Range, the up-lane will be closed from 6am-8.45am on that date.

As per the permit, the closure will affect the uphill lane of the Kennedy Highway (Kuranda Range) from Canopy's Edge, Smithfield to Rainforestation, Kuranda.

Any cyclist who has not been able to reach the top of the Range by 8am, will be uploaded into a vehicle. All emergency vehicles will be able to traverse the Range in either direction during the closure.

For more information call 4226 6327.

## RANGE CLOSURE FOR TARGA RALLY SATURDAY 4 SEPTEMBER 2021

According to Targa, the Kuranda Range Road will be closed between Canopy's Edge, Smithfield and Black Mountain Road, Kuranda from 8.30am to 12 noon (however, experience from past years is that it often opens much earlier).

For more information go to [www.targa.com.au](http://www.targa.com.au)

## MORE RANGE ROAD DELAYS AS REPAIRS AND INVESTIGATIONS CONTINUE

In September, the Barron River Bridge at Kuranda will at times be blocked to all vehicles to allow for essential repairs to the ageing bridge. Traffic Management has been in place on the bridge since October last year, with one lane closed, and these restrictions are expected to be in place until at least October this year. Transport and Main Roads maintains that the bridge is safe for vehicles up to 50.5 tonnes with the single lane closure in place.

Transport and Main Roads (TMR) North Queensland Regional Director Sanjay Ram said additional traffic management will be in place until at least mid-September while steel welds are repaired. "We need to weld without vibrations, so traffic will be stopped occasionally between 9am and 3pm over a four-week period. Because traffic vibration adversely impacts repair quality, stopping traffic intermittently in both directions for up to 15 minutes is required."

A \$2.1 million TMR study to identify a long-term solution to improve connectivity on the

Kennedy Highway through the replacement or rehabilitation of the Barron River Bridge is due to be released in October. A separate report regarding alternative routes is scheduled for completion imminently.

Federal Member for Leichhardt, Warren Entsch, told Parliament on 9 August that action is long overdue.

"I absolutely shudder when I think about what would have happened if the bridge had been closed permanently, given it is along a major freight route connecting the Tablelands, the Gulf of Carpentaria and Cape York with Cairns," he said.

"I've written on several occasions to the Queensland Transport and Main Roads minister, Mark Bailey, urging him to consider solutions for the Kuranda Range. In fact, I have asked him to include the Kuranda Range as a road of strategic importance given its vital role in connecting the Tablelands with Cairns. To date these approaches have fallen on deaf ears."

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## KURANDA HISTORICAL SOCIETY UPDATE

# AGM

Sunday 12 September  
Kuranda CWA Hall  
2-3pm

The Annual General Meeting of the Kuranda Historical Society will be held on Sunday 12 September at the Kuranda CWA Hall commencing at 2pm. It will also be the launch of the KHS Strategic Plan. Renewing and new members will receive a copy of the Strategic Plan on the day.

Membership forms, Details of Committee positions and nomination forms for Committee positions can be obtained by emailing the KHS at kurandahistory@gmail.com

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The Kuranda Media Association, publishers of *The Kuranda Paper*, are pleased to say that following a massive effort, all editions going back to July 1991 (Edition #1) are now available to read on our website [www.kurandapaper.com](http://www.kurandapaper.com)

Thank you to everyone who found old hard copies for us to scan and fill in the gaps. Now that we have finished 3,634 scans and 3,386 conversions of the old copies (though who's counting) we will be going through all our hard copies and compiling two full sets—one to stay here in Kuranda in the Kuranda Historical Society collection, and one set to go to the Queensland State Library, at their request.

Our next mission is to digitise all 23 editions of *The Kuranda Village News*, our predecessor (1978-81) and then every edition of Kuranda's two newspapers will be free to read online. We intend to do this by the end of the year, in tribute to the late Peter Hohermuth (owner/editor KVN). Again, a full set of hard copies will stay in Kuranda and a full set will go to the Queensland State Library.

The Kuranda Media Association would like to thank Mareeba Shire Council and Arts Queensland for part funding of our digitisation project, through a RADF (Regional Arts Development Fund) grant. It certainly made a difference to us finally achieving this important goal.

We would also like to acknowledge the help we recently received to update our strategic technology through a grant from the Community Benefit Gambling Fund. Thank you to CompNow Cairns (34 Lake Street) for obtaining the best deal for our grant funds.



Queensland Government



## KURANDA BRANCH

20 Thongon Street

Email: [collblu@antmail.com.au](mailto:collblu@antmail.com.au)

Booking Agent: Colleen Blunt 0448 434 186

Vicki Donovan 0400 791 345

## WELCOME TO OUR NEW PRESIDENT

Our AGM held on 28 July and was a pleasant get together. Mareeba Shire Council Mayor Angela Toppin joined us, as did the CWA Far North Division President Meg Trimble, and Treasurer Eleanor McCarthy. Vicki Donovan was voted in as President as Carol Jeanes finished her latest four year stint.

### WELCOME TO VICKI DONOVAN AS THE NEW PRESIDENT FOR THE KURANDA CWA

Vicki says the 30 years of living and working in Kuranda has given her "A good appreciation of this truly amazing, diverse, creative, and caring community, and some recognition of its needs, issues, and challenges." As Co-ordinator at Kuranda Neighbourhood Centre from about 2005-2008, she reflects that "Those were the 'in-transit years', as along with Grace Richards (the Family Support Worker), the Centre operated from the cottage beside the BP service station, then in a shop at the Honey Markets, while plans for its present location were underway". Before and after that time, Vicki spent 20 years working in the welfare sector in Cairns, mostly at Cairns Women's Centre, and believes that "those experiences gave me a greater understanding of the issues faced by women in regional Australia and that this knowledge is equally relevant for the CWA, and what it caters for."

Vicki observed over the last year in her role as CWA Vice President that "perhaps the most interesting thing to see was how well and efficiently (thanks to the organisational and management skills of the KCWA executive) KCWA adapted to the COVID pandemic, survived, and continues to operate." A big concern Vicki sees regarding QCWA "Is where attendance and participation at the local CWA has dropped off, (the Cairns CWA being an example) with the facility then closing down and sold."

Vicki appreciates that "The KCWA Hall is a vital component of this community and the Association already plays a significant role in community interaction and addressing community needs especially through the various Groups that use the KCWA Hall for many different activities." Vicki's hope is that "Through more inter-agency communication, as well as suggestions from community members, KCWA can continue respond to community demands as much as possible so ensuring its survival and reason for being."

### THANKS AND CONGRATULATIONS TO CAROL JEANES ON 40 YEARS WITH QCWA!



Carol Jeanes with Vicki Donovan

The Kuranda Branch is grateful that Carol Jeanes has put her hand up yet again to continue participating as Vice President, after being President for the past four years.

Carol has been a member of QCWA for nearly 40 years, having been introduced to the Kuranda Branch in 1982 by Mrs Emily Matsen. Over those years, Carol held all the positions at Branch level, shifting around as the limit of four years in each role was up. At the same time, Carol also took on the positions of Far North Division QCWA President and Vice President.

Carol recalls that this has been a wonderful experience for her – travelling and making friends in far flung places. The Far North Division covers a great distance – from Cooktown to Tully, and back then

included a Branch on Thursday Island. In her State roles with QCWA, Carol also attended National Conferences around Australia and the South Pacific, and even a world conference in India.

Carol values the efforts Branches put into doing what they can for local communities as well as assisting with State and National matters. She is impressed by the vast variety of activities and opportunities that can take place within such a supportive environment and recommends anyone interested to just come along and join in.

**CRAFTS** – are held at the CWA Hall every third Wednesday of the month. The next craft morning will be 9am on 15 September. ALL WELCOME to drop in and participate. You don't have to be a member, nor is there a fee. Have a cuppa and browse the fundraising Trade Table.

**COVID COMPLIANCE** – There is a QR code at front entrance for all those using the Hall, or you can record your name on the forms provided.

**NEXT MEETING** – Next meeting is 9am on Wednesday 8 September.

"**Bouncing Back to Wellness**" promotion can be found on the QCWA website [www.qcwa.org.au](http://www.qcwa.org.au)



THE Kuranda Paper  
est. 1991

The Kuranda Paper is a not-for-profit publication. Profits generated by advertising support local community groups and projects.



### Kuranda Neighbourhood Centre (KNC)

Operated by Kuranda Information & Support Centre Assoc. Inc.

6 Rob Veivers Drive, Kuranda  
PO Box 170, Kuranda Qld 4881

P. 4093 8933 | F. 4093 8607

E. [coordinator@kurandanc.org.au](mailto:coordinator@kurandanc.org.au)

### Neighbourhood Centre News

**Condolences and Acknowledgement:** The Kuranda Neighbourhood Centre staff, management and volunteers wish to acknowledge the sad passing of Cecelia Riley (20 August 2021) who has been a respected and honoured close contact of the Centre. Cecelia has been involved in many projects, activities and events over the years including most recently the Grandmother's Group. KNC has valued the wisdom, knowledge and important cultural guidance Cecelia has been so generous to provide. We are very sad for her loss and will greatly miss her. KNC wishes to pass on condolences to her large family and the wider community who knew her. Cecelia's funeral will be held in Kuranda on 10 September at the Seventh Day Adventist church.

**Self Care over COVID-19:** Please remember to look after yourself and those around you. It has been a very challenging time in many ways for a lot of people. Continue to stay connected to people, engage in your usual activities and explore new ideas and projects. KNC has many masks available if you are short. Even though we have been very lucky in Far North Queensland with low cases, and none at the moment, it is still important to maintain good hand hygiene and distance where possible to protect our vulnerable members as much as possible.

**Donations of winter woolies:** KNC wishes to thank everyone who generously donated much needed warm blankets (some beautifully crocheted), beanies, socks, jumpers and coats. Now with the warmer weather coming we ask that you hold onto any additional items until next year. Thanks again!

**Job Share arrangements at KNC:** KNC will have a slightly different team for the rest of 2021. Emma Chapman has joined the regular team doing a job share in the Family Support program on Tuesday, Thursday and Friday. Emma has been part of KNC for about 18-24 months. She has been doing project work and community support after completing her placement for double diplomas in Mental Health and Substance Misuse. Heidi who has been full time Family Support Worker for 18 months is doing a job share with Margaret in the Coordinator/Manager position. Margaret will be in the Centre Mondays and Wednesdays. If you are not sure who to see, just ask us!

**KNC Bookshop:** Even though the book room has been closed, we always have a few books on the veranda for anyone to take free of charge. If you are looking for something more specific or a wider range, please ask a volunteer to take you into the book room where we can manage distancing appropriately.

**Street Pantry:** The KNC Street Pantry remains open and available for people to drop off items or to access items 24/7. The theme is "give what you can, take what you need for today". If you have any items of food, personal hygiene or other grocery items to spare, please drop by anytime to put in the pantry. Items that won't perish easily last the longest, however, any useful items are very much appreciated. Thanks for your support!

**Public Computers:** There are two public computers operating at the moment. With an increase in demand, and to allow equitable access, sessions are limited to 30 minutes per person. Priority is given to people accessing Mygov services (such as Centrelink, Medicare, ATO etc), checking emails, job search, resumes and forms. We thank everyone for being patient and understanding.

**Drop In/Information and Referral:** KNC is a community hub providing a range of diverse services including information and referral. If you aren't sure about something or want to know what is available, please come in or ring and ask one of our friendly staff or volunteers. We will do our best to provide or find the most relevant information and make referrals for specialist services where they exist. KNC has some specialist services that outreach to Kuranda such as domestic violence support, drug and alcohol supports, homelessness response. Other services can be accessed by phone from the Centre.



Australian Men's Shed Association  
SHOULDER TO SHOULDER

Malcolm has finished the Mud Kitchen and Kindy Café for Kuranda Kindy and we delivered them to a very excited group of young people!

Many thanks to the Men's Shed team that helped move a pile of blocks last Thursday. Having a decent number of men and trucks, we were able to move the blocks in less than two hours.

Frank has finished his Owl Hotel and it just needs a coat of paint before delivery to its new owner.

The shed is looking great, with a new table saw and soon a new plasma cutter for the metalwork area. Don has put up some welding shields on the gate so it is much safer when people are welding inside.

Our two lathes are finally up and running. A donated spindle moulder (giant router) is getting a facelift for the bigger jobs and the boys have finally cleared the parking lot of pallets and steel plate.

A couple of new members this month and heaps of projects to do if you are bored at home. So, come on down sometime and have a look around. Guaranteed you will make some new friends (or catch up with old ones). Join us for a cuppa on Wednesdays and Saturdays, with the girls on Sundays.

The mixed events and training sessions have been postponed for the time being due to lack of attendance, but we will still be having a market stall at the Koah markets on the first Saturday of each month, with setup starting at 7.30am.

For those people interested in the Men's Shed organisation you can find lots of information and news at [www.podcasts.apple.com/au/podcast/the-shed-wireless/id1510493380](http://www.podcasts.apple.com/au/podcast/the-shed-wireless/id1510493380) or visit the AMSA website at [www.mensshed.org/theshedonline](http://www.mensshed.org/theshedonline), or the Queensland Men's Shed Association [www.qmsa.org.au](http://www.qmsa.org.au) *Sheddy Eddy*



### Trading Hours

Wed 8.30am-11.30am • Sat 2pm-5pm • She Shed Sun 2pm-5pm  
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### Contact

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Kuranda Men's Shed

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**CAROLYN MASON-WILLIAMS**  
31 December 1927 – 19 August 2021

No longer will I hear “Put the kettle on.”

Forty years ago, this lovely young blonde, Carolyn (then Mason), came to visit my father in Holloways Beach, a second cousin. After he died she visited me (houses were built and sold). Henry and I moved to a new estate in Warril Drive and we each built our own home). She helped Henry build a pole house and used to cut his hair. Henry and Louis helped (did the work) as I was an owner-builder.

A man visited and welcomed us to Kuranda, the (late) Robin Dods.

Each year when it got too cold for her, around July, I'd hear “Put the kettle on”. She had driven alone in her Hi-Ace van, decked out like a Tardis: she got so much into that van. She did occasional house sitting and at one point helped establish a vibrant restaurant at Mrs Miller's YCWA hostel on Arara Street. She went to Frogs Restaurant when it was at its peak on the main street, and even sang for Terry and Vicki.

Always studying something, she did Myorthotics and Massage and took over Suzanna Wilkerson's clinic at Whitfield, and moved up here. I believe Suzanna might be growing hemp on the Tablelands now, one of the first to get a permit.

Carolyn got her pilot's licence and eventually married James Williams, another pilot from Albury (two peas in a pod). Prior to that she had been a temporary safari driver for our Kuranda Safaris business, and a big help to me.

When her sister Dawn was diagnosed with bowel cancer she returned to Bundy to nurse her, sleeping alongside her bed when she was in palliative care, arranging the funeral without letting her mum know as she couldn't have taken that. She nursed Dawn, spoon feeding her and massaging her, the doctor said she wouldn't have survived nearly as long if she had been in a hospital. She nursed her father to 100 years and four months and did all the work without telling Dawn, though we think she worked it out. During that time, she spoke to me on the phone about doing Relaxation etc and said many times she'd neglected herself and gave me advice to look after myself.

There were many trips to the Yungaburra and Port Douglas Markets. She'd buy all healthy things, sometimes buying prawns off a trawler. Stopping on a remote beach she'd pull out a table and chairs, fresh bread and a cuppa made in her van, everything was done so well.

Kuranda's Dr Ashley Peake allowed her to watch as he operated on my right cheek (no scar) and ironically I had the phone call on 19 August from her brother Mark to say she had 'gone' at 5am, as I was leaving for the hospital to have a BCC cut out of the same cheek – I guess she was there with me in spirit. But I was unable to help her on her journey with cancer, which was everywhere, lung collapse, unable to breathe: when I could speak on the phone she'd whisper “no pain”. Others could only text her.

Her brother Mark moved permanently to be with her at her father's property in Bundaberg, able to get out a little when carers came. Amanda, also a cousin, made it down from Cairns to visit her which was a great help for both of them, and I felt connected. She had arranged her own funeral. James was unable to be there with COVID restrictions.

There will be many in Kuranda who will remember Carolyn. I am sorry I haven't been able to contact them personally to advise of her passing, especially Sarah, Sheila and Jill.

I still have a funny tea pot called “Tea for Tarts” which I bought for her so she could use loose tea and get more than one cup. Also a beautiful crockery pig with a hat and necklace, and a back roller which I'd use in the middle of the night when I couldn't sleep. She wanted it here to save carting one up. I told her to come and get them – she tried. She gave me a huge bottle of 4711 perfume that I love: so lots of memories.

No more “Put the kettle on”, and her dreams of starting a Wellness Place in Bundy now only a dream. She assured me “it's all an illusion” and I'm inclined to go along with that now.

Second cousin, “Lani” Janice W Goodey



## The Speewah District Residents Association

### The Power of Effective Consultation

Speewah District Residents Association (SDRA) three-monthly meetings create an effective forum for consultation between community members and other stakeholders, particularly Council. These meetings have historically been well attended by councillors and currently our neighbourhood is specifically represented by Councillor Danny Bird. Sometimes the issues raised by people are highly localised, and sometimes more general. It is encouraging that Councillor Bird listens to the concerns of locals and liaises with Council on them, often resulting in a positive outcome.

One example of such a positive outcome is the new bus turnaround, bus stop and bus shelter at Speewah. The issues of the deteriorating pothole where the buses turn around and that of the bus shelter on Speewah Road, were raised at previous meetings several years ago and Councillor Lenore Wyatt (our representing Councillor at the time) liaised with Council on our behalf. Subsequently, we now have a new, very substantial bus turnaround, bus shelter and bus stop on Speewah Road. This provides valuable infrastructure for Speewah residents and an incremental step towards a more sustainable future through facilitating public transport.

Our next meeting will be held on 8 November at 6pm at SRFB shed at Roscommon, Speewah Road. We look forward to seeing you there.



## SPREAD A LIFE-SAVING MESSAGE ALL YEAR ROUND

Let us reflect on the incredible work our health professionals do every day to save lives and support survivors to recover well after stroke. We know their working environment has become more challenging amid the COVID-19 pandemic, but their dedication to the 27,400 people who will experience a stroke this year, never waivers.

I was heartened to see survivors of stroke and their loved ones around Australia also share their gratitude during Stroke Week (2–8 August), embracing the “United By Stroke” theme.

However, the reality is, we can have the best doctors, nurses and allied health professionals and the most advanced treatments for stroke, but time is still the critical factor. You must get to hospital quickly to access emergency stroke treatment.

After a stroke, around 1.9 million brain cells die each minute. In most cases, the faster a stroke can be diagnosed and treated, the better the chance of a good recovery. Time saved equals brain saved.

I encourage the community to keep spreading the F.A.S.T. acronym all year round. Knowing the F.A.S.T message and sharing it with your family and friends can be the first step in saving a life and avoiding ongoing disability. It may be your own life or that of someone you love.

The **F.A.S.T** message will help you recognise the most common signs of stroke:

- **Face** – Check their face. Has their mouth drooped?
- **Arms** – Can they lift both arms?
- **Speech** – Is their speech slurred? Do they understand you?
- **Time** – Time is critical. If you see any of these signs, call triple zero (000) straight away.

A stroke can happen to anyone at any age and research tells us the number of working age people having strokes is increasing. These people are not just numbers, they are mums, dads, sons and daughters. They have jobs and families and plans for the future.

Stroke is always a medical emergency. Please know what to do when stroke strikes. Think F.A.S.T. and act fast at the first sign of stroke.

Sharon McGowan, Chief Executive Officer, Stroke Foundation



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**Dr Agufana Pepela:** Monday, Tuesday and Thursday (am),  
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**Dr Yvonne Doveren:** Outreach & Indigenous Health only –  
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**Dr Steve Salleras:** Monday and Wednesday 8.30am–5.00pm

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Participants of the 2021 Rainforest Aboriginal Peoples' Regional Forum in July.



## QUEENSLAND'S WET TROPICS TRADITIONAL CUSTODIANS MEET TO FOCUS ON REGIONAL AGREEMENT REFRESH

The next steps in an historic agreement to increase participation in decision making from Traditional Custodians for the Wet Tropics World Heritage Area, were discussed in Cairns in a three-day Rainforest Aboriginal Peoples' Regional Forum in July. The forum, held at Rydges Esplanade Resort in Cairns was also supported by Queensland's Department of Environment and Science, Terrain NRM, Australia's Department of Agriculture, Water and the Environment and The Nature Conservancy Australia.

Traditional Custodians of North Queensland's Wet Tropics met with key partners and agencies to discuss what is needed to refresh and deliver the Wet Tropics Regional Agreement in partnership with the Australian and Queensland governments.

The Rainforest Aboriginal Peoples' Forum involved 60 participants including representatives of Rainforest Aboriginal Prescribed Bodies Corporate, Registered Native Title Bodies Corporate, and Cultural Heritage organisations representing the region's more than 20 Rainforest Aboriginal tribal groups.

The Honourable Craig Crawford, Member for Barron River and Minister for Seniors and Disability Services and Aboriginal and Torres Strait Islander Partnerships, gave the opening address.

"It's critical the Rainforest Aboriginal people are at the

centre of the management of the Wet Tropics World Heritage Area," Mr Crawford said. "The Wet Tropics of Queensland World Heritage Area Regional Agreement is a shining example of an agreement-making model.

"This direct and flexible agreement-making process means government agencies and land users are able to seek the certainty they require, and Aboriginal and Torres Strait Islander parties are empowered to exercise their cultural heritage management rights."

Dr Jackie Huggins AM and Mr Mick Gooda, Co-Chairs of Queensland's Treaty Advancement Committee, known for their long-term work in advocating for reconciliation and social justice, also attended and spoke at the Forum.

The Rainforest Aboriginal Peoples' Regional Forum—an annual event hosted by the Wet Tropics Management Authority since 2017—facilitates an opportunity for local Traditional Custodians to get together and discuss matters of importance to Rainforest Aboriginal Peoples across the Wet

Tropics biocultural region. It also provides government, non-government and other non-Indigenous agencies the opportunity to meet and share information and learn from Traditional Custodians.

The key theme of this year's forum was to progress work to refresh the Wet Tropics of Queensland World Heritage Area Regional Agreement.

## A Grinter's Tale

There was a young lady named Grinter  
Soooo many things she got in-ter  
When it got to Spring,  
There were too many damn things  
Hence no Tale this month for the printer...

(we hope to have Suzy's much loved column back next month)

The Regional Agreement was signed in 2005 and provides for the increased participation in management of the Wet Tropics of Queensland World Heritage Area by Rainforest Aboriginal Peoples and the Australian and Queensland governments.

The central principles of the Agreement are to recognise Rainforest Aboriginal people's rights and interests and to afford them the opportunity to define and negotiate their own priorities, needs and aspirations for management of the Wet Tropics.

Last month's forum started the journey to progress a supplementary agreement to secure ongoing commitment from government and other potential partners to deliver a refresh of the Regional Agreement. The Rainforest Aboriginal Peoples' Think Tank (RAPTT) has been established to be the vehicle to lead the refresh of the Regional Agreement.

Ms Chrissy Grant, Wet Tropics Management Authority Board Director, said the refresh would honour the original agreement and reflect the long-term goals of Rainforest Aboriginal Peoples.

"The purpose of refreshing the Regional Agreement is to stay true to its original intent while acknowledging future aspirations and the changes that have occurred in the last 16 years—when the agreement was first signed there were only two Native Title determinations in the Wet Tropics, and now there are 20," Ms Grant said.

Mr Barry Hunter, a NRM Terrain Board Member and a member of RAPTT said, "The Honourable Craig Crawford MP has agreed to champion the work of the RAPTT to "advocate for the agreement to be progressed and delivered." This is a great opportunity for Rainforest Aboriginal Peoples."

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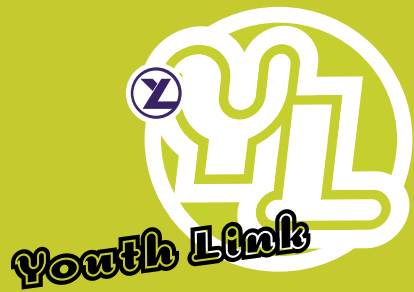


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# YOUTH LINK NEWS



We are proud to bring you the Be Strong, Be Connected strengths card set!

This therapeutic resource for schools, youth centres and counselling services Australia wide, features 60 positive images of First Nations youth from Far North Queensland.

The project was initiated by TRUE Child and Family Service, in collaboration with youth workers/photographers, X.J Chin and Nikita Joffray, from Youth Link Cre8 Kuranda. To make this resource, young people were invited to explore their hopes, dreams, strengths, values and culture.

Photographs were then taken and printed onto large canvases, these were then painted on by acclaimed Indigenous Artist, Nathan Mundraby.

The combined art pieces were then re-photographed to create the final images used for the cards.

The series of artworks have become a boxed set of strengths cards to be used by professionals working with children and young people in therapeutic settings, and as an aid in promoting conversation and connection.

All proceeds from the sale of the cards will go to the development of a much needed dedicated children's counselling space for vulnerable children in Cairns.

One hundred and eighty boxes were gifted to each state school, Child Safety Service Centre, Foster Care Service and community organisations across FNQ.

TRUE also gifted some of the beautiful canvases to key Aboriginal and Torres Strait Islander community organisations.

There will soon be an online exhibition available of the stunning artworks, stay tuned to the Youth Link Cre8 Kuranda Facebook page for updates.



More information and purchase details can be found on the website of TRUE Child and Family Service at <https://buff.ly/3w4p7F0>

Congratulations to all those involved from Kuranda, Mareeba, Mossman, Cairns and Yarrabah!



## Cairns Hinterland Steiner School Spring Fair

At Cairns Hinterland Steiner School, we regard the celebration of festivals as an integral part of school life that brings our community together in a meaningful way. Our seasonal celebrations are interwoven with the rhythms of nature and each festival has its place in the cycle of the year. Spring is the time of healing, rebirth, and renewal; and it's time to dance around the Maypole!

And what a joyous bustle it was at our Spring Fair, Saturday 28 August! Our Class 4 and 5 students opened the day with the much-anticipated dance around the Maypole. The community enjoyed witnessing the interweaving of the ribbons that the children held, and then had an opportunity to give it a try themselves!

Everyone enjoyed the abundant program, filled with music, games and activities, and delicious food until late in the afternoon. There were crystals to be found, hand-made gifts to be fished, beautiful flower crowns to be woven, and lots of tricky traditional games like Donut Bob and Knock 'em Down Cans. At the Main Oval, archery was very popular and in the Early Years room the old and young were immersed in the puppet show about the "Golden Weaver". The line was so long for the pony rides and face painting too!

There were many musical highlights, and Cairns Hinterland Steiner School was proud to be able to showcase our students' music programme with choir and music ensembles performing throughout the day. A big thank you to the Cairns String Orchestra for performing 'up-the-hill' and taking the orchestral ensemble performances to another level!

The incredible range of wholesome and delicious foods available from the P&F food stalls and the class 6 business maths stalls made choosing very difficult! Well done to all that contributed their help and assistance to the P&F to make the food for the day a success.

And finally, thank you to our amazing staff and families who made this wonderful day possible with their tireless dedication and preparation. We would like to thank everyone who joined us for this wonderful day, and hope you enjoyed the CHSS Spring Fair as much as we did!





## "Rainforest to Runway"

Leah Kelly by Design

These last two years have seriously been interesting times for us all. However, I would like to share with you all, how goals and dreams still can meet reality with perseverance and patience.

For those readers who don't know me, I have been designing and creating my own line of couture organic wearable art for over 25 years now. Some of you may remember me from the Original Market in Kuranda, for some 15 years making and selling hemp gowns and lingerie. I left there to produce my work at home, completely off grid, here in Kuranda, around seven years ago.

Three years ago, I was invited to showcase at Eco Fashion Week Australia, both in Port Douglas and Fremantle. I showcased six of my organic handmade gowns, which tweaked the interest of Oxford Fashion Studio in London.

As a result, I was invited to showcase at Paris Fashion Week 2020.

Clearly this was not to eventuate due to the global situation. So many of you beautiful people encouraged, supported and inspired me to continue on my path.

With limited supplies being available through these times of change, I proceeded to design and sew from home over the past two years, using what natural fibres I could get my hands on. By May this year, I was informed yet again, that Paris Fashion Week will not be going ahead again this year!

However, New York and London were, so I was given the option.

I decided to take London as I feel my designs belong there and Oxford Fashion Studio was based in London. To cut a long story short—and provide all my amazing supporters the long overdue update—I have completed my showcase and am overjoyed to announce that six of my natural fibre gowns have finally reached Oxford Fashion Studio, and are scheduled for the runway on 19 September 2021. London Fashion Week. Against many odds here in the rainforest I might add!

I had a huge cry on receiving my invitation, back before the world decided to lockdown, and had an equally huge cry upon sending them off during these times two years later. I wished them well on their journey, wishing all the while I could accompany them. I believe the time is as it should be.

I have been working with natural fibres, particularly hemp for nearly 20 years, and the interest and support that has been sparked by the Industrial Hemp Industry here in Australia has been amazing – something I have always longed for in this country. In these times of change, we need to move forward not backwards no matter what odds.

Two of my gowns are made from pure pineapple fibre, and another I have used banana bark to replace boning in corsetry. Hemp, like these two fibres, are perfect candidates to be utilised in our area, creating much needed jobs and farming options with various outcomes!

Below is a link to a recent interview I did with "Women of Light", *Capturing How to Never give up on your Dreams!* [www.youtube.com/watch?v=7\\_WYDlko-70](http://www.youtube.com/watch?v=7_WYDlko-70)

Ironically enough, exactly 10 years ago I did another interview with *Conscious Inspired* magazine in the USA called "Dare to Dream"...

Well I did!

I thank you—our community—for your support and I hope you watch this space as to where my dreams may take me! Special thanks to Arts Queensland, TRACQS Kuranda, and *The Kuranda Paper*.

Leah Kelly  
[www.leahkellybydesign.com.au](http://www.leahkellybydesign.com.au)  
 Facebook/Leah Kelly by Design  
 Instagram/Leah Kelly by Design



100% Pineapple fibre. Model Elizabeth John



Hemp/Wild Nettle corset. Model Benita Williams



Hemp/Silk gown hand embroidered with hemp thread. Model Ruby Francis. Photo: Rob Harris

Top left: Leah Kelly in her off-grid studio. Photos: Greg Hillman TRACQS Kuranda Photography



Right: Front page call out for community support. The Kuranda Paper, November 2019



Red Hemp/Silk gown. Model Elizabeth John

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Terry's pick for September from Cathy's Book Stall  
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# WILLIAM (BILL) COOPER EXHIBITION

## Cairns Art Gallery



William T Cooper AO (1934–2015) is nationally and internationally recognised as one of Australia’s most proficient and talented botanical and bird artists. His illustrations have been widely published and his works are held in collections in Australia and across the world, including an extensive holding in the National Library of Australia and the State Library of New South Wales.

In 1993, Sir David Attenborough made a film about artist William T Cooper called, “Portrait Painter to the Birds” and at the time called Bill “Australia’s greatest living scientific painter of birds.”

The Cairns Art Gallery is delighted to present an exhibition of more than one hundred works that not only explore Cooper’s deep understanding and love of bird life, but also a large body of works that beautifully describe, in accurate detail, the flora that is their natural habitat. While the compositions are clearly aesthetically exquisite, it is the botanical and anatomical accuracy of both the plants and the bird life that each painting describes that has positioned Cooper as a contemporary botanical artist without equal.

His wife Wendy has taken an active role as co-curator for this exhibition and was a major contributor to the work of her lifelong partner. In 1987, when they left their early marital home in Bungwahl in New South Wales, to live in Topaz on the Atherton Tablelands in Far North Queensland, Wendy accepted Bill’s challenge which was to learn about the fruits and plants in the surrounding forests so that he might one day be able to use illustrations of them in his paintings of the birdlife that abounds in tropical rainforests. Wendy explains,

“Bill always wanted to tell a story in his paintings, with the botanical component as part of that story... Bill rarely painted plants as completed botanical illustrations... however hundreds of working drawings of plants were made opportunistically for potential use in his paintings. It was hoped that the stored drawings might reduce the need to dash out urgently to find plants relevant to a proposed painting.”

This beautifully installed, contemplative exhibition pays homage not only to a master painter, but to an extraordinary man who, together with his life-long partner and ‘research assistant’ Wendy, revelled in the extraordinary diversity of flora and fauna in the tropics, taking pride and joy in capturing the wonders of this world in his paintings and sketches. The

Gallery is thrilled that the exhibition coincides with the launch of a new book about William Cooper and his art. Written by his wife Wendy, and published by the National Library of Australia, The botanical art of William T Cooper took more than a year to write, with much of the time spent compiling and selecting works for illustration.

The exhibition opens to the public on Saturday 28 August and a number of special guest speakers will be presenting talks, tours and workshops during the exhibition. Many Kuranda residents will no doubt have a copy of Fruits of The Rainforest on their bookshelf, take advantage of this opportunity to see the original artworks. It will run until February 2022, so no excuse not to catch this extraordinary exhibition.

[www.cairnsartgallery.com.au/whats-on/exhibitions/william-t-cooper](http://www.cairnsartgallery.com.au/whats-on/exhibitions/william-t-cooper)



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MASTER CHEF  
WHIPLASH TONGUE



*Rest in Peace*  
**LYNDA BELL**  
6 MARCH 1961 – 3 AUGUST 2021

Lynda was a long-term Kuranda resident, one of our colourful, talented marketeers. She had a deep love for our Village in the Rainforest, embracing people from all walks of life as well as all the beauty of nature.

Lynda’s two sons, Joel and Caleb, spent their formative years in Kuranda and maintain that connection to this day. Our community sends condolences to you both.

Lynda was a complex woman who did not suffer fools, but was open to helping anyone she encountered. A wise counsellor, a steadfast friend and possessor of a wealth of knowledge, Lynda’s larger than life personality is sorely missed. You will never be forgotten.

*We Love You Lynda*

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Art is increasingly important as a social and moral barometer. Art speaks to people about things that matter to them. Who can argue with the idea that art and cultural expression are not exactly what Kuranda wants? Contemporary societies have seemingly dropped the baton on the modern world's principal objectives: to create a better informed, more democratic, thoughtful and engaged public. Art plays a crucial role in society. Art is a critic and a crusader. Art is a social conscience and a social barometer.

### Roma Exhibition

Kuranda Arts Co-op members Susan Doherty (textile and fibre) and Sandy Hablethwaite (ceramics) reported a successful exhibition at the Bungil Gallery, in Roma, with quite a few pieces being sold on opening night. These two artists produced a large body of artworks, which looked amazing, full of colour and humour. They were pleasantly surprised to be so appreciated and warmly greeted by the lovely Roma residents.

Susan and Sandy at the Roma Exhibition opening



Lisa Capon's 'Pivot' earrings

### A Focus on two Kuranda Arts Co-op Jewellers

**Lisa Capon** – In Lisa's words, "The 'Pivot' earrings are anodised titanium discs, which hang from sterling silver hoops that piece the centre of each disc and support it so that it can pivot backwards and forward, catching and reflecting the light. These earrings are part of the 'Consciousness' series I am currently working on which is based on my exploration of mindfulness and meditation and what is present in my personal field of consciousness."

"They all begin with a Japanese Haiku (poetry) that attempts to express my experience of practicing mindfulness and meditation and trying to train my monkey brain—which likes to constantly jump from one shiny thought to another—to focus on what is happening right here and now."

"My influences are eclectic and diverse but in general my work reflects my ongoing fascination with the process of making, the effects of time and mechanical and chemical processes on the visual character of metal and emotions, love, human relationships, relationships to place and objects as triggers to precious memories."

**Kate Prynne** – Kate says of her techniques and influences, "All of my metal work is textured or changed in some way: patinated to look like the coral reef; run through the rolling mill or hammered. I even gold plate some of the sterling silver. In this photo, I am working on a patinated earring. The process takes about two weeks to complete, I then take the finished metal, cut to the shapes I want, then file and finish off with polishing papers. Then, I attach the gold hooks and small turquoise beads on small dangles. For my necklaces, I often use silk to make small knots between the gemstone beads leaving the necklace easy and comfortable to wear. Otherwise, I make silver links to join the gemstones."



Kate Prynne making an earring in her studio. Right: Kate's small patinated earrings with turquoise beads.

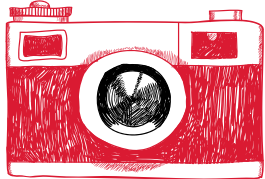


Next month, we will highlight three other jewellers that exhibit in the gallery, Klaus, Cathy, and Richard. In the meantime, go to [www.kurandaartscoop.com](http://www.kurandaartscoop.com) to see videos of our jewellers at work.



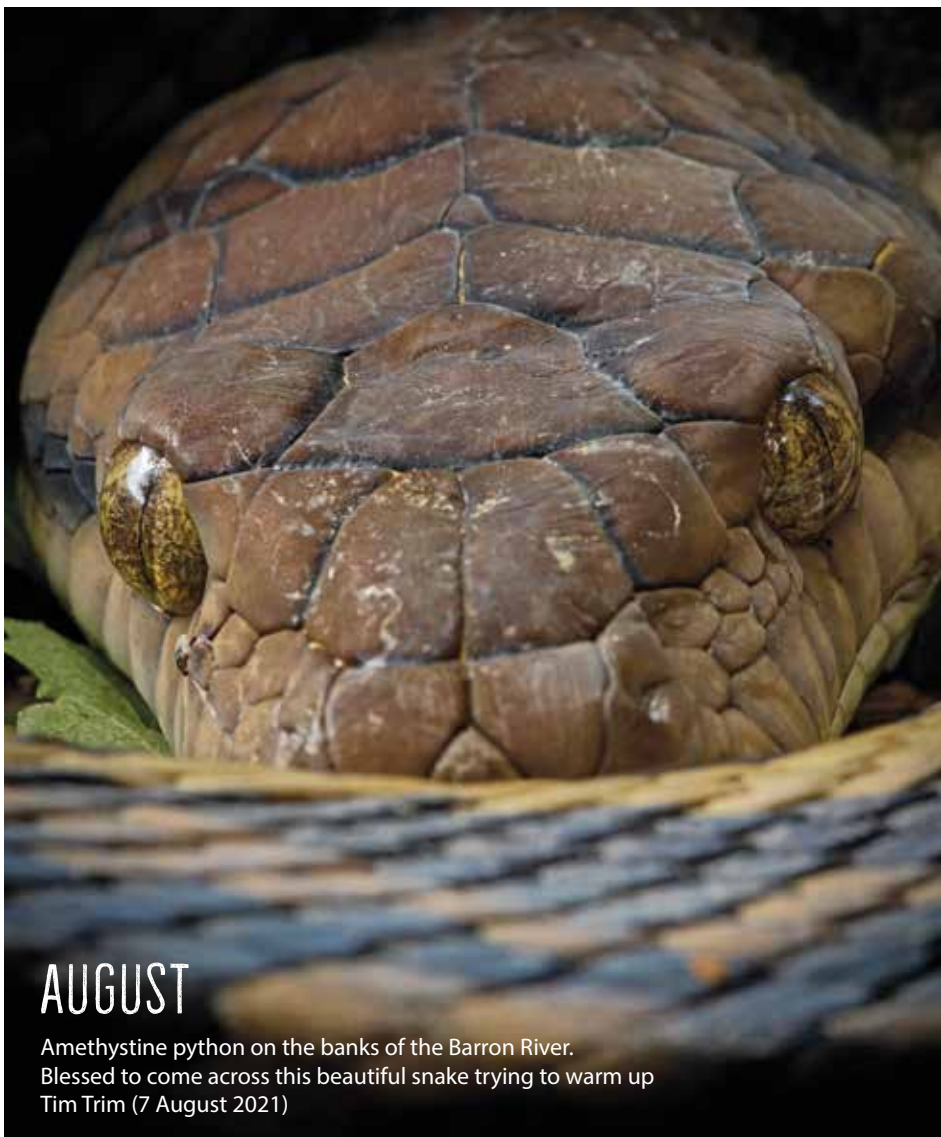
Right: Toni Rogers stitching Tigergrass to a ceramic bowl she made at Sandy Hablethwaite's workshop.

CLICK  
CLICK



## FOCUS ON KURANDA

The **Focus on Kuranda Photography Group** is a Facebook group for photographers of all levels. Photos featured here have received the most 'likes' for the previous month (at the time of going to print).



### AUGUST

Amethystine python on the banks of the Barron River. Blessed to come across this beautiful snake trying to warm up  
Tim Trim (7 August 2021)



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# Buluwai Indigenous Corporation News

## Cultural Fire Practises

Work continues on Buluwai country with the extension of fire breaks now taking place at Bilwon State Forest on the other side of the Kennedy Highway from Davies Creek National Park. Buluwai Rangers are happy to be involved in the ongoing care and management of country; broadening our own traditional knowledge and understanding, and offering opportunities to the next generation to participate, learn and reconnect with the ancient landscapes.

## Buluwanydji Ghost Moth

*Oxycanus buluwandji* is a moth of the family *Hepialidae*, often referred to as swift moths or ghost moths. The family is considered primitive with at least 587 moths identified worldwide, including southern Gondwana distribution. Adult moths have greyish brown forewings each with a faint pale pattern. The hindwings are red shading to grey along the margins. The head and thorax have fawn patterns, and the abdomen is red. The wingspan is about 12cm.

Norman B. Tindale, the anthropologist who recorded Aboriginal people at Mona Mona Mission in SA Museum's 1938-39 Expedition, was also a keen entomologist and first described the Buluwanydji ghost moth in 1964, and named it after the Buluwai people where the moth was found.

Wildlife enthusiasts living in Kuranda Region and surrounding areas are encouraged to keep an eye out for this species to help us start recording these moths on Buluwai country. Now you know what it looks like – let us know if you find one!

If you would like to find out more about the Corporation's activities, get a membership form, Cairns Regional Claim (CRC) Buluwai areas of responsibility or any other matter relating to the Buluwai tribe, Dianne Brim can be reached on 0459 062 784.

## Meetings

10am–12pm, Saturdays @ Kuranda Amphitheatre  
2021 Dates: 11 Sep, 9 Oct, 13 Nov, 11 Dec.



Cultural fire practises on Buluwai Country  
Photo: Buluwai Digital Library



Specimen illustration of *Oxycanus buluwandji*  
Credit: Buluwai Digital Library



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## Laptop donations benefit conservation groups

Pre-loved laptops are helping local groups with conservation projects in Kuranda and across the Wet Tropics region.

Terrain NRM has donated laptops to 11 community groups from Cairns and Kuranda to the Cassowary Coast and Tablelands – and they are now being used in plant nurseries, on research projects and to monitor threatened species. Kuranda Envirocare's Cathy Retter (pictured above) said the laptop would be a home for the group's growing acoustic frog-call data, water quality and plant nursery records.

"Having this at the nursery means we can also use the online rainforest key to identify seedlings brought to us for possible propagation, we can bring manual record-keeping online and store all our records from private computers in one place," she said.

Laptops have been donated to the Cairns Bats and Tree Society, Frog Safe, Johnstone Landcare Group, Kuranda Envirocare, Mamu Aboriginal Corporation, Mulgrave Landcare and Catchment Group, Rainforest Rescue, Reef Restoration Foundation, Treeforce, Trees for Evelyn and Atherton Tablelands, and Tree Kangaroo and Mammal Group.

"There are so many community environmental groups across the Wet Tropics which are working really hard to increase the resilience of our region's landscapes, threatened species, reefs, waterways and farming land," a Terrain spokesman said.

"It's important to recognise the vital on-ground work these groups perform that we all benefit from, and this is one small way we can help support them."

To find out more about becoming a Terrain NRM member group, visit [www.terrain.org.au/membership](http://www.terrain.org.au/membership)

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[honeyhousekuranda.com](http://honeyhousekuranda.com)

## OH HONEY! WE HAVE A PROBLEM!

Many thanks to our wonderful Kuranda community for continuing to support us at Honey House Kuranda.

You may have been wondering why we've not had many varieties or large quantities of honey available this year? To explain this, we need to look at the weather patterns that Mother Nature has been giving us in 2021.

For our little bees to produce enough honey for the beekeeper to rob, they require a mass of flowers that hold lots of nectar. Throughout 2021, we have seen mostly rainy days—even if it is just a drizzle of rain—which can knock the nectar out of the flowers and/or dilute the nectar. This makes it very difficult for the bees to obtain enough nectar to turn into honey for their own nutritional needs, let alone for we humans to take advantage of!

Many species of our local flora have altered flowering patterns this year (Climate Change?) which has hindered the production of certain varieties of honey as well.

As responsible beekeepers, we need to look after the needs of the bees first – therefore, we cannot remove excess honey for human consumption unless we are certain that there is enough stored honey for the bees' needs.

Here at Honey House Kuranda, we are continuing to liaise with our partner beekeepers on the Tablelands and beyond, to source more pure, raw honey for our loyal customers.

We hope you will understand the shortage and keep in touch with us as the Spring season blossoms and honey production picks up.

To any hobbyist beekeepers in the area, we are always looking for new suppliers, especially for our Artisan Range (beekeepers with less than 25 hives).

Please contact us via email [honeyhouse@bigpond.com](mailto:honeyhouse@bigpond.com) or pop into the shop Thursday to Monday.



## FEDERAL AND STATE PARTNERSHIPS TO TACKLE PESTS

The Australian Government is providing \$998,000 to Queensland, through a Federation Funding Agreement with States and Territories as part of the \$30.3 million Established Pest Animals and Weeds Management Pipeline Program, which aims to deliver a lasting legacy to farmers, land managers and the wider community in the fight against established pest animals and weeds.

Minister for Agriculture and Northern Australia, David Littleproud said the funding would be used for research into control options for navua sedge and to improve the capacity for effective management of feral pigs in northern Australia.

"One project aims to develop best practice protocols to manage navua sedge, a vigorous weed that grows in south-east Queensland and the tropics," Minister Littleproud said.

"The project will evaluate the efficacy of herbicide control and investigate biological control options.

"The second project will support coordination of feral pig management in key areas of Queensland, using demonstration sites to test monitoring and control strategies based on research into feral pig behaviour.

"By validating feral pig monitoring, control tools and

strategies, we are making sure farmers and land managers are getting the best bang-for-buck for their efforts in managing these destructive pests.

Minister Littleproud acknowledged the Queensland Government and its project partners' contributions, providing more than \$925,000 to support the projects.

"These projects are a great example of how strong collaboration across governments and land managers can improve the management of established pest animals and weeds, said Minister Littleproud.

"The Australian Government's \$5 million in funding, supported by cash and in-kind contributions from the States and Territories, will deliver 11 projects across Australia to improve the management of established pest animals and weeds that have a detrimental effect on Australia's agricultural competitiveness and the environment."

The Australian Government's \$30.3 million Established Pest Animals and Weeds Management Pipeline Program

SOURCE: Australian Government Department of Agriculture, Water and the Environment.

## Community Nursery and Landcare

Caring for Kuranda's environment  
"by standing on the shoulders of those who have gone before"

Box trailers for hire. Members discount. All plugs catered for  
Contact Hans on 0459 978 842 to book.

### "But it's only scrub..."

Ecosystem services or What that scrub is doing for us.

1. Tree roots stabilise the banks so our land doesn't erode, thus maintaining high water quality into the Great Barrier Reef Lagoon rather than sediment that smothers sea grass and promotes algal growth instead of corals. Preventing erosion also means we do not lose a chunk of our property or topsoil each time there is a heavy rainfall event.
2. Our tourist industry, employer of thousands, depends on healthy reef systems with colourful corals and fish. Our reef is stressed enough now from warming seas without an added layer of sediment to struggle with.
3. By shading our creeks, trees prevent weed growth which could choke our creeks and streams. Shady trees also protect aquatic habitat for the resident fish, turtles and platypus. Have you seen a platypus in your creek? They are quite elusive.
4. Scrub or regrowth rainforest is a nursery for re-establishing forest. Lots of weeds in there? Maybe you could replace them with local native rainforest seedlings, improving biodiversity as habitat for our animals and birds. Alternatively you could wait for the birds to bring in seed to restore rainforest. That will take a lot longer than replanting seedlings in place of those invasive weeds.
5. Our critically endangered Kuranda treefrog breeds in the few creeks around Kuranda flowing into the Barron River. The males live around the streams and can be heard calling hopefully most evenings. The females live in the surrounding forest canopy and have been found up to 100 metres from creeks. No forest around the



Kuranda Tree Frog. Photo: Edward Evans

creeks means that there are no females, which means there are no young Kuranda treefrogs.

How we can complement those ecosystem services.

"But I want to see the creek". Maybe a seat under shady trees in your own riparian wildlife corridor would suffice. There you could watch the birds and wildlife go about their daily activities. It is known of one Kuranda creek, cleared to the waterline, which in a few short years was buried in sediment. No creek there to "see" anymore.

Our Mareeba Shire Council Planning Scheme mandates that tree cover be left along our creeks and streams. The distance protected from clearing depends on the size of the stream. Check in the Mareeba Shire Plan or speak to a Planning Officer to confirm the setback mandated for your creek. Those limits are minimal. A wider buffer is always better. Less mowing too.

### Plant of the month – *Cassia queenslandica* (Caesalpinaceae family) Yellow Shower

A medium-sized Australian native spreading tree, endemic to FNQ. In spring it is covered with long, pendulous spikes of yellow flowers to 30cm. It makes an absolutely spectacular display. Food plant for the larval stages of the Lemon Migrant Butterfly.



### • Date Claimers •

**Saturday working bees.** Working bees resume as the wet season approaches.

**2 September General Meeting 7–9pm.** At Kuranda Recreation Centre, Fallon Road. (COVID restrictions permitting). Kim Forde to present an update on renewable energy projects in our area. Light supper to follow.

**Frog monitoring.** Occurs during the third week of each month, starting after 7pm. Check our Facebook page for dates and sites. Call 0437 109 653 for more information.

### We are the invasive resist-ants



#### Russett Park treatment

The Wet Tropics Management Authority's field teams detected a small patch of yellow crazy ants on one property at the Russett Park infestation area during a survey completed this year.

For the month of August 2021, the Authority will treat the small patch for the second time using a more targeted baiting approach. Bait stations, made up of small metal boxes, will house an insecticide called Vanquish Pro to minimise the uptake of bait from off target species. The bait stations will prevent off target species from accessing the bait while allowing access for the ants.

Vanquish Pro uses the same active ingredient in AntOff, known as fipronil. The treatment is a mixture of sugar and protein and is applied as a paste. The paste, being wetter than a pellet is more attractive to ants in the dryer months and has as the additional attractant of sugar.

Bait stations will be placed in the small patch of yellow crazy ants detected and left for up to 3-4 days and any unused bait will be removed from the area.

L-R: Open bait station with bait, and a set bait station with flag.



The use of Vanquish Pro in baiting stations is a first for Russett Park in treating small patches of yellow crazy ants that remain in the infestation area. The Authority's treatment strategy uses a precise application of bait rather than a broad scale treatment previously undertaken when yellow crazy ant numbers were high. It's an innovative approach in improving the uptake of bait for yellow crazy ants while minimising impacts on off target species.



Returning Taskforce coordinator Sylvia Conway (left) with Ciara Bridgland

#### Sylvia Conway returns as the Yellow Crazy Ant Community Taskforce Coordinator

Sylvia Conway will take on the role as the new Taskforce coordinator, as I prepare for maternity leave. Many of you may already know Sylvia as the previous Taskforce coordinator before my time with the Taskforce.

For those who don't know Sylvia. Sylvia is a long term resident of the Kuranda region and knows yellow crazy ants well. She took over the role as Taskforce coordinator from Mikhaila Jacoby who started the Taskforce with Kuranda Envirocare back in 2014. For three years, Sylvia was at the forefront leading a Taskforce of volunteers alongside Gareth Humphreys from the Wet Tropics Management Authority in surveying and treating the Russett Park infestation area when it was at its peak and Authority field staff were minimal on the ground.

Sylvia has long dedicated her time to protecting our environment and more recently working with youth. In 2019, Sylvia with her twin sister Mia Conway won a Cassowary award for their not for profit environmental education group called Children for Change.

Sylvia is currently in training as I transition out of the role for the months of August and September. I expect my last day will be in the week of 20 September 2021.



The Taskforce in 2019 at Carnival on Collins

#### Carnival on Collins

The Taskforce will also attend Carnival on Collins on Sunday 5 September 2021 from 9am to 3pm. We will be sharing a stall with the Wet Tropics Management Authority. Taskforce volunteers are welcome to attend and be part of the info stall. Contact coordinator@communitytaskforce.com to join.

Ciara



Our Yellow Crazy Ant Community Taskforce stall at the VEXPO Volunteer Expo in July with volunteer Tim Brown

### Join the invasive resist-ants

Yellow Crazy Ant Community Taskforce  
envirocare.org.au/yellow-crazy-ants-taskforce  
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# Friends of the Earth

Far North Queensland



White-lipped Treefrog (*Litoria infrafrenata*)  
and the stream-dweller Common Mist frog  
(*Litoria rheocola*). Photos: Pergolotti/Frog Safe

#### Watch Out For Sick Frogs!

Many of you will have spotted the articles in ABC News and the Guardian about all the frog deaths in the eastern and southern states. This tragedy follows on the heels of the carnage caused by the notorious bushfires of the 2019/2020 summer but the cause is likely to be the opposite situation: bitter cold!

Researchers are trying to pin down the different pathogens (fungal, bacterial, viral) that might be involved in this die-off. The worst affected areas seem to be those where the frogs don't brumate (hibernate). This winter has been far colder than normal and it is apparently beyond the capacity of these animals to cope.

Winter is also when the established disease chytrid fungus is active in northern NSW and southern QLD. Chytrid also exists in FNQ but only on mountain tops and on the Tablelands during winter. The coast is generally too hot for the fungus to survive.

One mystery to this frog die-off is how far north is it happening? The frog hospital normally gets calls for sick frogs in the north year-round and we have already had a call this winter from Malanda which involved chytrid. But does this die-off extend as far north as the Tablelands? Or do the Tablelands sick frogs have more conventional problems?

#### How You Can Help

Everyone is being asked to check on the frogs that live on their properties and those seen on bush tracks. Any frog out in the open should be reported to the frog hospital including any frogs seen at night that are skinny, or pinkish underneath, or floating in water. These frogs might have well-known problems (such as parasites or infections) or they could have chytrid or other serious issues.

USE GLOVES or a bag over your hand to pick up the frog; place into a plastic container with air holes; bring indoors and then ring us on 4068-9402. Emailing photos to us is also very helpful.

We also would like to hear from anyone who travels up and down the hill for work or shopping. We have a shuttle that leaves Cairns CBD, but the frogs need to get from the Tablelands to Cairns to make the shuttle.

Frogs are such gentle creatures and it is not fair what is happening to them. Please keep a protective eye out for them and report anything unusual. Email [admin@frogsafe.org.au](mailto:admin@frogsafe.org.au) or go to [www.frogsafe.org.au](http://www.frogsafe.org.au)

#### Spray Free FNQ Forum

Andre Leu, international director of Regeneration International, gave an alarming overview of the impact of toxic chemical use on everyone on our planet. He talked about the damaging effects of even minute exposure to toxic chemicals such as glyphosate – especially for children and unborn babies who do not yet have the enzymes to break these chemicals down.

#### ACTIONS:

- Please sign the petition, share with your networks and consider volunteering [www.sprayfreefnq.com.au](http://www.sprayfreefnq.com.au)
- Find out more at [www.pesticides.australianmap.net](http://www.pesticides.australianmap.net) and [www.pesticides.news/2020-12-23-high-levels-of-pesticides-in-great-barrier-reef.html](http://www.pesticides.news/2020-12-23-high-levels-of-pesticides-in-great-barrier-reef.html)

#### NEXT FoE FNQ MEETING:

Wednesday 8 September 6.30pm via Zoom. Guest speaker Anthony Amis, FoE Australia's spokesperson for pesticides & drinking water. Everyone welcome. To join us, contact Margaret beforehand on 0403 214 422 email [pestorium@gmail.com](mailto:pestorium@gmail.com)

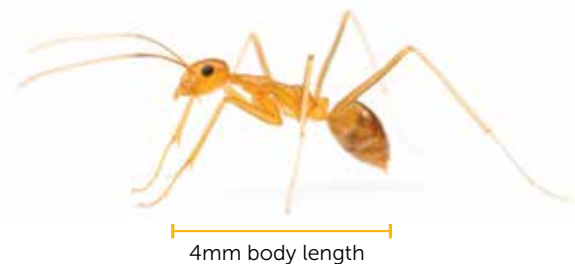
## REPORT YELLOW CRAZY ANTS

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w | [wettropics.gov.au/yellow-crazy-ants](http://wettropics.gov.au/yellow-crazy-ants)

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Taking close-up photos of small animals (macro photography) is not too difficult, though some specialist equipment does help. I have always had a fascination with smaller animals, especially invertebrates, and find that taking close up photos gives me a window into their amazing world. It is a world where things are very different than those in our every day lives. Strange and bizarre features of these animals perform tasks in their lives which can be awe inspiring and terribly gruesome at times, but all serve to aid their survival. All becomes visible in the world of macro photography.

A good nature macro photograph is like any other good photo – it is interesting to look at. It may tell a story, it may be a portrait, or it may be abstract in its appearance; it all depends on the result you are looking for. It always helps to have this in mind when you set out to take a picture. One of the most important things in macro, as in all forms of photography, is the lighting. Poor lighting will let down the most spectacular subject (even using expensive equipment) and can ruin the potential of a good photo.

When it comes to macro photography, you can either use natural light (sunlight) or artificial light such as a flash. Although I occasionally use natural light, I almost always use flash as it provides a fast pulse of light that freezes the action of fast-moving animals, and avoids the blur caused by camera shake. Using flash also allows you to have more control over the aperture (controlling the amount of light the camera lets in for cameras with manual settings). The aperture is the 'hole' inside the lens which can be changed to allow more or less light in. Keeping it basic, these settings are called f-stops. It's a little confusing at first as the larger the hole the smaller the f-stop number (e.g. f2.8 is a large hole allowing lots of light through, whereas f22 is a small hole letting less light through).

Closing down the aperture has the additional effect of providing a greater depth of field (a greater depth of acceptable focus within the image). The trade-off is this requires more light to achieve the correct exposure. Due to the physics of magnification in photography, the depth of field in macro is very shallow (ranging from several millimetres to a centimetre or two), so you have to be very careful about making sure your subject is in focus. Generally speaking, the best apertures to work with are f11 to f22 to maximise your depth of field.

Many of the new compact digital cameras have a macro function which allows the lens to focus on things quite close. The flash on these cameras is not ideally positioned for good close-ups, so unless you are photographing a subject which is quite still in bright sunlight (with a steady hand), things often don't quite turn out perfectly. Using a tripod will eliminate camera shake, but it makes it quite difficult to follow any living animals around if they are on the move.

The method I use is quite simple. I use a digital SLR camera, a flash which is not physically connected to the camera, and a 'soft-box'. A soft-box diffuses (spreads) the light coming from the flash and effectively makes the size of the light larger. This reduces the amount of shadow, just as a cloud passing in front of the sun does. Having the flash off the camera rather than

mounted on top of it gives me a great deal of flexibility in where I place the light. I can put it above the animal, to one side or even behind it for more dramatic back-lighting effects.

No matter what brand or model of camera you have, this type of set-up can be achieved either by the camera itself or with some simple accessories. Some macro photographers prefer to have two flashes and some use a 'ring-flash', neither of which I personally like – two flashes give double highlights in eyes (not so natural) and two sets of shadows, while ring-flashes give animals a weird goggle-eyed appearance. Each to their own. Whatever camera you use or system you choose, below are some key tips for getting into good macro photography.

- Make sure the animal's eyes are in focus (if they're not, the whole picture appears out of focus).
- Take the photo on a different angle than your normal everyday viewpoint (don't just stand above the subject; crouch, kneel or lay down if you can).
- Hold your camera very steady when you are about to take the photo (I hold my breath!).
- Approach animals slowly and have patience. Watching them first to understand their behaviour patterns is a big help.
- Crop and adjust the brightness, contrast and colour of your final images to bring out their full potential.
- Have fun!



Clockwise from top left: When the eyes are in focus, the image appears in focus even if the depth of field is shallow.

Using flash freezes action like this Honeybee in flight.

Using a flash to backlight the subject can give interesting results and works well with hairy or translucent subjects.

Photos: Alan Henderson

**Alan Henderson,  
Minibeast Wildlife**

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## A cup of tea makes everything better

Tea is just wonderful – it can warm your bones in winter, it can quench your thirst in summer. It can fix an upset stomach, replace electrolytes or soothe a sore throat. As actor and designer Waris Ahluwalia said, “I like the pause that tea allows”.

“There are few things as satisfying as the ritual of harvesting fragrant herbs, and then using them to make wonderful herbal tea. Preparing a cup of tea signals to your body to focus inward and heal what ails you. When you also grow the herbs in your garden, the ritual expands to a full experience. Growing herbs and enjoying their aromas, beauty, and attractiveness to pollinators, allows you to feed your body and it makes sipping tea something to savour.” (www.gardentherapy.ca/harvest-and-prepare-herbal-tea)

Herbal teas are so easily grown and simple to make. Here’s how. Decide on what type of tea you will drink for the day and get out your teapot. Pop into your garden first thing in the morning, before it gets hot, with some clean, sharp scissors or secateurs. Give thanks to your herbs for their delightful service if you feel so inclined. Then cut the stems down to one third of their full height, just above a set of leaves. If using the flowers wait until the flowers are fully formed before picking.

Then pop back to the kitchen and wash and strip the leaves off the stem and lightly bruise them in a mortar and pestle or just tear them up and put into your teapot or covered cup. It is important to always cover your tea otherwise all those healthy volatile oils will escape into the air. Pour water

that has just reached boiling over the tea ingredients, cover and allow them to steep for 5 minutes at least, to infuse the tea with all the herbal goodness. If you are feeling poorly then a stronger tea will need to be made. These are called infusions, and are made by pouring just boiling water over the tea ingredients and allow them to steep, covered, for 15-30 minutes. Don’t be hesitant to experiment with different herbal tea flavours. Mix them up!

Here’s some herbs that make great teas:

- Ginger for colds, flu, nausea and improving the digestion and appetite.
- Calendula (not marigolds) for sore throats and menstrual cramps and mood swings.
- Chamomile to help you sleep.
- Catnip for when you’re feeling anxious.
- Hibiscus (*Hibiscus sabdariffa* L. species / *Hibiscus rosa sinensis*) for vitamin C in flu season and to help to lower blood pressure. **Note: Pregnant women should never drink hibiscus tea or take hibiscus products.**
- Dandelion for its richness in potassium as well as Vitamins A, C, and K, and for digestive problems.
- Rosemary for boosting memory and mood and decreasing inflammation.
- Sage and Thyme for their antiseptic properties. They are both very effective for mouth ulcers and sore throats. Thyme is also great for respiratory health – soothing coughs and relieving chest congestion. Sage promotes oral health, improves cognitive function



and can alleviate some symptoms of menopause.

- Lemon balm for its stress-reducing properties and for spasms or cramping of the uterus, stomach, and bladder.
- Mint and Peppermint for relieving digestive symptoms, such as gas, bloating and indigestion and to freshen your breath and improve concentration.
- Lemon myrtle (*Backhousia citriodora*) or aniseed myrtle (*Syzygium anisata*) are native teas for stress and poor sleep. Also for helping to beat sinus and bronchitis infections. I’m drinking fresh picked delicious lemon myrtle tea as I write this.

If you wish to dry your herbal leaves or flowers you will need to use a food dehydrator or air dry them on a very gentle heat as they are quite delicate. Make sure all moisture is gone before you put them in an airtight jar otherwise mould will form. You can also put whole leaves into freezer bags and store them in the freezer for three to six months.

Rachael  
www.facebook.com/YourGardenHarvestAustralia

*Caution: Not all herb teas are right for you. Some people are allergic to thyme or similar plants like basil, oregano, sage, and lavender, and may experience negative symptoms. So start with one cup daily and if you tolerate this well drink more. Stop drinking the tea or cut back if you experience any side effects. Remember some teas like lemongrass and the mint or lemon teas are diuretics - they make you urinate more often, ridding your body of excess fluid and sodium. Pregnant women should always consult their health practitioners before drinking herbal teas as some can be detrimental to their pregnancy.*

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## AUSTRALIAN FAMILIES ENCOURAGED TO TUCK INTO A HEALTHY AND SUSTAINABLE CHALLENGE

A digital lunchbox launched by Australia’s national science agency, CSIRO, aims to get people thinking about making both healthy and sustainable food choices and what they might be eating in the future. For example, a dragon fruit is healthier than chips, but which of these choices is actually better for the planet?

The CSIRO Tuckerbox provides nutrition and sustainability ratings for a range of different foods and drinks that users can add to their lunchbox in different combinations to improve their score. It also gives a taste of the food we could be eating by 2050 based on the latest research in food innovation, including work aligned with CSIRO’s Future Protein and Trusted Agrifood Exports missions, as well as the Ending Plastic Waste mission.

CSIRO research scientist Dr Gilly Hendrie said with many families eating meals together at home, the Tuckerbox

was designed to complement home school activities during the recent National Science Week, which this year had the theme of *Food: Different by Design*.

“Making good food choices is a combination of understanding what foods are healthy as well as getting into good habits, and the better we are at this when we’re at home, the easier it is to make smart choices when we’re out and about,” Dr Hendrie said. “The Tuckerbox also reflects the complexity of making real world food choices, where it’s rare that we can make perfectly healthy or perfectly sustainable choices, so it’s about understanding how we get balance.”

CSIRO Nutrition Systems Scientist, Dr Jessica Bogard said sustainability is an increasingly important consideration for consumers who want to know their food has been produced with minimal impact on the environment. “The Tuckerbox aims to get people thinking about what resources are used to not only grow food but to transport and process it too,” Dr Bogard said.

“There are many ways we are working to create more sustainable food systems, and technology will play a key role in the future, such as through developing ways to build and maintain healthy soil, managing water wisely and minimising

air, water, and climate pollution.”

Mum of eight-year-old Lily, Bianca Evans, said her whole family looked at their lunchboxes with new eyes after playing with the Tuckerbox. “As a family we already spend time talking about healthy choices and we like to get Lily actively involved in the kitchen. The Tuckerbox gave us all a great opportunity to think about how our choices also impact the health of the environment,” Ms Evans said.

“I think the Tuckerbox has inspired Lily to think about a career in science, she was very excited by the idea of growing food on Mars or helping to invent robot chefs to personalise our food when she gets older.”

The Tuckerbox draws on decades of research and innovation developed by CSIRO in partnership with the food industry, including adapting livestock and crops to our changing climate; improving sustainability in how food is produced, processed and transported; increasing the nutritional value of food; and helping people make their diets healthier.

CSIRO Tuckerbox [www.csiro.au/tuckerbox](http://www.csiro.au/tuckerbox)

CSIRO’s Taste and Learn science and nutrition activities for kids at [www.research.csiro.au/taste-and-learn/](http://www.research.csiro.au/taste-and-learn/)



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## Teen Mental Health ~ Part 2

As we've established in the last article, teens experience rapid maturation, however other changes occur such as: advances in their reasoning abilities, immune function, reaction time (reflex/response), capacity to withstand heat, cold, injury and physical stress. All of which are to help build strength and resilience to serve them throughout their life. The World Health Organisation (WHO) revealed 16% of the global population that is affected by mental illness and injury are 10-19 year olds. And globally depression is the leading cause of illness and disability amongst teens, with suicide as the fourth leading cause of death in 15-19 years.

### Adolescence: an opportunity to build strength and resilience

The transition to adulthood presents various difficulties, predominantly with behaviour and emotional control. The key areas of the brain involved in these changes are the prefrontal cortex (essential for cognitive control) and the striatum (helps detection and learning about reward cues).

Research confirms teens are more vulnerable to risk-taking behaviour with relatively immature capacities for self-control. Interestingly their desire to risk-take is actually an innate need to experience and learn about the world around them. Research has found teaching children skills in delayed gratification from early childhood helps create a stronger platform for self-control throughout adolescence. However, peers have a very strong influence in decision-making and risk taking in adolescence. Science has confirmed this, in a simulated driving task, teens made riskier decisions in the presence of their peers compared to when they drove alone.

### What can you do during this transition to help teens make better choices?

- Open, regular communication with your teen
- Offer your own experiences and explain the outcome/consequences you endured
- Encourage positive reward systems and goal-orientated behaviour (start pre-teen) i.e. saving for their own car, share house duties, yard duties, responsibility of pets, show interest and support them with schoolwork or athletic abilities. Various creative activities, craft, woodwork, sewing, painting, drawing all great skills for delayed gratification.
- Minimise tools that offer instant gratification (start young) i.e. video games, social media, high-intake of sugary foods. If they want something special have them do chores to help towards buying it rather than offering instantly when asked. Educate them on the difference between NEEDS and WANTS.
- Avoidance of alcohol and drugs in adolescence will prevent their dependence later in life and assist in better decision-making.

### Recognising signs of mental illness

\*\*If your teen experiences five out of seven of these signs for at least two weeks seek professional help\*\*

- Changes in sleep
- Persistent feelings of guilt
- Significant drop in energy levels
- Concentration changes and difficulty completing tasks
- Changes to appetite
- Decrease in motivation
- Thoughts of suicide (seek help immediately, list below)

Other symptoms relating to anxiety:

- Feeling restless, highly strung or on edge
- Irritability
- Easily fatigued
- Struggle with concentration
- Muscle tension
- Excessive worrying
- Sleep difficulties (onset, staying asleep, waking unrefreshed)

### Diet measures to support a healthy mind

Due to their heightened reward sensitivity this can lead to a preference for junk food (instant gratification!). However, if parents can minimise junk food intake this can optimise positive structural changes to their prefrontal cortex – better decision making! Excessive junk food is linked to altered dopamine signalling, setting up long-term desire to eat junk into adulthood – dopamine hit!

To help your teen lift their mood and support their rapid growth spurts include more (organic if possible) whole food, predominantly plant-based in their diet. Antioxidants in plants help neutralise free radicals that are linked to depression. A study showed people with higher vegetable intake having lower incidence of depression. Don't forget protein, meat, fish and poultry are packed with amino acids boosting mood and satiating a big appetite. Probiotics and fermented foods help encourage a healthy gut, which can buffer daily stress. Eating together as a family as often as you can, at the table, mindfully eating optimises digestion and switches the body to parasympathetic – rest and digest. See the food list in the previous article for more food ideas!

### Lifestyle measures to support a healthy mind

- Good quality sleep – 10 hours required for teens
- Limit screen time/social media, cut off 1 hour before bed
- Increase physical activity/exercise daily
- Journal – helpful for creative/emotional expression and independent problem solving
- Ensure time for rest and relaxation is included in weekly schedule
- Hobbies and interests (reduce screen time!) – creative, active, social
- Avoid ANY use of drugs and alcohol (long-term damage to brain development)

### Where to seek further help for teen mental health

- Kids Helpline call 1800 55 1800 (counselling for 5-25 years)
- Headspace Cairns call 07 4041 3780 (mental health services for 12-25 years)
- ReachOut.com online youth mental health service
- SANE Australia call 1800 18 7263 (people living with mental illness)
- Lifeline call 13 11 14 (support for personal crisis)
- Suicide call back service call 1300 659 467 (anyone thinking of suicide)
- Also contact your local GP for further help or referral to a relevant health professional

It's a BIG job parenting and having teens, coping with all the changes, it can take its toll. Ensure you make time to care for yourself and that you have support and help when you need it. When we can care for ourselves and be the change we want to see in our kids it can help towards encouraging our teens to grow into happy, healthy, well-rounded young adults.

Take care of you and each other. Love and light ~  
Jaunita, Your Family Naturopath



Millet plant. Depositphotos.

So what is millet? Well it's neither a fish nor a party haircut. It's a grain (edible seed) belonging to the *Poaceae* (grass) family. Considered one of the 'ancient' grains, it is widely consumed in developing countries throughout Africa and Asia and has more recently gained popularity in the West because it's gluten-free and boasts high protein, fibre, and antioxidant contents. It is extremely versatile and makes a delicious alternative to the common rice and wheat component in many recipes and can also happily swap places with quinoa as well though its cooked texture is more like couscous.

There are around a dozen millet varieties (sorted into minor and major millet groups): Major millets include pearl, foxtail, proso (or white) and finger (or ragi). Minor millets include: kodo, barnyard, little, guinea, browntop, fonio and adlay (or Job's tears). Pearl millet is the most widely produced variety for human consumption, but all are renowned for their high nutritional value and health benefits. One cup (174g) of cooked millet contains approximately 207 calories, 41g carbs, 2.2g fibre, 6g protein, 1.7g fat; Phosphorus – 25% of the Daily Value (DV); Magnesium – 19% of the DV; Folate – 8% of the DV, Iron – 6% of the DV. Millet provides more essential amino acids than most other cereals. Finger millet has the highest calcium content of all cereal grains, providing 13% of the DV per 100 grams. Millet is also rich in phenolic compounds, especially ferulic acid and catechins. These molecules act as antioxidants. While all millet varieties contain antioxidants, those with a darker color, such as finger, proso, and foxtail millet, have more than their white or yellow counterparts.

**A NOTE OF CAUTION:** despite millet's multiple health benefits, it also contains anti-nutrients – compounds that block or reduce your body's absorption of other nutrients. One of these compounds, phytic acid, interferes with potassium, calcium, iron, zinc, and magnesium uptake. However, a person with a balanced diet isn't likely to experience adverse effects, just make millet an addition to your range of meals rather than the base. As well, other anti-nutrients called goitrogenic polyphenols in millet may impair thyroid function, although this is associated only with excess polyphenol intake. Therefore, it is important to pre-soak millet grain before cooking to lower millet's anti-nutrient content significantly – soak it overnight at room temperature, then drain and rinse before cooking.

So ... millet is a gluten-free whole grain packed with protein, antioxidants, and nutrients. Its nutty taste and versatility make it well worth trying, whether you use it as a whole grain, sprouted grain or flour. Enjoy! *Queenbeans*

#### HOW TO COOK MILLET:

Cooking millet is as simple as cooking quinoa or rice. Here's a quick guide:

- Sauté 1 cup millet and a drizzle of olive oil in a medium saucepan over low heat until you smell a slightly nutty aroma (you can skip this step and just add the millet to boiling water instead, but this helps make the finished product more robust in flavor).
- Add 2 cups water and raise the heat to medium.
- Add salt to taste. Only use a pinch if you're going to be topping the millet with a salty protein, stew or sauce.
- Bring the pot to a boil, cover and reduce to a simmer for about 25 minutes.
- Once the millet is done cooking, it will be tender and the individual grains will look enlarged. Remove the lid, fluff it with a fork and turn off the heat. Let sit, covered, for 10 minutes or longer, up to 2 hours (the longer millet sits, covered and off the heat,

the fluffier it will be). Serve when it's cool enough to eat or store in fridge, ready to add to the dish of your wishes.

**Bright And Bold Millet Tabbouleh** (vegan/gluten free) via *cleaneatingmag.com*  
Serves 6

**INGREDIENTS:** 2/3 cup millet, 1/2 tsp sea salt, 4 scallions (thinly sliced), 2 cups diced cucumbers, 2 cups cherry tomatoes (halved or quartered if very large), 1/2 cups cooked chickpeas or canned, drained and rinsed, 1 cup finely chopped fresh flat-leaf parsley, 6 tbsp finely chopped fresh mint, 1/3 cup fresh lemon juice, 1/3 cup extra-virgin olive oil, 1 to 2 cloves garlic, minced, ground black pepper to taste.

**METHOD:** Cook millet as above. After resting, transfer millet to a serving bowl and let cool. Fluff with a fork. Add remaining 1/2 tsp salt and all remaining ingredients. Toss to combine. Serve or make ahead, cover and refrigerate up to 4 days.

**Stir-fried Millet** (vegan/gluten free) via *cookieandkate.com*  
Serves 2

**INGREDIENTS:** 1 cup cooked millet (as above), 1 tbsp organic vegetable oil, 1 tbsp toasted (dark) sesame oil, 1/2 inch fresh ginger (skin removed and finely chopped or grated through a microplane), 2 cloves garlic (minced or pressed), 3 carrots (sliced into ribbons with a vegetable peeler), 1/2 cup chopped green onions, 1 tbsp tamari or light soy sauce. Optional extras: fried or baked tofu slices, more vegetables. Recommended garnishes: chopped fresh coriander and red pepper flakes, roasted crushed peanuts.

**METHOD:** Arrange prepared ingredients within easy reach. Over medium-high heat, heat the vegetable oil and sesame oil in a wok or large skillet, let oils heat up enough so that a drop of water sizzles on contact. Stir in the ginger and garlic and cook for about 15 seconds. Stir in the carrots, and green onions for another 30 seconds, stirring constantly. Stir in the millet and tamari/soy sauce for 30 seconds. Divide into two bowls and top with some fresh coriander leaves, a sprinkle of red pepper flakes and a little extra dash of toasted sesame oil or tamari, if necessary.

**Vegan Skillet 'Cornbread'** (vegan/gluten free) via *detoxinista.com*  
Makes one 10 inch (25cm) skillet

**INGREDIENTS:** 1/2 cups millet (soaked in water for at least 2 hours), 1/4 cup white (or black or mix) chia seeds, 1 cup water, 1 cup peeled and diced zucchini, 1/4 cup coconut sugar, 1/2 tsp salt, 1/2 tsp baking soda, 1/4 cup melted coconut oil, 2 teaspoons apple cider, vinegar.

**METHOD:** Preheat the oven to 175°C and grease a 10-inch skillet with coconut oil. Drain the soaked millet and rinse well in a mesh strainer. Transfer the drained millet to a large food processor fitted with an 'S' blade, then add in the chia seeds, water, zucchini, coconut sugar, salt, baking soda, and coconut oil. Process until the millet has broken down and a smooth batter is formed, about 2 to 3 minutes. Add in the vinegar and process again briefly to incorporate. Pour the batter into the greased skillet and bake at 175°C until the centre feels firm when gently touched, about 30 to 35 minutes. Allow the bread to cool at least 20 minutes before slicing and serving. Store any leftover bread in an airtight container on the counter for a day, or in the fridge for up to a week.

**Barry Hodson**  
FCPA  
**Certified Practising Accountant**  
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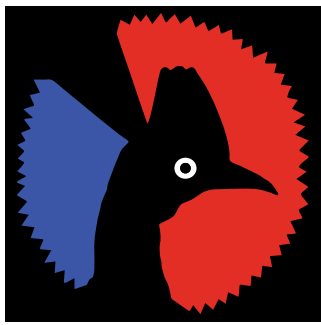
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# KURANDA conservation COMMUNITY NURSERY Inc

1 Pademelon Lane, Kuranda 4881  
Phone: 4093 8834 | Email: kurandaconservation@hotmail.com  
[www.kurandaconservation.org](http://www.kurandaconservation.org)

*The KCons Community Nursery is nearly always open!*

Thanks for the notifications of cassowary sightings it all adds to our general knowledge of where they are and threats they face.

Thanks, too, for the many seeds and fruit you've dropped off. This is a very satisfying cycling within our community. We get so many more varieties of seeds because of your time and effort than we would if we had to go searching for them.

Spring is in the air already – trees budding, flowers opening and even some fruit developing on the branches. You can't help but get a wriggle of excitement when you watch it happen.

**\*\* Two sturdy box trailers available for you to borrow 4093 8834 \*\***

## REVEGETATION - HERE'S HOW IT'S DONE



### PREPARATION IS EVERYTHING

Get rid of the weeds and non-natives.

### PLAN THE LAYOUT AND SELECT THE SPECIES FOR YOUR PURPOSE.

In this case, it is food and habitat for the local cassowaries.



**IT'S HARD WORK,** but very rewarding



### THE FINISHED PRODUCT

One year on – and the cassowary has checked it out!



## RENOVATIONS PROGRESS

As planned, Tony brought in the rock fill needed to build up and level the site where our new shade house is going. He did a first-class job with his trusty bobcat and the way is now clear to move in the heavy shelving racks for our freshly sown seeds to grow and thrive.

## WORLD CASSOWARY DAY

**26 September**

To celebrate we'll do a special deal on our cassowary bin stickers. **\$20 each if ordered on 26 September.**

This day draws attention to the need to protect cassowaries and their habitat. Without them, wet tropical rainforests cannot thrive and diversify. Only these big birds can spread the seeds of some trees.

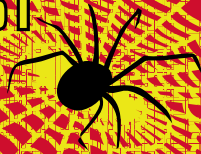


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**WORLD CASSOWARY DAY** SEPTEMBER 26  
#LoveCassowaries

## 4 Cassowary Facts

1. It is the largest native vertebrate in Australian rainforests.
2. It is the second heaviest bird in the world to the ostrich.
3. It is the third tallest bird in the world to the ostrich (#1) and the emu (#2).
4. The cassowary egg is the third largest of all birds at about 584g.

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Artwork by Rebecca Koller

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Bundarra 'Gertie' in Black Mountain Road backyard 24 August. Photo: Ricky Clark

# WAYGAL-A-GALING BUWAL-WU

## Going looking for words



The Bama (people) of this area (bulmba) shared a common ngirrma, language.

The Djabuganydji, Bulwanydji, Nyagali, Yirrganydji and Gulunydji have lived here for millennia. The Djabuganydji called it Djabugay. The Bulwanydji called it Bulway. The Yirrganydji on the coast called it Yirrgay. The 'ay' sound at the end of these words sounds like the archaic English word 'aye' for yes.

Some of their stories go way back in time. The Djabuganydji

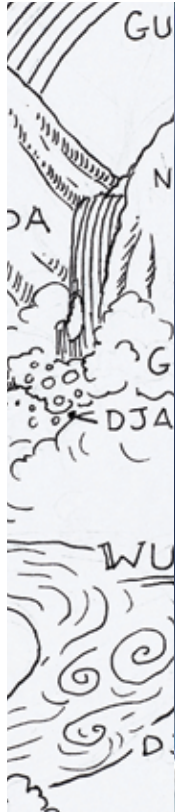
believe that once their hunting grounds stretched to the Barrier Reef. At the end of the last ice age there was a rise in sea-level that pushed the people back inland and created the present shoreline. Nowhere else in the world have people been able to reside continuously in one place for so long, passing on their stories to the present day.

The actual word 'bulmba' has many meanings: home, camping ground, territory, the weather and the authority of

the elders, upholders of the Law. This bulmba is constantly changing, depending on the time of the year, the season and the weather.

Thanks to the Bulmba Rangers for help with selection of wordsearch words and to the Djabugay Tribal Aboriginal Corporations for their work in preserving the area's linguistic inheritance.

Michael Quinn



G W Z B D J U G A Y G U L B U L R Z R L  
 U A Y U L A L D J A W A R R A Y Y D W T  
 Y L D N D A A Y I R R I G A L G A L A Y  
 N U Q G M D J I N D I G A L G A B A A N  
 G D J A R R U W A Y G I L I G I L I P R  
 G M A N G U R R U D J U L B I N X R D P  
 A J Q D B U R R A Y B A Y B A B U N D A  
 N N G A W A Y M G A N G A L I G A N N Y  
 Y G U D J U G U D J U B U N A N D A J J  
 D B U R R I N D J I W A R R D J A N X X  
 J B A G A R R A D A W A R A Y B I N D A  
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 A U R L G A M B A R R W A R R G I N K T  
 D R I M V N Q A R B U N G A N G U D A A  
 J R N B R G G N R B U G A A W A L B A N  
 A U Y A D U Y A A B I D A X D T M R Z T



BADJA  
 BAGARRA  
 BANA  
 BAYBA  
 BIDA  
 BINDA  
 BIRINY  
 BUGAA  
 BULMBA  
 BULURRU  
 BUNANDA  
 BUNDA  
 BUNGAN  
 BUNGANDA  
 BURRAY  
 BURRINDJI  
 DAAYIRRI  
 DAWARAY  
 DIGARRA  
 DJALMBA  
 DJANGU  
 DJARRUWAY

DJAWARRAY  
 DJINDIGAL  
 DJUGAY  
 DJULBIN  
 DJUMBUN  
 GABAAN  
 GALGALAY  
 GAMBARR  
 GANGALIGAN  
 GAWAY  
 GILIGILI  
 GUDJUGUDJU  
 GULBUL  
 GUYNGGANYDJI  
 MANGURRU  
 NGUDAA  
 WALBA  
 WALU  
 WARRDJAN  
 WARRGIN  
 YULAL

### WORD MEANINGS

**BADJA:** grasslands  
**BAGARRA:** rainforest  
**BANA:** water  
**BAYBA:** spring  
**BIDA:** bark container, bark canoe  
**BINDA:** shoulder, waterfall  
**BIRINY:** salt-water  
**BUGAA:** night  
**BULMBA:** camp, home, country, world, time, weather.  
*Bulmba djirri-barra, fighting ground.*  
**BULURRU:** Storywaters, Totem, Law, Life-force  
**BUNANDA:** water-fairy  
**BUNDA:** mountain  
**BUNGAN:** sun  
**BUNGAN-DA:** daylight, day-time  
**BURRAY:** cave  
**BURRINDJI:** bridge

**DAAYIRRI:** Milky Way  
**DAWARAY:** bushfire  
**DIGARRA:** sand  
**DJALMBA:** foam  
**DJANGU:** swamp, lagoon  
**DJARRUWAY:** island  
**DJAWARRAY:** thunder  
**DJINDIGAL:** medicine waters  
**DJUGAY:** smoke  
**DJULBIN:** tree  
**DJUMBUN:** lightning  
**GABAAN:** rain  
**GALGALAY:** tall. *Bama Galgalay, the Tall Man*  
**GAMBARR:** mist, cloud  
**GANGALIGAN:** Short Man, Little Hairy Man  
**GAWAY:** star  
**GILIGILI:** light rain

**GUDJUGUDJU:** rainbow, Rainbow snake  
**GULBUL:** sea  
**GUYNGGANYDJI:** haunted  
**MANGURRU:** mangrove  
**NGUDAA:** cloud  
**WALBA:** rock. *Walba ngulu, rock-face*  
**WALU:** bank of river, edge of the land  
**WARRDJAN:** raft  
**WARRGIN:** open forest  
**YULAL:** dug-out canoe with outrigger

### DJABUGAY

#### A guide to the pronunciation of Djabugay words

#### Vowel Sounds

/a/ is pronounced as the vowel in the (English) words "some, "come" e.g. **bama** (person)  
 /a:/ is pronounced like the /a/ sound in "father" but longer e.g. **buda:dji** (carpet snake)  
 /i/ is pronounced like the /i/ in the word "bin" e.g. **bina** (ear)  
 /i:/ the vowel sound is lengthened and pronounced like the vowel sound in "heat", "beat", "feet" e.g. **biri:** (again)  
 /u/ is pronounced as the vowel sound in the English word "book" e.g. **mu**du (back)  
 /u:/ the vowel is lengthened and pronounced as the vowel sound in the words "good", "tool", "rule" e.g. **du**ngguu: (behind)

#### Consonants

/dj/ The sound is like a /d/ and a /j/ pronounced simultaneously e.g. **djulbin** (tree)  
 /g/ is pronounced as in the word "gun" e.g. **gindan** (moon)  
 /rr/ a trilled, or rolled /r/ as in Scottish pronunciation of the word "sporrán" e.g. **burra-y** (to fly)  
 /r/ as in the American pronunciation of /r/ in car e.g. **biri** (fire)

/ny/ is like the initial /n/ in onion, like an /n/ and a /y/ pronounced simultaneously e.g. **nyurra** (you)  
 /ng/ as in the word "singer" e.g. **bungan** (sun)  
 /n.g/ when you see the n.g broken by a stop do not run the two sounds together e.g. **djin.gal** (sky)  
 /ngg/ is pronounced as the ng sound in the word "finger" e.g. **nyinggarra** (eel)  
 /ay/ is generally pronounced as in the English word "eye" e.g. **Djabugay**

#### Stress

#### When saying Djabugay words which syllables should we stress?

In words of two syllables, the first syllable is stressed e.g. **bina** (ear).  
 In words of three syllables, the first syllable is stressed e.g. **gan**yarra (crocodile).  
 However, if a long vowel occurs in the second syllable of a word of three syllables, it is stressed e.g. **buda:**dji (carpet snake).  
 In words with more than three syllables, stress falls on the first syllable and on the syllable before the last one e.g. **gan**yarra – **nggu** (crocodile).



**Djabugay**

Tribal Aboriginal Corporation

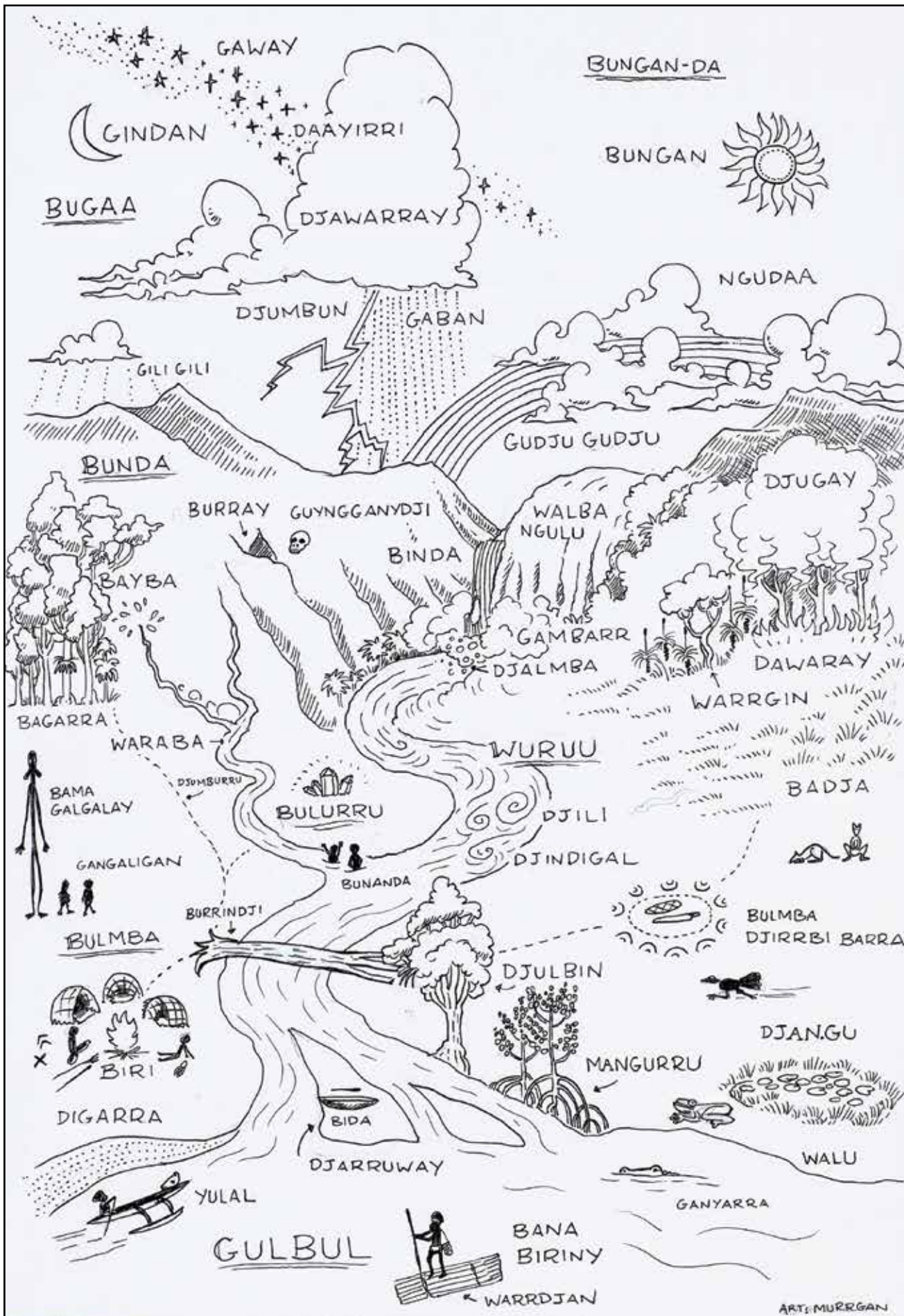
*Buwal bugar Ngirrma bulmba-barra.  
 Speak the language belonging to this place.  
 Djabugay ngirrma Windjirri bugaa.*

**LANGUAGE CLASSES**  
**Wednesday evenings 6-8pm**  
**Djabugay Aboriginal Corporation**

Nyuwarri Estate (old Ngoombi farm),  
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**ALL WELCOME**

Learn about this endangered language with its storylore going back into the last ice age, with Michael Quinn and Bada Djaygul, Dennis Hunter



I am grateful to my son Morgyn (*Murgan*, Blue Quondong) for creating this drawing to accompany this month's Ngirrma Word Search, reproduced here with the approval of Djabugay Aboriginal Corporation with the wish to encourage the community to learn more Djabugay language.

This month the focus of our Ngirrma Word Search is on bulngan, earth, gulbul, sea and djin.gal the sky. Coexistent with this bulmba is the world of the wawubarra, spirits of the bush.

**Michael (Bina) Quinn**

Since April 2018, the Kuranda Media Association has published a Ngirrma Word Search in each edition of *The Kuranda Paper* to encourage and foster local language learning and use.

All past Ngirrma Word Searches are now available online in our 'Past Editions' section at [www.kurandapaper.com](http://www.kurandapaper.com)

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## Community Spirit

As the Kindy year progresses, we have been feeling grateful for our local supportive community. While we appreciate the time, resources and knowledge generously shared with us, we also value the children's sense of connection to their community that comes with it.

The Djama Group visited Din Din (Barron Falls) in July, accompanied by Dennis and Russell from the Djabugay Aboriginal Corporations. We listened to the story of Buda-dji, learned about local bush tucker and also what is not safe to eat. We then took in the beauty of Din Din from the lookout. Thank you to TRACQS for transporting us on the bus and to Dennis and Russell for sharing your knowledge.



Dennis and Russell Speaking to Children at Din Din.  
Photo: Nadine Wache

Dennis, Gavin and Lillian from the Djabugay Aboriginal Corporations visited the Bundarra children and taught them about Aboriginal culture and practices. Jax from Kuranda Conservation Nursery joined the Bulmba Rangers and helped to plant native fruit trees in the Kindy as a way of healing country – restoring native food for people and wildlife.

In celebration of National Tree Day (1 August) the

children planted some trees at the top of the driveway. Jax returned with more plants and Col from Kuranda Conservation Nursery to help again – thank you for getting your hands (gloves) dirty with us! Thank you also to Mareeba Shire Council for clearing some weeds to make room for the new trees.



Jax (Kuranda Conservation Nursery) with Gavin, Dennis and Lillian (Djabugay Aboriginal Corporations) at Kindy to help plant trees.

We had a special surprise visit from Senior Constable Lee from Kuranda Police Station on one of our Wheelie Wednesdays. He was impressed with the children's bike safety – he luckily didn't have to write any tickets and instead showed off his car and loud sirens. We look forward to his return at end of term with some balance bike licences!

We have also been making our monthly walk across the oval to the library and this month the children were excited



Ms Wasana, Ms Sue, Tala (Vice President), Malcolm (Men's Shed), Brioni (President) with children and new Mud Kitchen.  
Photo: Nadine Wache

to be able to borrow a book to keep at Kindy. Thank to the lovely Kuranda Librarians for your story telling and crafty ideas!

The Kuranda Men's Shed has been just as busy as the children lately, designing and building a new outdoor mud kitchen for the Kindy. The committee happily received the generous gift crafted by local hands and the staff are looking forward to the delicacies that are bound to be produced by children for years to come. A very big thank you to the Men's Shed for the awesome addition to our outdoor play area.

Of course we have also been doing our usual play-based learning activities: marble runs, puzzles, obstacle courses, bicarb soda and vinegar volcanoes and crocodile lagoons in the sandpit, play dough, gardening, painting and clay modelling – just to name a few.

### Enrolments

We are now accepting enrolments for 2022 for 3 and 4 year olds. We offer two groups: Mondays, Tuesdays and alternate Wednesdays or alternate Wednesdays, Thursdays and Fridays, both from 8.20am–2.30pm.

We also have limited vacancies remaining for Term 4, which we are able to offer to children who turned four by 30 June 2021 at a reduced rate (\$80 for the term), thanks to one-off funding by the Department of Education.

Enquire now! Drop in or get in touch on 4093 8087 or [kcca@westnet.com.au](mailto:kcca@westnet.com.au).



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 260 Myola Road, Kuranda QLD 4881  
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## Kuranda District State College

Prep 2022

**Do you have a child or know of a child born between 1st July 2016 and 30th June 2017?**

**Good news! They get to start Prep!**

Kuranda District State College invites parents, carers and prospective Prep students to experience all we have to offer our Prep children and their families.

**Prep Experience Days and Parent Information Sessions**

KDSC invites you and your child to attend the Prep classroom to have fun while exploring age-appropriate pedagogy learning activities. Join us for a snack break afterwards. Day Care and Kindy service providers welcome. All children will be required to bring a hat.

- Djama Group: Tuesday 26th October 2021 9:00am – 11:00am
- Bundarra Group: Thursday 11th November 2021 9:00am – 11:00am

**Community Enrolment Visits**

KDSC staff will be visiting the community to assist families with the enrolment process on the following date. We hope to see you there.

- Mantaka Pony Club:  
Wednesday 27th October 11:30am – 12:30pm

**Kindy Enrolment Days**

Keep your eyes open for information about in-house enrolment opportunities at Kindy with KDSC staff.

Please contact the school office for further details or to collect an enrolment pack.

Phone : (07) 4085 5333 Email: [principal@kurandadistrictsc.eq.edu.au](mailto:principal@kurandadistrictsc.eq.edu.au)  
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 Outside Hours School Care (OSHC): [kurandaOSHC@gmail.com](mailto:kurandaOSHC@gmail.com)





# RANGERS r e p o r t

After a short delay in play due to restrictions in Cairns, the Kuranda Rangers are back into the full swing of training and are playing their last few matches of the 2021 soccer season. The last game will be played at Endeavour Park on 11 September. The under 12s, playing in the junior competitive competition, are currently second on the ladder and are well placed to make the grand final on 11 September. Best of luck team and well done on a fantastic season so far!

## SAVE THE DATE

The end of year presentations and celebration will be held on Sunday 12 September from 2.30–4pm. Each player will receive a participation trophy. The Best and Fairest, Most Improved and the Club Spirit trophies will also be awarded. The bar will be open and afternoon tea will be available. See you there.



## Off-season training

Once the season is complete, skills training will continue on Tuesdays for the Kuranda Rangers players who are participating in the off-season competition in Cairns. This will include our Kuranda women's soccer team who will be participating in the woman's competition for their first time. Good luck ladies!

## Interested in KRFC 2022?

Any parents who are keen to participate in the Club, either as a coach, manager, or as a member of the committee in 2022, please contact Simone 0402 002 164. Your help would be much appreciated.

Below left: Under 10s.  
Below: Under 6, 7 and 9s join forces for a practise match.  
Right: Under 11 and 12 girls training together.  
Photos: Simone Titmarsh



**presentations**

Kuranda Rangers  
Break-up & Presentations  
Sunday 12 September 2021  
2.30–4pm @ the KRC

Afternoon tea,  
cake and icy poles.  
**Bar open**



 Kuranda Rangers Football Club




# KURANDA HORSE & PONY CLUB NEWS

The Kuranda Horse and Pony Club held its annual Gymkhana weekend on 24–25 July.

It was fantastic weather and a wonderful turnout of 40 riders from as far as Innisfail and Ravenshoe, Mareeba, Freshwater, Edmonton, Gordonvale and Babinda. It was so good to see everyone out and doing a great job competing and showing great sportsmanship.

We had Mareeba Shire Council Mayor, Angela Toppin, judge the start of the event—the March Past—with Ricia Ainge, assisting as she has great knowledge of horse judging.

The place-getters were announced with the Kuranda Club presented so well and placing first, Freshwater second and Mareeba third. Well done to all the competitors, everyone looked great. We thank our judges so much for helping out the club.

The weekend was a huge success due to all of our wonderful members pulling together to help run everything from the canteen, to judging events, holding the disco at night, setting up and packing up. In addition, a big shout out to our wonderful caretakers who have the grounds looking fabulous.

Again, we would like to thank these sponsors...

**Trophies:** Farmall Speewah, Kuranda Veterinary Services, Marsh's Butchery, Sundance Vets, Speewah Tavern, Monsoon Monitors, Cairns Hinterland Steiner School, Mareeba Shire Council, NQ Stockfeeds Smithfield, Brumby Bling, and Word Factory Speewah.

**Cash Donations:** Community Training, Wiperman.

**Monster Raffle Prizes:** Kuranda Riverboat, Bunnings Smithfield, Breezer Trike Tours, Kur-Cow, Sundance Vets, Tarot Reading by Rob Hart, Horseland Mackay, NQ Stockfeeds.

The next big event the Club will be involved in is leading the Cairns Festival Parade on 28 August with one of our smaller horse members, Mr Nelson, leading our group pulling his cart. So come on down and cheer us on – it's going to be so exciting.

If you have your own horse and would like to join the Pony Club, contact us for more information by email at kurandahpc@gmail.com or leave a message on our Facebook page.

Till next time, Happy Riding!  
Di Curtis, Club Instructor

Right: Sponsor table



Mayor Angela Toppin with the Kuranda Pony Club winning the March Past.



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# A VIEW FROM THE UNDERSTOREY

by Paul Devine  
FNQ Natural Bushcare

## Hope is strong

If you've never written a letter to a politician, now is the time to start. The next Federal election could be in November this year or latest, May of next year. The most important action that you can take is to write to your local Federal member, the Prime Minister and the Leader of the Opposition, telling them that you will not vote for a representative or a party that does not commit to zero greenhouse gas emissions and no new coal-mines and coal power-stations by 2030. Here is why.

Scientists began to warn us in the late 1970s that we were living beyond our means, pushing the ecological limits of the natural world. They warned that the repercussions of this behaviour would be immense, but advised that fortunately, given we had time, the tool-box of options available to combat this was large.

But the allure of the shiny things was strong and we failed to change our ways. Forty years later the warnings are now deafening. But unfortunately there are now no options left. Just choices. Making the wrong choice is unthinkable. To make it harder, the people to whom we entrusted the tool-box, continue to work against the best outcome for planet and people, in favour of protecting fossil fuel corporations.

On the 9th August the Intergovernmental Panel on Climate Change (IPCC) Working Group 1: The Physical Science Basis, released their report *AR6 Climate Change 2021*. This working group of thousands of scientists from around the world addresses the most up-to-date physical understanding of the climate system and climate change, bringing together advances in climate science and combining multiple lines of evidence from paleoclimate, observations, process understanding and global and regional climate simulations.

The news is not good. The report states that based on our current trajectory, global warming would likely increase to 1.5°C by about 2030, twenty years earlier than expected.

In the words of United Nations secretary-general Antonio Guterres, "The alarm bells are deafening and the evidence is irrefutable. Greenhouse gas emissions from fossil fuel burning and deforestation are choking our planet and putting billions of people at immediate risk".

He said, "This report must sound a death knell for coal and fossil fuels, before they destroy our planet. The viability of our societies depends on leaders from governments, business and civil society uniting behind policies, actions and investments that will limit temperature rise to 1.5 degrees Celsius."

The report is large, detailed and concise. I urge everyone to look at the 42 page Summary document. I have included the URL link at the bottom of this article.

Leslie Hughes, professor of Biology at Macquarie University and councillor at the Climate Council said the



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Natural (non-chemical) regenerative methods used.

Australian Association of Bush Regenerators (AABR)

solutions were clear. "There must be no new oil, coal or gas exploration or infrastructure. We've got to stop subsidising fossil fuels. We've got to electrify everything and then run everything from renewable energy. We've got to change our diets," she said. "We've really got to change most of the ways that we do things. But we know how to do it and there are ample opportunities to do so".

So it comes to this. We no longer have the luxury of a calm, organised transition away from the things that are harming us towards where we need to be. We will need to make big, bold, lifestyle changes around the power we use, how we get around, what we eat, what we consume.

As a direct result of decades of ineffective political leadership, on-going culture wars, bullying, connivance and resistance from fossil fuel corporations, media scare-mongering and influence from powerful vested interests, climate change has been neutralised in Australia by the political parties themselves. From the two main parties comes bipartisan support for doing very little. We need to change this to bipartisan support for doing what will help society. Our political leaders, the ones who have backed us into this corner, will not change willingly. We must now demand that they either lead or stand aside and allow those who will, into the picture.

There are some simple rules for letter-writing to politicians. Include your name and address. Be polite and keep your letter to under one page. Original letters are most effective so use your own words. State the topic clearly, focus on no more than three points and ask for concrete action. Then most importantly finish with a question and state that you expect an answer. An example might be; "Will you and your party commit to zero emissions and no new coal mines or coal burning power stations by 2030".

Let's get cracking.

The IPCC Sixth Assessment Report [www.ipcc.ch/report/ar6/wg1/](http://www.ipcc.ch/report/ar6/wg1/)



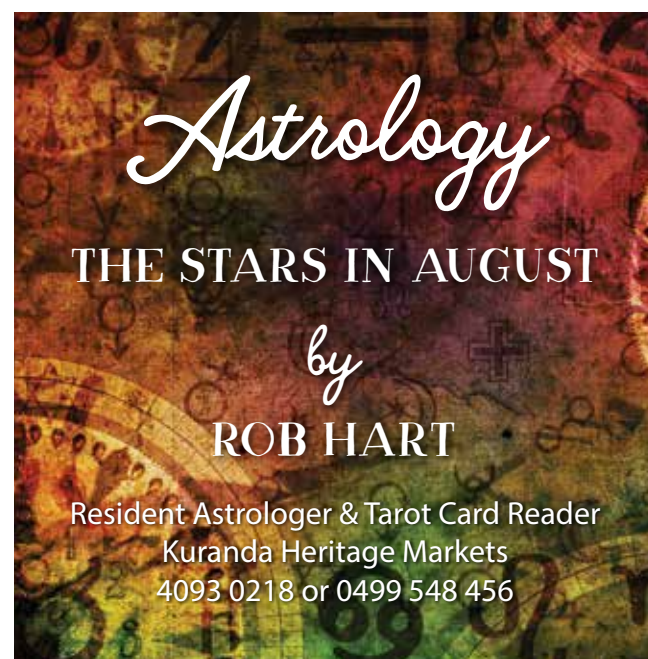
**Jazz Under The Stars** is back. After a non-appearance in 2020 because of COVID, this popular event takes place on the Botanic Gardens back lawn on Saturday 4 September, one of the final events in Cairns Festival. The gate opens at 4.30pm and the concert starts at 6pm, finishing at 9pm. Tickets are \$15 (children 14 years and under free). Book online at [www.trybooking.com/BRNBMQ](http://www.trybooking.com/BRNBMQ); no gate tickets will be available. Bring a picnic, rug or chair, preferably one with short legs, and sit back and enjoy the show. Food and coffee vans will be on site.

**What is a herbarium, and what does it do?** Find out in a talk about *The Australian Tropical Herbarium* to be given by its curator and collection manager Frank Zich to the Friends of the Botanic Gardens on Wednesday 8 September. In his talk Frank, who previously worked in botanic gardens in Indonesia and Australia, explains how his team works on projects and preserved plant specimens to learn about the plant biodiversity and vegetation of Australia and nearby regions.

The event, to be held in the Gardens visitor centre, starts at 6pm with a sausage sizzle.

\$5 for FOBG members. \$10 for visitors.

RSVP to [secretary@botanicfriendscairns.org.au](mailto:secretary@botanicfriendscairns.org.au) (numbers limited to 40)



"And if the dam bursts, thunder in your ear.  
You shout and no one seems to hear."

Well the dam has burst. Some may think that it's many years too soon, but here we are – the double Aquarian moon sequence brings the Aquarian wave, now unstoppable, flowing and pouring its high-vibrational, epoch-changing energy, bursting the dam walls and releasing the last of the toxic Piscean effluent to wash out to the dark side, as the scum rises, pouring all their trillions into weapons of obscene destruction and space-craft to get them the hell out of here as the earth suffocates in their toxic waste: complete with virus, starvation, unbelievably inept and corrupt "leaders" that people follow like sheep and rampant insanity.

Astrology has seen this coming and ironically has pointed to this as a wonderful time of celebration. Really? Well, yes obviously when the Aquarian wave cleanses and reinvigorates us with the certain knowledge that "we are one" and the seeds of the next golden age are sown. It's been some 30,000 years since the last precessional Age of Aquarius and here we go again...

September 2021 will be a time to remember as the shift takes hold! A cleansing, healing Virgo New Moon on 7 September and a final, eliminating Pisces Full Moon on 21 September: 21.9.21 has a nice ring to it – a lot of magic in those numbers.

With Uranus, ruler of Aquarius, in the wings in exact Earth trine to the Virgo new moon. This blows the old patterns and conditioning right out of the water and in flow the magical, sacred frequencies that give you a brand new start in clarity of self-expression and unity. Mars in Virgo strengthens this quite powerfully, especially around the 7 September new moon as it, Mars, makes an Earth trine with Pluto in Capricorn. That has nuclear potential to eliminate and rebirth our patterns and potentials totally and irreversibly.

Scorpio rising ... six planets, Jupiter out to Pluto, are all in retrograde. Time stands still while we re-align and as we move into the last week of September the Sun, Mercury and Mars will be in Libra: vitality, communication and courage all working together towards harmony and balance and with the Libran ruler, Venus, working away with passion and intensity in Scorpio we, can do some really beautiful things if we can work together. Power to your passion!


Another day worth noting is 14 September when the Sun and Neptune complement each other across the Virgo-Pisces line – compassion, devotion, symbolism woven into dreams and action. The ultimate question again arises: "How may I serve for the highest good?" That one always gets an answer from the gods – often in ways that surprise us. Just ask...

And so the month ends with a nice little Sun-Saturn air trine. Sun in Libra and Saturn in Aquarius. I'll quote on this one, "Highly disciplined and able to channel all your energies towards anything you wish to attain with a close relationship between who you are and what you do." Thanks to astrologer Robert Hand for that summary – couldn't do better myself.

If you would value a personal alignment, through your birth chart, with the exciting cosmic patterns of this time just call me.

Blessings





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**TUESDAY**

9am Holy Communion

**ACTIVITIES**

Study Groups

**POSSUM CORNER OP SHOP**

8.30am to 12.30pm  
Monday to Saturday

Enquiries to Chris Wright

Phone: 4093 8735

Email: [wrightc@iig.com.au](mailto:wrightc@iig.com.au)



The Uniting Church in Australia  
Mareeba Community of Faith

Meeting 2nd and last Sunday of the month.  
9am Mareeba Bowls Club, 43 Anzac Ave, Mareeba.  
0403 811 840

Alpha groups starting week of 19 April.  
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*Jesus is the Light of the World*



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Seventh-day  
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Wirramoo Street, Kuranda

Services held every Saturday  
ALL WELCOME

Sabbath School (all ages) 9.30am  
Divine Service 11am

St Saviour's Thought for September

The month's Bible reading is from St John's Gospel Chapter 6 Verses 51-58

Reading this sixth chapter of the Gospel of John is like wading out into deeper and deeper water until one either panics and wades back to the shore, or plunges in and swims out into the depths. Jesus is still involved in this long conversation with people around him. The strange event of the feeding of the five thousand is now well known, and it has triggered many reactions, some angry and distrustful. Jesus is dealing with these reactions.

Above all, he is trying to use the symbol of bread as a means of talking about the relationship between humanity and God. Many of those around him either cannot or will not understand. "The bread which I shall give for the life of the world is my flesh." Suddenly and chillingly a new note is injected into the conversation. Up to now it has been about bread as the image of God's grace.

We are hungry. God supplies spiritual bread for us if we seek it from God. That is what everyone has been hearing, at least those who have been prepared to listen. But now Jesus names the cost of that spiritual bread.

The cost is his own life. As we know, Jesus is referring to the actual physical threat to himself. But another truth is being communicated to us.

"Unless you eat ... and drink" says Jesus. Jesus is also telling us a fundamental truth about religious life. He is saying that we must fully internalise our religion before it can become grace to us. In other words, we must take Jesus, his words, his life, his pattern of response, into our own lives. One must blend with the other.

Many of us may know the old Hymn "Bread on me breath of God", there in the heart of the hymn is a line that prays. "Until with thee I have one will to do and to endure." That is what it means to internalise the spirit of Our Lord. We take his spirit into our spirits. As Jesus spoke to the people around him, he used an image familiar to them from their history.

Jesus spoke of manna, a kind of bread which centuries before had appeared to their ancestors each dawn in the wilderness. The image familiar to us as Christians is that of the Eucharist. We act it out in a visible and tangible way when we come forward and reach up our hands for the broken bread of his body and the poured wine of his blood. As we do these outward actions, we also stretch out our spirits toward the spirit of Our Lord, and silently and simply ask Our Lord to come into us and live with us as we live out our daily lives.

If we invite him, he accepts our invitation. Our Lord may be the source of our grace, but the cost for him has been great.



THE Kuranda Paper  
est. 1991

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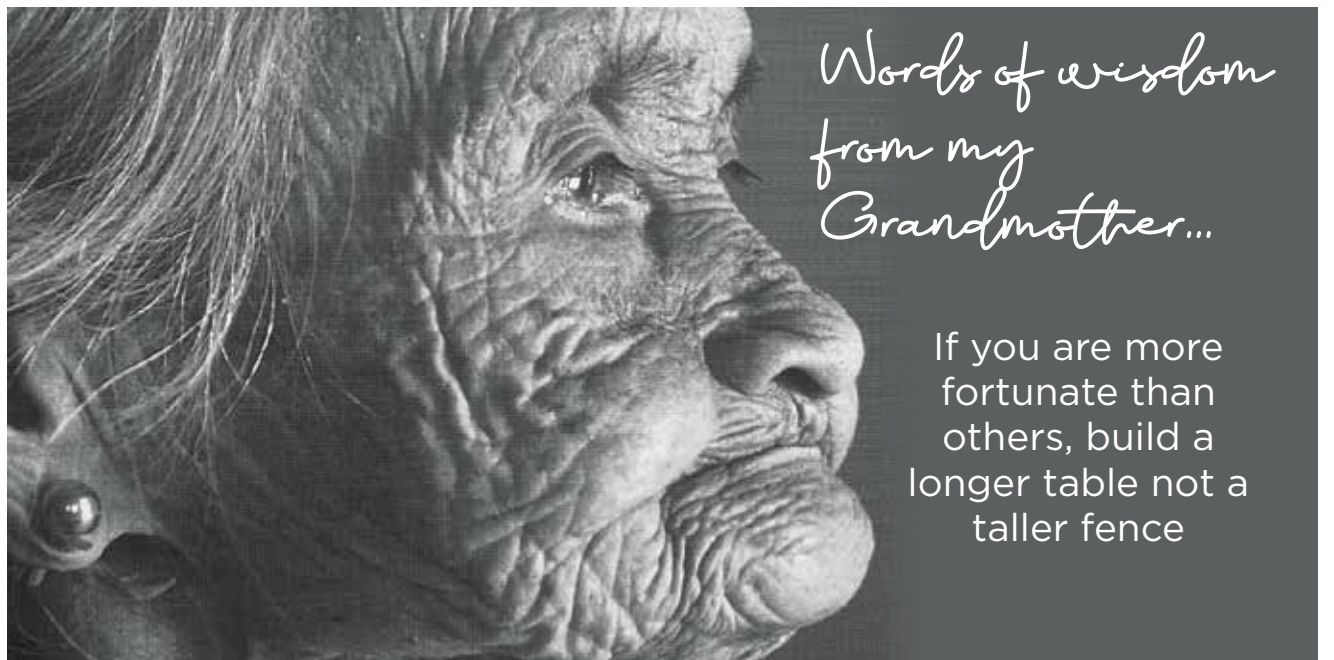
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*Words of wisdom from my Grandmother...*

If you are more fortunate than others, build a longer table not a taller fence

THOUGHT OF THE MONTH FROM THE BAHAI FAITH

2021 – Commemorating 100th anniversary of Abdu'l-Baha's passing

"The prime requisites for them that take counsel together are purity of motive, radiance of spirit, detachment from all else save God, attraction to His Divine Fragrances, humility and lowliness amongst His loved ones, patience and long-suffering in difficulties and servitude to His exalted Threshold...

The members thereof must take counsel together in such wise that no occasion for ill-feeling or discord may arise. This can be attained when every member expresseth with absolute freedom his own opinion and setteth forth his argument. Should anyone oppose, he must on no account feel hurt for not until matters are fully discussed can the right way be revealed. The shining spark of truth cometh forth only after the clash of differing opinions. If after discussion, a decision be carried unanimously well and good; but if, the Lord forbid,

differences of opinion should arise, a majority of voices must prevail.

The first condition is absolute love and harmony amongst the members of the assembly. They must be wholly free from estrangement and must manifest in themselves the Unity of God, for they are the waves of one sea, the drops of one river, the stars of one heaven, the rays of one sun, the trees of one orchard, the flowers of one garden. (Abdu'l-Baha)

**Meditations/Reflections, Morning Prayers and Study Circles** and other face to face Baha'i meetings.

Our weekly prayers are at 8am every Thursday morning in lower Therwine Street Kuranda followed by coffee.

Study circles are now happening in Kuranda, open to all interested, no cost.

Other functions are occurring in Kuranda. Functions in Mareeba, as well as elsewhere on the Tablelands, are open for all those interested.

All enquiries welcome.

0419 632 286 | 4093 9571 | [bahai.org.au](http://bahai.org.au)

The Baha'i Community of Mareeba/Kuranda



## Why Save Seeds? – a Global perspective with Local Significance

For thousands of generations, our ancestors grew food and medicinal plants, and other beneficial plants, then saved the seeds, planted in different soils, producing the incredible variety of foods that we enjoy today. These foods have nourished our ancestors for a long time in human history, these are our human heritage, our foods, from our seeds... these stories are shared throughout the world in all the cultures in their varying ways.

Our ancestors knew that to survive and thrive they needed a reliable supply of diverse nutritional food plants available throughout the year, in abundance, for all occasions, for all the people and all the animals they also relied on. They built abundance and resilience into their food supplies through the seasons by planting ahead in the areas they inhabited in the coming seasons, for their daily needs, for celebratory feasts and ceremonies, and for the times to come. Foods, seeds, cuttings and corms were shared between families and tribes, ensuring strong cultural ties and extended foundational food systems for future sharing, abundance and resilience. The food growing skills and knowledge about the food and medicinal plants and herbs, how they worked in with the seasons, and other aspects of living, were passed on through the generations as essential cultural survival foundations.

Jude and Michel Fanton, the founders of the Seedsavers Network around 30 years ago, observed in their travels that many traditional food-growers were being enticed by the colourful advertising from seed and chemical companies to purchase commercial seeds and the chemicals that go with them, with the promise to 'improve yield'.

Many left their traditional time-proven intercropping methods to plant to the recommendations of the chemical/seed corporations, moving to monocultures and the 'pushing' of plants to grow bigger faster to fit in with the market demands being created. Seeds from many local seedbanks

around the world have been plundered, genetically altered and patented, and now need to be re-purchased each year, as they do not replicate as true seeds, along with the expensive chemicals designed to go with the altered seeds and methods.

This has led to millions of farmers around the world being in debt to these corporations, often intergenerationally, and to their soils and water systems being depleted and sometimes abandoned due to the destruction of the microbiology in the soil from these 'new methods'. With over 85 per cent of the world's commercial seeds being controlled by just a few corporations, this has put the world's food system in a very vulnerable state.

Many of the world's food crops are being 'homogenised' (to blend diverse elements) into a mixture that is the same throughout). For example, the majority of rice now traded is from just four main varieties. In the 1970s there were over 100,000 varieties of rice in India alone! And it is a similar story with corn varieties and many other crops.

At this time, for the past nine/ten months, many thousands, millions in total, have been protesting around the country in India due to government attempts to dictate farming methods, crop choices and pricing, attempting to remove growers' rights of autonomy on their own lands and self-determination. These protests continue each day, with families supporting with food and water and shelter, a massive democratic movement, and it is astounding the lack of coverage the world's media is giving to this impassioned, dedicated action by so many people of the land. The farmers exercising their rights of expression have been labelled 'anti-national' 'terrorists', been arrested and tear-gassed, shot with water-cannons and even killed—and yet the protest continues due to the impact these attempted dictates would have on their livelihoods, their families, their land, waters and food. Farmers say they are feeding the country while the country's officials feed them with lies...they also say they are 'stronger than the injustice'...there are many other struggles happening with farming communities around the world.

How does this relate to our local community, our local food-growing, our food purchases and our local seedsaving? Local communities building resilience in their food systems, accessing local food where possible, from people who are caring for their land, soils, water, and the health of humans, animals, pollinators, natural biodiversity and microbiology is what we can do to ensure our part in supporting our local farmers and food-growers and the environment we live in. Many seeds and seedlings available for purchase through most commercial venues are hybridised and genetically modified, as is much of the food in 'supermarkets', and in Australia there is no requirement to label GMO foods. Some producers ensure to let you know they do not contain GMOs, and can be chosen and supported to continue their stance to provide you with true food.

There is a local group called SprayfreeFNQ which is educating and engaging local people to have a say on what is sprayed around children's parks and schools and our waterways and wildlife habitats, so readers who are interested can be in touch there. A chemical-free environment assists our innate immune-system to heal to its natural capacity without reacting/responding to the additional effects ('side-effects') of toxic residues.

Also, engaging with your local seedsavers group, and connecting with the people growing food from those organically-grown, locally-grown/localised, non-hybrid/non-GMO seeds is a great way to step toward a resilient food system...every little and large decision counts, and this is the world we are co-creating on behalf of our younger generation and those yet to come.

There are seedsavers and gardeners gathering to co-create gardens with people on their land, if anyone would like some assistance with that.

**To connect with local and regional seedsavers groups please email [seedsavers@kurandaregion.org](mailto:seedsavers@kurandaregion.org)**

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8am till noon

- Live Music
- Koah Hall fundraiser Breakkie BBQ

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Contact Nicky 0488 961 660  
or via Koah Monthly Markets  
Facebook page

## COMMUNITY MARKETS



## Speewah Markets EVERY THIRD SUNDAY OF THE MONTH

Join us every third Sunday of the month

7am – 12noon  
Speewah Tavern Carpark

ALL WELCOME

For more information contact  
Suzy 4093 0449

## GRATIS CLASSIFIEDS\*

**Amphitheatre Sausage Sizzle & Cake Stall** (outside Foodworks) – Saturday 4 September 7.30am–1pm. Fundraiser for our 40th birthday. Raffles too!

**Art Classes.** Drawing and painting classes with David Stacey in Kuranda. Classes three hours one night a week for six weeks. Contact David on 0428 595 516 or email Davidhstacey@outlook.com

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**Yoga at Top Of The Range,** Wed 7.30am, 13 Bangalow Place, please call Melissa 0404 862 533 to book.

### \* 30 WORDS MAXIMUM

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# YOUR COMMUNITY PAGES



## WILDLIFE

**Wildlife Rescue** 4053 4467 (24 hours) – recommended first to contact.

**Batreach** 4093 8858

**Cassowary sightings** Jax Bergersen 4093 8834

**Kuranda Vets** 4093 7283

### SNAKE REMOVAL

Jax Bergersen (non-venomous only) 4093 8834

Miss Hiss Reptiles (all reptiles) 0447 888 872

## DEFIBRILLATORS



Defibrillator locations in Kuranda region.

**Kuranda Men's Shed** end of Kuranda Heights Road

**Kuranda Pharmacy** cnr Coondoo and Thongon Sts

**Kuranda Medical Centre** cnr Thongon and Barang Sts

**Kuranda Ambulance Station**, Fallon Road

**Kuranda Swimming Pool**, Myola Road

**Steiner School**, Boyles Road

**Kuranda SES** on board vehicle

**Envirocare Nursery** 284 Myola Road

## WATER AND SEPTIC

### Water Delivery:

**Grego's Raw Materials** 0419 705 005

**Kuranda Fish Farm** 4093 0147

### Septic Tank Emptying:

**Paul Jennings** 0417 632 688

## LAUNDROMAT

**BP Service Station complex**

Open 24/7

## FNQ Wildlife Rescue Assoc. Inc.

(Established 1994)



**Caring for the region's native wildlife.**

**Wildlife carers are all volunteers.**

**Tax deductible donations appreciated.**

**New members welcome.**

**Tel: 07 4053 4467 (24 hrs)**

**Email: fnqwr@bigpond.com**



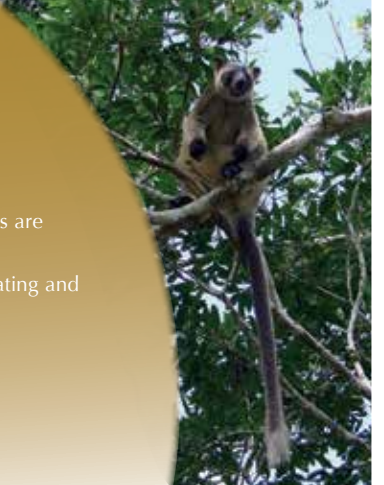
## Tree Roo Rescue and Conservation Centre Ltd

We are a non-profit organisation that rescues and rehabilitates, orphaned, injured or displaced tree kangaroos.

Unfortunately an increasing number of Lumbholtz tree kangaroos are being killed by dogs and hit by cars each year.

Please donate to us and the money will go directly towards treating and caring for these beautiful animals.

If you find an injured tree kangaroo please ring us on 0427 790 694



Donate now and help us care for tree roos today

[www.treeroorecue.org.au](http://www.treeroorecue.org.au)

Visit us on



## RECYCLE

**Kuranda Transfer Station** 2186 Kennedy Hwy, Koah  
**MSC Recycle Station** – Arara Street

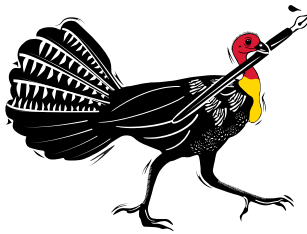
**RECYCLE** Donate your aluminium cans to **COUCH** (Committee for Oncology Unit at Cairns Hospital).  
Recycle bin located at the Kuranda Recreation Centre, Fallon Road.



## ROAD REPORTS

**Council EMERGENCY number for local roads** 1300 308 461

**Kuranda Range/Kennedy Highway Report an Incident** 13 19 40 (24/7)



Queensland Justices of the Peace (JPs) volunteer to serve the public by signing documents that need a qualified witness.

## JUSTICES OF THE PEACE

**Robin Anscomb** – 0409 046 932 (Operates 24/7)

**Karen McLaren** – 4093 8780 Please phone for an appointment

## Join your local SES

Training every week

Tuesdays 7.30pm

Contact John for more details

**0407 144 213**



## HELPFUL FACEBOOK GROUPS

**KURANDA RANGE UPDATES** (26,000 + members)

On the spot traffic reports, in real time, for the Kuranda Range Road.

**KURANDA NOTICE BOARD GROUP** (8,900 + members)

Information sharing, discussion, advertising. Open group.

**ALL THINGS KURANDA** (1,800 + members)

Discussion group for Kuranda district residents only. Some restrictions on sale of items.

**SPEEWAH AND SURROUNDS RESIDENTS GROUP** (2,000 + members)

Information sharing and support. Helpful for real time info on weather, power outages, community events etc. Some restrictions on listing items for sale (check group rules)

**KOAH COMMUNITY** (1,600 + members)

A group for Koah Community to advise, ask questions, barter, lost/found animals, hazards etc in Koah area.

**KURANDA BUSINESS COOPERATION** (393 + members)

Business marketing for Kuranda businesses.

## HELP GROUPS



**Kids Helpline**  
**1800 55 1800**

[kidshelpline.com.au](http://kidshelpline.com.au)

Kids Helpline is Australia's only free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.



**Need help with a drinking problem?**

**1300 222 222**

[www.aa.org.au](http://www.aa.org.au)

**Al-Anon Family Groups**  
Help and hope for families and friends of alcoholics

If someone in your family has a drinking problem, you can see what it is doing to them, but can you see what it is doing to you?

**Al-Anon can help you!**

Meetings in Kuranda, Smithfield and Cairns.  
Contact **Kate 4093 9668** or **1300 ALANON**

## RAINFALL

August 2021

38.8mm (to 23 August 2021)

Annual total to

23 August: 1862.6mm

Courtesy of Kuranda Railway Station



## Community Services

**SOME RESTRICTIONS APPLY**

### KURANDA LIBRARY and COUNCIL OFFICE

#### OPENING HOURS

Monday to Friday: 10am–5pm

Saturday: not open

(No Council business on Saturday or after 4.30pm weekdays)

Kuranda Community Precinct

18-22 Arara Street, Kuranda

4093 9185

kurandal@msc.qld.gov.au

msc.qld.gov.au/libraries

### KURANDA TRANSFER STATION

#### OPERATING HOURS

Tuesdays, Thursdays, Saturdays & Sundays: 8am–5pm

2186 Kennedy Highway, Koah

0418 282 542

msc.qld.gov.au/water-and-waste

65 Rankin Street, Mareeba

PO Box 154, Mareeba Qld 4880

1300 308 461 • info@msc.qld.gov.au

msc.qld.gov.au

### EMERGENCY MANAGEMENT DASHBOARD

Mareeba Shire Council's online Emergency Management Dashboard provides real time emergency information. The Dashboard provides live emergency news, information about road closures, power outages and river heights, weather warnings and fire feeds, emergency contact phone numbers and social media links. Notifications can also be viewed via an interactive map. Mareeba Shire residents can register for the Early Warning Network to receive email and SMS alerts for potential emergencies and severe natural disasters and weather events.

The Dashboard is accessible on Council's website [www.emergency.msc.qld.gov.au](http://www.emergency.msc.qld.gov.au)

## Trans North Bus & Coach

Atherton Tablelands to Cairns					
Route 850	Monday to Friday			Saturday, Sunday and Pub Holidays	
Departs Atherton	6.00am	9.15am	1.00pm	8.00am	1.30pm
Departs Mareeba	6.30am	9.45am	1.30pm	8.30am	2.00pm
Departs Speewah	6.50am	10.05am	1.50pm	8.50am	2.20pm
Departs Kuranda	*7.15am	10.25am	2.10pm	9.10am	2.40pm
Departs rainforest	-	10.30am	2.15pm	-	2.45pm
Arrives Cairns	8.50am	11.15am	3.00pm	10.00am	3.30pm

Cairns to Atherton Tablelands					
Route 850	Monday to Friday			Saturday, Sunday and Pub Holidays	
Departs Cairns	7.00am	9.25am	3.30pm	10.30am	4.00pm
Departs Smithfield	7.20am	9.45am	3.50pm	10.50am	4.20pm
Departs Kuranda	7.40am	10.05am	4.10pm	11.10am	4.40pm
Departs Speewah	8.00am	10.25am	4.30pm	11.20am	5.00pm
Departs Mareeba	8.20am	10.45am	4.50pm	11.40am	5.20pm
Arrives Atherton	8.50am	11.15am	5.20pm	12.10am	5.50pm

Trans North services are "Hail & Ride". Please hail the driver anywhere enroute where it is safe for the bus to pull over. For a small surcharge passengers travelling to Cairns may also be set down at:

Cairns Airport (\$5), Cairns Hospitals (\$3), Greyhound Terminal (\$3),

Please advise the driver of required destination when boarding the bus and also note that Trans North services do not pick up from any of the above.

#### Bus stops are located at:

Cairns – Platform 1, Cairns Central Railway Station, Cairns  
 Cairns T.A.F.E – Newton Street (7.15am & 3.00pm Services from and to Kuranda)  
 Smithfield – Bus shelter near the traffic lights on Kennedy Highway at bottom of the Kuranda Range  
 Kuranda – 15 Therwine Street – opposite Visitor Information Centre  
 Speewah – Speewah Road bus shelter in front of tavern  
 Mareeba – Arnold Park, 171-179 Walsh Street (next door to Police Station)  
 Atherton – 54 Main Street

#### Ticket Sales:

Purchase tickets from the driver as you board the bus or from Piagnos News at

142 Byrnes Street Mareeba. Phone 3036 2070 (office hours)

Email: atherton@transnorthbus.com.au www.transnorthbus.com.au

### Emergency Contacts



Emergency – Police, Fire, Ambulance	<b>000</b>
Flood and Storm Emergency Assistance (SES)	<b>132 500</b>
Ergon Energy – Report Dangerous Electrical Emergencies	<b>131 670</b>
Mareeba Shire Council	<b>1300 308 461</b>
Poisons Information	<b>131 126</b>
13HEALTH – Health and Hospital Information	<b>134 325</b>

### RURAL FIRE BRIGADE WARDENS



First Officer Kuranda	Baz Child 0437 746 601
First Officer Speewah	Mick Dub 0428 820 631
Warden Kuranda/Myola	Duncan Blakey 0408 151 199
Warden Speewah	John Thomson 0488 988 481
Davies Creek	4093 3181
Koah	4093 7738
Speewah	0488 988 481

### Permits required for ALL fires

## FIREFIGHTERS NEEDED

**Kuranda Station**

Your local Queensland Emergency Services Fire station is looking for Auxiliary Firefighters

If you are interested contact your local station:

**Kuranda Fire & Rescue Station**

Please visit: <https://www.qfes.qld.gov.au/employment/jobs/auxiliary-firefighter.html>

**Are you driven to lend a hand in times of crisis?**

## Trans North Bus & Coach

### Cairns – Kuranda - Cairns

Route 851	Monday to Friday
Departs Cairns	*3.00pm
Departs Smithfield	3.30pm
Arrives Kuranda	3.50pm
Departs Kuranda	4.00pm
Departs Rainforest	4.05pm
Arrives Cairns	4.45pm

\*These services travel via Caravonica, Trinity Bay High and TAFE school days only  
 Current as at 6 November 2020

### TRANSPORT

Rideshare 1300 743 374  
 John's Kuranda Bus 0418 772 953  
 Trans North 3036 2070

## JOHN'S KURANDA BUS *The local bus!*

Please note this service is currently not operating.

**For more information or other routes contact  
 John 0418 772 953**

**Somatic Healing commences at the KRC**  
*Music and Movement as medicine*

"Space for Sound, Acoustic Sound Healing & Dance Journey" (Somatic Healing) with Braiden is a once a month community gathering, an invitation to explore the supportive and therapeutic music of didgeridoo, guitar, vocals, flute, singing bowl, and other instruments.

Explore movement in this 'held' space, from laying on the timber floor, to dancing and stretching your legs, stamping your feet with the rhythmic trance, all the way back to the floor again.

Join us on the first Monday of the month and make it part of your practice for wholeness and wellbeing.



Community garden sign at Holloways Beach. Photo: David Clode

**Community Garden for Kuranda at the KRC!**

We are looking for expressions of interest from Kuranda residents who want to help in the establishment of a community garden at the KRC. We are looking for assistance with ideas for the set up and implementation of the garden. Any advice is much appreciated. Please contact Janet on 0405 092 957 for more information.

**WHAT'S ON**

**EIGHT BALL** – Tuesday Team Comp  
kuranda8ball@gmail.com

**KURANDA RANGERS** – Training  
Thursday 4.30-5.30pm (Mar-Oct)  
Simone 0402 003 164

**PILATES** – Monday 9.30am, Tuesday 5.45pm, Wednesday 9.30am, Thursday 9am, Saturday 8.15am  
Jaide 0488 229 700 and Davini 0414 994 123

**SPACE FOR SOUND, ACOUSTIC SOUND HEALING & DANCE JOURNEY (Somatic Healing)** – First Monday of the month 7.30-9.30pm  
Braiden

**TAI CHI** – Monday 6pm Les 4093 8276

**WING CHUN KUNG FU** –  
Wednesday 7.30pm Grant 0414 966 823

**YOGA IN THE RAINFOREST** –  
Sunday 10.30am. Aileen 0419 726 955

**YOGA WITH TINA** –  
Wednesday 6.15-7.15pm  
Tina

**YOGA & QIGONG** –  
Friday 5.30-6.30pm  
Liza 0413 178 489

**Venue for Hire**

Licensed venue and commercial kitchen available for functions, seminars and activities. Janet 0405 092 957

Proud to be the home of:



**What's On at Koah Hall**

**EVERY MONDAY & WEDNESDAY**  
PILATES with Jaide 6-7pm  
0488 229 700.

**EVERY TUESDAY**  
Bubs and Mums Play Day 11am-1pm  
Tui Newman 0472 987 859

**EVERY TUESDAY**  
SOULATINA – Latin Dance Classes – 5.30pm Salsa, 6.30pm Bachata.  
Contact Andreza 0423 556 129  
Book at [www.trybooking.com/BSAOZ](http://www.trybooking.com/BSAOZ)

**WEDNESDAY 8 & 15 September**  
Feldenkrais Classes 9.30-10.30am with Justine Schlicht 0408 735 309

**EVERY THURSDAY**  
YOGA evening classes with Tanya 6.30-7.45pm

**THURSDAY 16 September**  
Mankind Project MEN'S GROUP 7pm.  
Open to all men.  
Contact Simon 0459 755 553

**SATURDAY 18 September**  
Dance Your Soul, Dance Freedom with Davini 0414 994 123

**HIRE FEES**  
• 1-2hrs \$10 • Half day \$30 • Full day \$60  
• Full day and evening (24 hour block) \$110  
• \$200 refundable bond for one-off events (if space is left as you found it)

[www.koahhall.com](http://www.koahhall.com)

 [koah.hall@gmail.com](mailto:koah.hall@gmail.com)

 Koah Hall

**KOAH MONTHLY MARKETS SEPTEMBER**

**8am till Midday Saturday 4 September**

Community Market bringing you all the goods – produce, honey, plants craft, treats, treasures and more!

• Fresh coffee and delish Koah Hall Fundraiser BBQ.

• Playing LIVE – Honey Tree

• New stall holders and market musicians welcome to apply.

SMS/Voicemail Nicky 0488 961 660 or direct message via Koah Monthly Markets Facebook page.

**DREAM BIG! CIRCUS CLASSES**

Dream BIG! Little Cyclone Circus and Circus Love! Various classes and trainers. Contact Sophie 0409 333 404. Info on [www.dreamstatecircus.com](http://www.dreamstatecircus.com) workshops page. BOOKINGS ESSENTIAL.

**Mondays** – Adult Circus LOVE! 10.30am-1pm  
Little Cyclone Circus Class 3.45pm Age 6 months to 5 years.  
Circus STARS: 4.45-5.45pm Age 8 to 18 years.

**Tuesdays** – Circus 2: 3.45-5pm Age 7 to 10.

**Wednesdays** – Aerial – Cairns Festival Show Preparation 4.15-5.45pm Age 8 to Adult.



**COMMUNITY CALENDAR**

Contributors please advise of any changes via email [mail@kurandapaper.com](mailto:mail@kurandapaper.com)

For events at the Kuranda Recreation Centre or the Koah Hall please see details in their columns above.

**EVERY MONDAY**

**Al-Anon** Family Groups 11am-12pm hall under St Saviour's Church. Kate 4093 9668 or 1300ALANON

**Yoga in the Rainforest** with Aileen 8.15am (for 8.30 start) Kuranda QCWA Hall. Aileen 4093 7401

**Yoga with Katelyn** CWA Hall 5:30-6:30pm 0428 865 636

**EVERY SECOND MONDAY**

**Financial Counselling** (from UCC) Kuranda Neighbourhood Centre by appointment 4093 8933

**EVERY TUESDAY**

**Tae Kwon Do & Self Defence** 6.30-8pm Kuranda QCWA Hall. Jeff 0437 438 196

**SECOND TUESDAY**

**Kuranda SES Training** 7.30pm sharp at Fallon Road. John Baskerville 4093 7246/0427 037 054

**Emergency Relief Help** from Mareeba Community Support Centre at Kuranda Neighbourhood Centre by appointment 4093 8933

**EVERY WEDNESDAY**

**Social Tennis** 5pm Wednesdays and Sundays at the Kuranda Recreation Centre. Gidi 0448 480 200

**Mah Jong** 1pm Kuranda Neighbourhood Centre

**Men's Shed** Kuranda 8.30am-11.30am. Daryl 4093 9421 or Richard 4093 0457

**THIRD WEDNESDAY**

**Craft and Social** Morning 9am Kuranda QCWA Hall. Carol 4093 7187 or Sandra 0447 737 415

**EVERY THURSDAY**

**Tae Kwon Do & Self Defence** 6.30-8pm Kuranda QCWA Hall. Jeff 0437 438 196

**Group Fitness Class** 5.30-6.30pm Kuranda Community Precinct

**Kuranda Dance: Tribal Bellydance with Lisa.** 6-7pm Kuranda Amphitheatre. 0409 367 967

**Domestic Violence Help** Kuranda Neighbourhood Centre by appointment 4093 8933

**Kuranda Rangers soccer training** 4.30-5.30pm. Simone 0402 003 164

**EVERY FRIDAY**

**Kuranda Story Time** 10.30am, Kuranda Library. Every Friday, during school term.

**EVERY SATURDAY**

**Tree Planting** Kuranda Envirocare 0419 624 940 for details or check website [www.envirocare.org.au](http://www.envirocare.org.au)

**Men's Shed** Kuranda 2-5pm. Call Daryl 4093 9421 or Richard 4093 0457

**THIRD SATURDAY**

**Meditation with Horses** 10am Koah. Kaya 0429 756 701

**EVERY SUNDAY**

**Social Tennis** 5pm Wednesdays and Sundays at the Kuranda Recreation Centre. Gidi 0448 480 200

**AA Group** Kuranda QCWA Hall 9.30am 1300 222 222

**She-Shed Kuranda** 2-5pm. Cathy 0419 624 940 or Peta 0405 944 515

**THIRD SUNDAY**

**Speewah Markets** 7am-12noon. Speewah Tavern carpark. Suzy 4093 0449