

POSTAGE
PAID
KURANDA
AUSTRALIA

THE KURANDA PAPER

May 2020

Issue 320

FREE INDEPENDENT MONTHLY COMMUNITY NEWSPAPER SINCE 1991

GREETINGS FROM KURANDA

Glad you are here!

There have been a lot of challenges over almost 29 years of putting a community newspaper together. We have been defeated once by a cyclone and delayed once by a complete technical implosion. However, nothing prepared us for the great yawning gap of uncertainty the coronavirus (COVID-19) challenge has presented. Perhaps our journey from stunned mullets to salmon swimming resolutely upstream might be familiar to those going through a similar crisis of confidence, and existential rebooting of what we thought was our everyday life.

Our fuel to keep going is that so many people had faith ... sending in articles, booking advertisements and keeping us updated with the changes they were facing and negotiating. Their faith grew our faith. We could do it. We did do it. We will do it.

Look through these pages and don't think "that can't happen". Instead think "how can we make it happen". The vitally important social distancing we must keep for now, and perhaps to a degree for months, doesn't mean you can't get that yard tamed, that tree lopped, that extension built, a garden started, and maybe discover the delights of raising chickens.

Consider commissioning a special piece of art or getting that long planned upholstery job done. We have a wealth of skills and talent and experience here among us ... call your local tradie, artist, shop, cafe. It's more than likely that they can make things happen for you.

This tumbled up time doesn't mean you have to do this alone—there are people with the time, the heart and the means to help. Maybe that means getting some shopping picked up or mail checked, or a conversation with someone other than yourself or the dog. Reach out if you need.

Within these pages we have sought to capture an essence of the goodwill, cooperation, ingenuity and hope many continue to feel and share. But ... there are other stories less heard of people without the good fortune to have support structures and savings to get them through. Businesses under pressure. People doing it very hard and therefore at risk. Please, if you are lucky enough to be in a good position to help those less fortunate, there has never been a more important time to do so. Help where you can, whenever and wherever you can. Support all our local businesses and community groups. And continue to be vigilant in social distancing and personal hygiene – it benefits and protects us all.

Over the months ahead, at times some of us are going to be afraid of how vulnerable we feel, and then proud of how strong we are. We are going to learn a lot about ourselves and others. To make it work we are going to have to re-learn what it is to be 'community', sharing knowledge and resources. But we can survive and rebuild, and with renewed community spirit despite this unprecedented challenge, or maybe even because of it.

Love thy neighbour, be there for your community, believe in a bright future for us all. We can do it.

Thank you for your continued support. *The Kuranda Paper.*

Clockwise: "Greetings from Kuranda" postcard by Nettie O Design, Melissa Lovejoy from Oak Forest enjoying a swing that her husband made during isolation, Leo and Jack Dunne built a mountain bike track in their backyard, Minna Hillmann found a small quartz crystal from a creek during one of her nature walks.



UNCERTAIN TIMES

To say that at the moment the "times they are a'changing" would be an understatement. As we go to print we are aware that the Queensland State government is intending to bring about some small easing of restrictions on local travel, social gatherings, non-essential shopping, sporting activities and access to some national parks. These come into effect from midnight 1 May.

While these changes will make small but significant steps towards helping with the pressures of social isolation, and for some businesses an opportunity to try to get back to business even in a limited way, it needs to be stressed that the need to keep practicing personal hygiene, social distancing and most importantly monitoring of personal health (if you feel in the least bit unwell please contact your doctor) has not become less vital.

If you have any queries in regards to services, opening times, delivery options or community support we recommend you contact the advertiser or organisation directly to obtain current information

NOTE: For the life of this edition, we cannot be sure of any further changes that might occur, so please bear that in mind while reading. Kuranda Paper.

07 4093 8942
 mail@kurandapaper.com
 Shop 2, The Red House Arcade,
 24 Coondoo Street, Kuranda
 PO Box 66, Kuranda Q 4881
 kurandapaper.com
 The Kuranda Paper

Printed by North Queensland Newspapers, Townsville

Circulation: 3,600 Cost: FREE

Please direct all contributions and advertising via email to mail@kurandapaper.com

Conditions apply. All articles submitted will be printed at the discretion of the Management Committee and Production Team and may be subject to editorial changes.

The Management Committee of The Kuranda Media Association Inc. (KMA) does not accept responsibility for financial, health or other claims published in *The Kuranda Paper*. Factual errors in material submitted are the responsibility of the contributor. All submissions received, including photographs, are deemed to be authorised for publication by the contributor.

The Kuranda Media Association Inc. is a not-for-profit voluntary association est.1991. Advertising revenue from *The Kuranda Paper* enables us to provide this community resource, which supports local community groups and projects. Our stated objectives are to provide a means of open communication in order to foster the spirit of community involvement and reflect the aspirations of the residents of the Kuranda area.

Note: Views expressed in *The Kuranda Paper*, including letters, do not necessarily reflect the views held by the KMA Management Committee.

KMA Management Committee 2020
 President: Michelle Murray-Beckman
 Vice President: Nettie O'Connell
 Treasurer: Gayle Hannah

Paper Production this edition:
 Nettie O Design (layout and design),
 Gayle Hannah, Seren Starlight (Arts Page),
 Toni Rogers and Garth Owen (proofreading).
 Thanks to all our volunteers including our paper folders.
 Thanks to all contributors, advertisers and distributors.
 Tech support by Cairns Computer Support, Speewah.

DEADLINES

June Edition 321/2020

All copy and advertisements due by 10am

Thursday 21 May 2020

Paper published

Thursday 28 May 2020

Management is not responsible for any copy missing deadline.



Please keep letters to under 250 words. All letters are subject to editing. Anonymous letters or those of doubtful origin may not be published. Correct name, address and phone numbers are to be submitted with your letter.

THANK YOU

Through *The Kuranda Paper*, I would like to congratulate the successful candidates of the recent Mareeba Shire Council election. As one of the unsuccessful candidates in the election, I would also like to thank all the contenders for their camaraderie and support which made the campaign a great experience.

To those constituents and friends who offered to man polling booths, arranged forums and assisted in many other ways, thank you for your encouragement and support in the many activities that make up a campaign

Finally, I would like to thank the constituents of the shire for the wonderful support they gave me through the ballot boxes over the pre poll period and on Election Day.

Yours Sincerely

Ann Bell, Independent Candidate for Mareeba Shire Council 2020

RAINFOREST TO RUNWAY FASHION UPDATE

Some hopeful news for all my supporters who contributed via GoFundMe last year to allow my Kuranda designed and made natural fibre couture gowns to be showcased this year in Paris.

Oxford Fashion Studios have advised me that Paris Fashion Week in September will go ahead at this stage. It will be reviewed again in July, but at this point, my gowns have been registered and paid for thank you to everyone who helped me.

Whether or not international travel will be possible by then, is up for debate, however, my gowns will be in attendance. Meanwhile, one of my pieces has just arrived back from W.A. after being showcased at the Australian Industrial Hemp Alliance conference. At a time like this, I believe the opportunity for our Australian Hemp Industry to rise is inevitable. I also feel that due to this current global situation, the home cottage industries will experience a resurgence, something I have been waiting for for years! YAY!

Thank you everyone,

Leah Kelly, Kuranda



Didge says
 Wash your hands
 and protect your community.

Cover masthead

Our masthead this month is a photograph by Steven Nowakowski. Morning light through cadaghi trees at Rosebud Farm, Speewah.

TIME TO IMAGINARIUM?

Good Folk of Kuranda

Wouldn't it be a great use of this extra-ordinary time to start imagining what could enhance, augment, embellish and elevate this very special place we choose to live, Kuranda?

- Perhaps there is a corner of the township that you think would benefit from more artwork.
- Or we could have a list of artworks designed and ready to go into identified places when funds are raised.
- Maybe there is a neglected, or worse, boring landscape that could be "joojed" up with a flower bed or tree?
- Have you always "imagined" a piece of infrastructure for the town?
- Perhaps a separate high bridge for pedestrians, cyclists and horse-riders.
- Could we have free electric car chargers in the Possum Corner carpark?

Why not submit your "imagining" to the paper who could hold these ideas and projects in our own IMAGINARIUM ready to roll out in the coming years.

We have opportunity now, as we wander our "after 4pm" streets and imagine what could be!

Many thanks.

Sarah-Jane Hart, Kuranda

FREE ONLINE STORIES FOR CHILDREN

Towards the end of March my husband and I went into self-isolation for two weeks. A few days previous, we were practicing social distancing in the streets of Sydney where 2,700 people had been recently released from the cruise ship Ruby Princess. Many have subsequently tested positive for the virus that has hijacked the world, Covid-19. Although the chances that we had contracted the illness were slight, they did exist. We flew back to FNQ and refused to risk the health of friends and community.

I spent my first day at home with a list in hand and great plans racing around my brain. In some ways, it felt like I had been given the gift of time. Unpack, clean, write, market my books, organise my life and be completely together by nightfall.

What did I do? I unpacked my shoes and read the headlines of four different papers. I threw in a wash and logged onto Facebook. I hung up a shirt and checked SBS and ABC breaking news.

I shuffled toward my goals all day long, following each tiny step with a dive into social media and news of the pandemic oozing through the world.

By the end of the day, I was tired, unfocused and confused, ashamed with my obsession and restless because I want to be able to help someone, somehow. I won't be running errands for my elderly friends or offering to babysit, garden, or cook meals (many will be grateful for that). But if I can't leave home, how can I make myself useful? Oh wait! I'm a professional children's writer, remember?

Writers can offer escape and entertainment – a reprieve from uncertainty and concern. Writers can invite bored, lonely and confused kids into funny, safe and fascinating places. We can introduce them to friends and give them a chance to experience a world outside their own.

My laundry waits, dust settles deeper on my tables, and my list has changed. Starting in late March, I began to post free stories each week on my blog for children, and their parents. The Kuranda Paper has requested I share one here and I am very happy to do so. More stories are available to read over at my blog on my website www.annharth.com.

If your kids enjoy these, please pass the word. If they have any specific characters they'd like to read about, I'm open to suggestions. You can contact me through the website.

We're all in this together – we may as well have some fun.

Ann Harth, Speewah

Kuranda Paper: You can enjoy Ann's story "The Year The Hairdressers Closed" on Page 14, and perhaps read it to someone you love.

Advertisement sizes and rates

[width x height in mm]

A – 262x380 (full page)	\$633
B – 174x380 (dominant)	\$435
C – 129x380 (1/2 page vertical)	\$341
D – 262x188 (1/2 page horiz)	\$341
E – 85x380 (1/3 page vertical)	\$242
F – 129x188 (1/4 page)	\$184
G – 262x124 (large strip)	\$242
H – 262x60 (small strip)	\$134
I – 129x124	\$134
J – 85x188	\$134
K – 85x124	\$94
L – 85x60 (business card)	\$52

Advertisers

All artwork, images and logos to be supplied in high resolution (300dpi), CMYK colour mode, and in the correct size (see left for advertisement sizes).

Acceptable formats: PDF, EPS, JPG or TIFF.

In-house design services are available for an additional fee.

Advertisements booked for 3 months and paid for in advance are eligible for a 10% discount.

Stockists of *The Kuranda Paper*

PLEASE NOTE THIS EDITION WE ARE ONLY SERVICING KURANDA AND DISTRICT and Collins Booksellers at Smithfield. Our usual print run is 5,100. A free copy is delivered to every postal box and street mail delivery in the Kuranda district (postcode 4881). If you don't receive a copy please contact the Kuranda Post Office.

The current edition of *The Kuranda Paper* can be viewed online at kurandapaper.com, along with some back issues. In addition you can pick up a hard copy of THIS EDITION *The Kuranda Paper* at the following outlets:

KURANDA: Kuranda Post Office (Thoree St), Sprout Café

(Coondoo St), Kuranda Neighbourhood Centre (Rob Veivers Dr), Kuranda Discount Drugstore (Coondoo St), Kuranda Arts Co-op (Coondoo St), Kuranda Library (Arara St), Kuranda Foodworks (Thongon St), BP Service Station (Rob Veivers Dr).

SPEEWAH: Speewah Service Station & Convenience Store

KOAH: Koah Service Station

SMITHFIELD: Collins Booksellers (Smithfield Shopping Centre)

A Grinter's Tale

Hens are the new toilet paper

Social isolation doesn't mean much to someone who has worked from home for years. I'm used to discussing world events with my two dogs, albeit they always agree wholeheartedly, which doesn't make for stimulating debate.

There are many occasions when I say something so funny I surprise myself and resent the fact they don't roll on the floor clutching their sides and exclaiming at my drollness. Whoops, I almost made the mistake just then of saying, "when I reply to them ...".

I'm learning to quell this guilt I am experiencing as my work gradually diminishes, the garden beckons and the spiders on the cathedral ceilings edge higher into the 'belfry' in anticipation of pursuit and removal. It's a job guaranteed to result in a stiff neck for a week and like the Sydney Harbour Bridge, you get to one end of the house and they're all back at the other, giving you the one pedipalp salute.

I had to go to Bunnings the other day. I felt like I was going on vacation, and almost took a packed lunch, until I remembered I only needed a new gurney. Still, lining up in the sunshine under Bunnings' green umbrella, I pretended I was on the beaches of Whitehaven; I could almost smell the Ambre Solaire. I breathed so deeply in my reverie, I inhaled a fly, or worse, and horror of horrors, I desperately needed to cough, almost asphyxiating in an attempt to stifle it and sensing nearby customers shuffling backwards causing a domino effect. I thought I was well practiced at stifling coughs, as coughing in mass in childhood was taboo, and as kids we'd turn puce in the pews and sink in a heap to the kneelers, clutching our throats in an attempt to avert being prodded down the aisle by an embarrassed mother in front of the whole congregation.

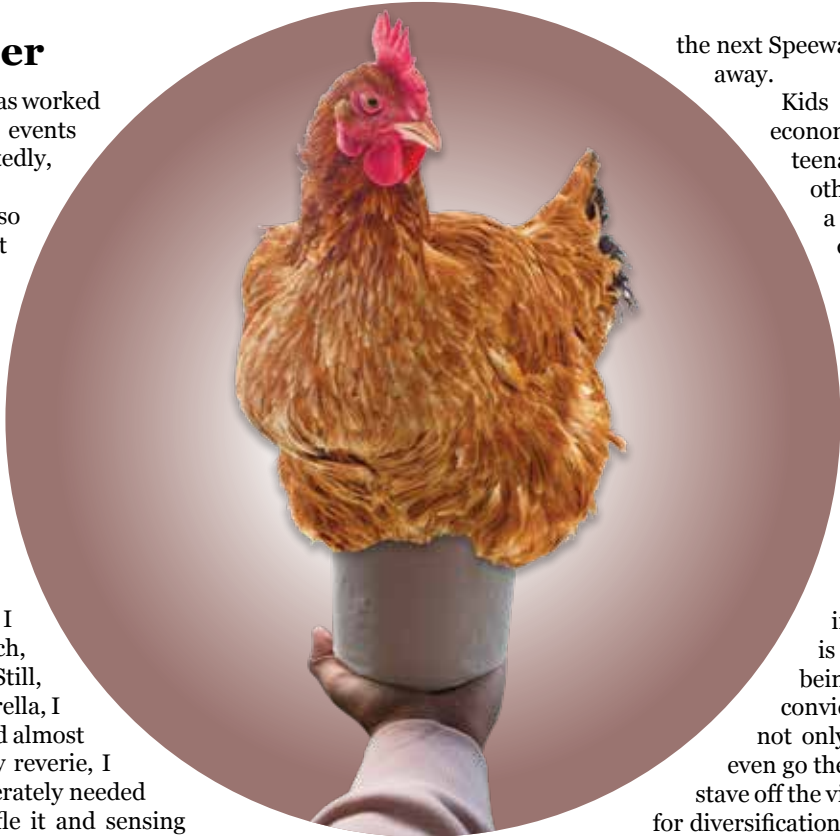
I figure I deserve a break. It's been two years, and I should have been in the UK with my daughter in early April, visiting my 92 year old mother. Cancelling that trip was heartbreaking, as was the news a fortnight ago that she had been quarantined in aged care after a routine check indicated she had a very slightly raised temperature.

Now, that's a different kind of social isolation, the one that says you may never see your mother again, that you shouldn't have left it two years, and that she could die alone without you, or indeed anyone dear to her as she struggled to breathe. It's like being held captive while watching a loved one tortured, and it's unbearable to think how many people are living that nightmare as I type this.

Thankfully, it was nothing, but the aged care home describes these incidences as 'suspect cases', a frightening term used to describe any resident deemed to have even just one degree increase in temperature for any reason, where the term 'potential case' would be far less alarming.

The aged care facility that represented safety and care just two months ago had become a trap, there being no exit if the dreaded COVID19 took hold. I maintain the utmost respect for those who work in this environment, risking their health on a daily basis, but also with the huge burden of responsibility they face daily, knowing they could potentially wipe out all inhabitants inadvertently when they come to work.

In line with the beneficial involuntary cleaning of the environment, the Australian population has gone into Spring cleaning mode in Autumn. The pile of jettisoned metal paraphernalia at the local refuse dump, melted down, could almost create a second Eiffel Tower. The mulcher is working like Pacman, having difficulty keeping up with the constant stream of garden waste. I'm hoping residents will retain some of their clear out items for



the next Speewah car boot sale, which I am confident won't be that far away.

Kids are learning that folding toilet paper is more economical, not that they care a hoot. After all, you don't see teenagers offering to queue for provisions, ready to bash other shoppers on the head with a six pack of Quilton in a desperate bid to secure an exit with booty intact in the quest for a clean derrière.

I love the creativity of the face mask. You might not be able to walk into a bank with a motorcycle helmet on, but you sure can walk into Coles looking every inch a crim.

There are so many positive things to come out of all this, though. Did you know for instance, that when Hong Kong Zoo closed its gates to the public, two Pandas finally mated after ten years. I don't think that needs explaining? It's all there in black and white.

I don't think anyone can claim to know what is going to happen in the long run. The world might be in crisis economically, but on another level, creativity is at an all time high, with amazing cures for COVID19 being touted, such as Iranian cleric Ayatollah Tabrizia's conviction that violet oil applied to the anus at bedtime will not only cure COVID19 but increase your brain mass. Don't even go there. And garlic will not only remove your vampires, but stave off the virus, which makes sense, I suppose. And an opportunity for diversification for our cattle farmers presents itself in the suggestion by Swami Chakrapani Maharaj, president of Hindu Mahasabha in India, to use cow urine liberally as a disinfectant for slowing the spread of the coronavirus. Kids, don't try this at home. Stick to baking ten thousand cupcakes a week.

On the subject of livestock, what about getting some chickens? Well, hens are the new toilet paper. All around me are dozens of lovely new chicken coops empty like the rash of vacant retail spaces in our cities. I foresee an epidemic of chick breeding farms replacing puppy farms. Roosters are no longer subject to infanticide; instead of having their heads chopped off they have become the Bitcoin of rural residential North Queensland. FNQ will soon be alive with the crowing of proud little studs on Viagra, overly cocky at their new status in the world.

Poultry farming thus joins the ranks of desirable occupations, joining small engine repairs (mowers and whipper snippers), hardware and computer retail, and plant nurseries as my top selections for staying financially buoyant. Perhaps cow urine factories too? Me, well, I considered selling my soul to the devil, but every time I look at the spiders on the ceilings or the vacant vegetable patch, another client job comes in and the devil and Bitcoin both go to hell.

When work grinds down to nothing, I have a To Do list the length of the Hollywood Walk of Fame. I will embrace the opportunity to sort the office, delete emails, embellish my cobwebsite with testimonials from clients, finish writing the history of YAPS and its wonderful founder, the late Colleen Sullivan, and complete a squillion other office and home projects I have managed to put off for years.

So in the big Feng Shui type event that is emanating from this virus, we can hope that some of the positive changes that have been foisted upon us – spending more time with family, caring for community, showing appreciation for those at the coalface, having time to create, reflect, meditate and do things we never get time to do, to study, to improvise, to smell the flowers – might become part of a new normal.

Meanwhile, I might start a rumour that Singapore Daisy, boiled into a tea, will fight COVID19. I do need to diversify after all and resources are aplenty. Patent pending.

QBCC licence 15124706

Kris Hickey
Designer (residential - commercial - civil)

Kris for Concreting

e: krisforconcreting@gmail.com PO Box 775
0423 423 480 KURANDA QLD 4881
krisforconcreting.com.au

Over 20 years experience in the concrete industry
Kuranda resident for 18 years

Vicki's Alterations and New Creations

- Over 30 years' experience
- No project too big or too small
- Reasonable rates

0400 791 345 or 4093 8976

Charlie Smith Professional Knife Sharpening

MOBILE SERVICE
or call out by appointment

KNIVES \$8
CHAINSAWS (chain off) \$15

PHONE
4093 8382 / 0409 558 027

LOCAL KURANDA PLUMBER & GASFITTER

Servicing all areas of

- Kuranda • Speewah • Koah • Mareeba

FREE NO-OBLIGATION QUOTES

Joe Gundrum 0438 587 753

SOLD

THIS PROPERTY **FOR SALE**

0403 788 187

Angela Martin
estate agent | video presenter | auctioneer

angelamartin.tv
realestate



Mareeba
SHIRE COUNCIL

Your New Council



Cr Angela Toppin
Mayor
P: 4086 4606
E: mayor@msc.qld.gov.au



Cr Kevin Davies
Deputy Mayor
P: 0400 490 493
E: kevind@msc.qld.gov.au



Cr Locky Bensted
P: 0408 871 420
E: lockyb@msc.qld.gov.au



Cr Danny Bird
P: 0467 304 744
E: dannyb@msc.qld.gov.au



Cr Mary Graham
P: 4092 1030
E: maryg@msc.qld.gov.au



Cr Mario Mlikota
P: 0428 402 015
E: mariom@msc.qld.gov.au



Cr Lenore Wyatt
P: 0447 757 336
E: lenorew@msc.qld.gov.au



1300 308 461



info@msc.qld.gov.au



www.msc.qld.gov.au

FROM THE MAYOR

As I take on the role of Mayor of the Mareeba Shire Council, I am reminded of Maya Angelou's wisdom, "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel". I feel honoured. I feel entrusted. And I feel ready. Ready to lead our Shire in these uncertain times. COVID-19 has impacted these past weeks, the most unique election of our times, unprecedented global unity and incredible support and investments from our state and federal governments. Yet people are feeling uncertain, anxious and concerned for our future.

Let me reassure you that we are in this together, we will get through, as we have faced many challenges historically. Be kind, be supportive, be patient with yourself and others. Your local council has in place measures to ensure essential services and support (not provided by other government) are available to our residents. To those businesses and people who have been so heavily impacted, I feel your uncertainty and fear – things will improve.

I stand by my election commitments to consult and collaborate with the community and communicate clearly.

Our Shire is in good hands. I look forward to working with and leading Councillors Graham, Bensted, Wyatt, Davies, Bird and Mlikota and congratulate them on their success.

Cr Angela Toppin
MAYOR

FROM THE DEPUTY MAYOR

I would like to thank those who supported and voted for me to represent the local community. We have a very strong and balanced Council who will strive for the best outcomes for everyone in the Shire. I am confident that under the leadership of Mayor Toppin and fellow councillors, the Shire will continue to grow. As Deputy Mayor, I am looking forward to serving all communities in the Shire.

We are living in extraordinary times. Council's focus now is ensuring essential services such as waste, water and sewage are not impacted during this period. Council is actively looking at ways to help rebuild and stimulate the economy and the tourism industry, once the pandemic is behind us. I am sure that if we stick together, we will get through this.

Thank you,
Cr Kevin Davies
Councillor/ Deputy Mayor

COUNCIL FREEZES PAY INCREASE

Mareeba Shire Council has put a freeze on pay increases for both Councillors and employees amid the coronavirus pandemic. Mayor Angela Toppin, who moved the motion at the post-election meeting on 15 April, said during this time of uncertainty Council voted not to take an annual pay increase. "The Councillors and I felt it would be inappropriate to receive a pay increase when so many people have lost their jobs and businesses are struggling," Cr Toppin said.

"We believe this decision is the most sensible and ethical thing to do at this time. Council's main focus is ensuring the essential services we deliver are not impacted. We are in unprecedented times and we need to be mindful of the financial impact the pandemic will have on Council," Cr Toppin said.

Wage or salary increases for staff that are at the discretion of Council will also be deferred until further notice. "By deferring staff increases and keeping costs to a minimum, we will be able to protect jobs," Cr Toppin said.

"We recognise that many members of our community are struggling financially as a result of this pandemic and Council will do whatever it can to minimise the impact within our very limited capacity," the Mayor concluded.

KURANDA LIBRARY

The Kuranda Library is offering safe and controlled borrowing service to allow users to take home their favourite books while the branch remains closed to the public due COVID-19.

Council identified that many book lovers within the community who are now required to stay at home do not have access to online resources. The library plays an essential service to the community, and many users rely on being able to borrow books, DVDs, CDs and magazines to keep their minds active.

While library branches remain closed to public access, staff are available to assist those wanting to borrow books, DVDs, CDs and magazines. Upon request, staff are also offering put packs of age-appropriate books together for children.

Library users can order their books online or by phone and then will be contacted by phone or email with a designated time to pick-up the items.

Strict measures in place to ensure the community and staff are protected from potential infection of COVID-19. Library staff will be following these guidelines to ensure the borrowing service is very controlled and safe for everyone. There will be no interaction between the staff and the public.

Library staff will leave the books on a table at the entrance to the library, ready for them to be collected at a designated time.

Council is reminding residents they are not to make a special trip to the library and should only coordinate the collection with essential business such as groceries or medical appointments.

Once the items are returned, they will then be taken off the shelf for 7 days before being cleaned to mitigate any potential contamination.

For assistance phone the Kuranda Library on 4093 9185.

TOURISM KURANDA BENEFITTED AREA SPECIAL RATE REVIEW

As part of the preparation and planning for the upcoming budget, Council is reviewing all rates and charges including the Kuranda benefitted area special rate.

The special rate for the Kuranda benefitted area funds Tourism Kuranda, a dedicated destination marketing and promotion program specifically for Kuranda.

Mareeba Shire Mayor Angela Toppin said Council is seeking feedback from business and property owners about the levy as part of the consultation process. "Council thought it would be timely to engage with property owners contributing to Tourism Kuranda to decide if they wish to continue paying this levy," Cr Toppin said.

Council has written to the owners of properties identified within the Kuranda benefitted area with two options.

"In normal circumstances, we would hold a meeting inviting all the stakeholders to discuss the pros and cons of the special rate, however due to the COVID-19 government restrictions on social gatherings, we are not able to do this," Cr Toppin said.

Council acknowledges the hard work and commitment of the Tourism Kuranda Advisory Committee.

"Tourism Kuranda has performed well and achieved its purpose to promote and market the Kuranda destination to attract visitors," Cr Toppin said.

"It plays a vital role in the promotion and economic development of Kuranda."

Councillor Toppin explained that all funds raised through the special rate are spent on tourism marketing, and more specifically on implementing the Tourism Kuranda program with strategic advice from the Tourism Kuranda Advisory Committee.

"If this special rate ceases, Tourism Kuranda will no longer exist," Cr Toppin said.

"Tourism operators and business will then be responsible for making their own marketing arrangements as Council will not be spending any funds on the specific marketing of Kuranda as a destination.

"So please give this matter serious consideration before making your decision." A simple majority of ballots returned will form the basis of Council's decision.



Mareeba
SHIRE COUNCIL

ORDINARY COUNCIL MEETING DATES

Ordinary Council meetings will now be held on the third Wednesday of the month. The meetings will be held at the Mareeba Shire Council Chambers and will commence at 9am. Members of the public and media are welcome to attend. NOTE: Due to COVID-19 restrictions, the meeting will be limited to 15 people, including Councillor and staff until further notice.

Kuranda coffee lovers enjoying morning sunshine and practising social distancing. Photo: Krishna Buhler



KURANDA GOOD NEWS STORIES

A local woman donated \$1000 to help those who had lost jobs due to the coronavirus pandemic as well as some products from her Kuranda shop. This was paid to Kuranda FoodWorks to support local economy and jobs and in turn this kickstarted the Kuranda Community Essentials Project with donations coming from all sections of the local community. Referrals are made through the Kuranda Neighbourhood Centre. This is an example of the caring, kind and responsive community that Kuranda demonstrates in times of crisis and need. The KNC, Kuranda Paper, St Saviours Church, Kuranda Pharmacy, Mulungu Medical Centre and individuals have made this community support possible.

Mareeba Shire Council had to cancel their Easter event where there is usually an Easter egg drop. They contacted the Ngoonbi Community Services Indigenous Corporation (Youth Empowerment and Sport and Recreation workers) and the Kuranda Neighbourhood Centre (Family Support worker) who each distributed half of around 1800 chocolate eggs. Included in the distribution were the Kuranda Medical Centre, Youthlink, Koah Hall Committee and Speewah Village Store.

Several volunteers including Linda Snart and her husband Neil and Nathan Sutherland (and there are others) have been helping their neighbours and other people in the community to get groceries delivered and other necessary jobs done. This assistance has been informal and important as part of a cohesive community looking out for each other.

Donations to the Street Pantry located at the Kuranda Neighbourhood Centre have been gratefully received and the pantry is being accessed daily. Donations of home-made facemasks, beanies and knee rugs by Gayle Hannah have been distributed to vulnerable members of the community.

Mulungu has provided some mobile phones with credit (contact the Medical Centre or Neighbourhood Centre) for those with limited or no phone access. Mulungu remains partnered to existing services to provide resources and equipment where needed and available.

Moriarty Foundation, which delivers John Moriarty Football (JMF) in Kuranda and Mareeba, is supporting a community nutrition program as part of a response during the current pandemic situation. This will include providing grocery supplies to Youthlink to make healthy meals each week to distribute to families with children who participate in the JMF program (<https://www.jmf.org.au/>). This is a partnership between JMF, Youthlink and Kuranda Neighbourhood Centre to stay connected to the Kuranda District. Local JMF Coach, Josh Nicholls, will also be distributing soccer balls around the community during food deliveries, for children to keep active at home.



KURANDA MEDICAL CENTRE

cnr Barang and Thongon Streets • Ph: 4093 7118
"Professional Care in Your Community"

Dr Dave Cuming: dermatology, paediatrics, minor surgery – Monday, Wednesday (am), Friday (am)
Dr Hal Hancock – Fridays 9.00am–5.00pm

Dr Veerendra Sinha (specialises in skin cancers and excisions) – Tuesday and Thursday 8.30am–5.00pm

Dr Agufana Pepela all day Monday, Tuesday and Thursday (am), outreach every second Monday

Dr Yvonne Doveren (Outreach Clinics every Monday fortnight)

Dr Steve Salleras Monday and Wednesday 8.30am–5.00pm

GP locum Dr Travis Moran 3 days week until end of March when Dr Jimmy Stewart returns

GP Registrar Dr Preston Cardelli until 31 July

Extra Services: Podiatrist, Dietician, Psychologist, Diabetic Educator, Nurse, Asthma Care, Indigenous Health and more...
Monday – Friday • 8.30am to 5.00pm



Jan Skyrme and Kerryn Prentice at Kuranda Medical Centre reception. Photo: Krishna Buhler

IMPORTANT: If you have a fever, cough, sore throat or shortness of breath and you have travelled overseas in the past month, it is important you seek medical care early. Please contact us via phone prior to making a booking or visiting the Kuranda Medical Centre.

A Message from the Kuranda Discount Drug Store

I would like to thank all our customers, old and new, for their patience, understanding and acceptance of the measures we have had to put in place over the last few weeks to protect ourselves and the vulnerable members of our community during these extraordinary times.

I can never remember, in more than 25 years of continued ownership, a more difficult and stressful time for Kuranda Pharmacy. We are doing everything possible to ensure supply of essential medicines.

Please let us know if you need delivery of your medicines during self-isolation.

We are keeping our eye on the evolving situation and will reopen our Lotto agency as soon as possible.

I should like to take this opportunity to thank our excellent team for their hard work in very difficult circumstances and for their commitment to our community.

Many thanks also to the staff at Kuranda FoodWorks, Kuranda Medical, our delivery drivers, our suppliers, the carers in the community, the teachers, childcare workers, the local police and health care workers who are keeping things ticking over. And to the coffee shops of Kuranda for keeping up our energy!

Stay safe.

Hilary Skimming, Co-owner Kuranda Pharmacy

Pharmacist Simon Djurdjevic. Photo: Krishna Buhler



DISCOUNT DRUG STORES

more than just low prices

www.discountdrugstores.com.au

Kuranda Discount Drug Store

16 Thongon Street, Kuranda, QLD, 4881

Phone: (07) 40937480

Email: Kuranda@discountdrugstores.com.au

OPENING HOURS OUR SERVICES INCLUDE

Monday - Friday

8:30am - 5:30pm

Saturday

8:30am - 3:00pm

Sunday

CLOSED

Public Holiday

10:00am - 2:00pm

Medication Management Program

Medication Packing (EasyMed)

Instore Medication Reviews

Home Medication Reviews

Blood Pressure Monitoring

Health Clinics

NDSS Access Point

The view from here... by Michelle Murray-Beckman

Whilst I must first acknowledge the traditional owners of the land upon which Kuranda and Speewah lies, the family name of Veivers is synonymous with the first Europeans who came to Kuranda and Speewah to establish the timber getting industry during the 1880s.

We are speaking with Ron Veivers of Speewah for this edition of "The view from here", but to do so with merit I must go back four generations to set the scene.

Walter Hill Veivers (1848-1912) emigrated to Australia originally settling in Brisbane to work as a timber-getter with his three older brothers. He married Georgina Black Hope in 1876. In 1883, after their fourth child George Alexander was born, the family moved to Cairns which had only been settled since 1876. They lived at Barron River, now called Freshwater. Walter followed his timber-getting trade and worked for Thomas Swallow who established the Hambledon Plantation and Sugar Mill. In addition, he also had a bullock team pulling timber in the area. His wife, Georgina was a midwife and assisted a Dr Koch on maternity cases. The family lived at Freshwater for approximately ten years.

After making an unsuccessful tender application for the building of the railway line from Redlynch to Myola and losing most of his bullock team to cattle tick, Walter Hill Veivers along with Margaret Hope (Georgina's sister) and G.J. Walker (who later married Margaret Hope) bought three blocks of land which were originally surveyed by Thomas Behan in 1886. The land was 12 miles from Kuranda with a great deal of dense scrub between.

The railway line reached Kuranda in 1891 and the family with their eight children moved to the property in 1893. It was originally called Roscommon after its namesake in Scotland. The name was later changed to Speewah. The house was entirely hand built by axe and adze, no sawn timber was used in the construction.

Walter and his two eldest sons began logging and hauling timber with his newly established bullock teams. Dealing with very steep and tough terrain, the tropical climate with its attendant insects, snakes and other wildlife, the men spent a great deal of time away from home when hauling the timber. Georgina continued on with her midwifery, leaving young Grace to take the place of mother whilst Mother was away attending births. The family were very self-sufficient and produced most of their own food.

Walter Hill's fourth son, George Alexander Veivers (1883-1965) was Ron Veivers' grandfather. After Walter passed away from a stroke in 1912, George Alexander stayed on at Speewah with his mother Georgina.

George married Rose Newman and they had five children; Rene, George Alexander, Maurice, Ivy and Enid. George Alexander I was referred to as Speewah George and his son George Alexander II, Ron's father, was simply referred to as Speewah.

From here on I am able to draw on the written recollections of Ron, which he has generously shared with me. Ronald Veivers was born in Cairns in 1945 and lived at Speewah, pronounced by Ron as Speewar. When Ron was five the family moved into Meeroo Street Kuranda, so that he and his older brother George III could attend the Kuranda School.

Ron remembers a very different Kuranda back then. It was not the village in the rainforest that we know today. Most of the land around the village had been cleared of timber and was grazing paddocks for cattle and horses. Early photos show cleared paddocks sloping down to the Barron River.

He writes of his first memory at three years old sitting on a pillow at the back of his Grandfather's saddle with his older brother George sitting in front as his Grandfather rode out to bring in the milking cow late in the afternoon. Thoughtfully, his Grandmother had a lit lantern in the window to guide them home.

Ron fondly remembers living an idyllic lifestyle at Speewah, free to roam with his three brothers, but still doing their chores. Chores that included moving cattle around from Speewah to the Clohesy, Koah and Davies Creek often camping overnight with the cattle. In the winter sleeping by the fire where one side of you freezes whilst the other roasts! Ron tells the story of his Uncle Maurie (Maurice) keeping warm by jumping up and down for hours!

Ron's written recollections express his fondness for his childhood and when I asked him what his favourite childhood memory was he replied "riding our pushie's out from Kuranda to stay with our Grandparents, George Alexander and Rosie". He writes that they had mandarin,

guava, and avocados to raid, creeks and a deep swimming hole where they leapt from a high bank, bush walks and camping.

Life as a young man in the early days of Kuranda meant physical work and the Veivers family is well known for their physical strength, determination and grit. When Ron turned 14 he caught the train from Kuranda to attend Cairns State High School for two years.

Each school holiday and weekend were spent at Speewah and the Clohesy with his Uncle Maurie, voluntarily working for the family partnership. Ron describes his Uncle Maurie as like a second father.

Life working on the land is often rough and dangerous and when Ron was 19 his horse took him through a forked tree and he was hospitalised for six weeks with his leg in a sling. Over the years, add to this his two knee reconstructions and a shoulder reconstruction. Then a broken pelvis after a terrible fall from his horse. As mentioned before, the Veivers are well known for their strength and endurance and Ron is no exception.

Ron has had a varied career beginning with his apprenticeship as a carpenter and joiner with TJ Watkins in Cairns. He worked on various projects including the Lavarack Barracks in Townsville, building dongas in Weipa, construction of the Hides Hotel in Cairns and an upgrade to the Cairns Base Hospital. He was often taken out of the workshop and on site when the boss would say "you look like a strong, healthy fellow" and in Ron's words "I followed him with alacrity!".

In 1967 he bought 130 acres on Hoey Road Speewah. In 1970 Ron married Vivienne Hickman and in 1973 the family moved permanently to "Glenlogie" when their first child Belinda was one. They later welcomed Clinton and Rhonda-Leigh. Home was a converted shed with rain tanks for water, a kerosene fridge, gas bottle for cooking and hurricane lanterns for light.

The house sits on the highest point of the land and Ron cut the timber from the property to build the house which was completed in 1985. He also made most of the furniture in the house with timber cut and milled from the 160 acre property, "Shepherds" on Stoney Creek Road that he purchased from his Grandmother Rose. Ron tells me that the biggest Kauri pine in the district was cut from that block. Extra-long axe handles were crafted to cut the 'scarf', the initial wedged shape cut in the tree, then two crosscut saws were welded together in order to get across the width of the tree to complete the job.

As hard a worker as Ron is, he is also a bit of a larrikin and likes to play a joke. Vivienne doesn't like snakes. Not one bit. Ron knows this and they both tell me the story of Ron asking Viv to look for something for him in a box in the laundry. Unbeknownst to Viv he had placed a Night Tiger in the box – a live Night Tiger!

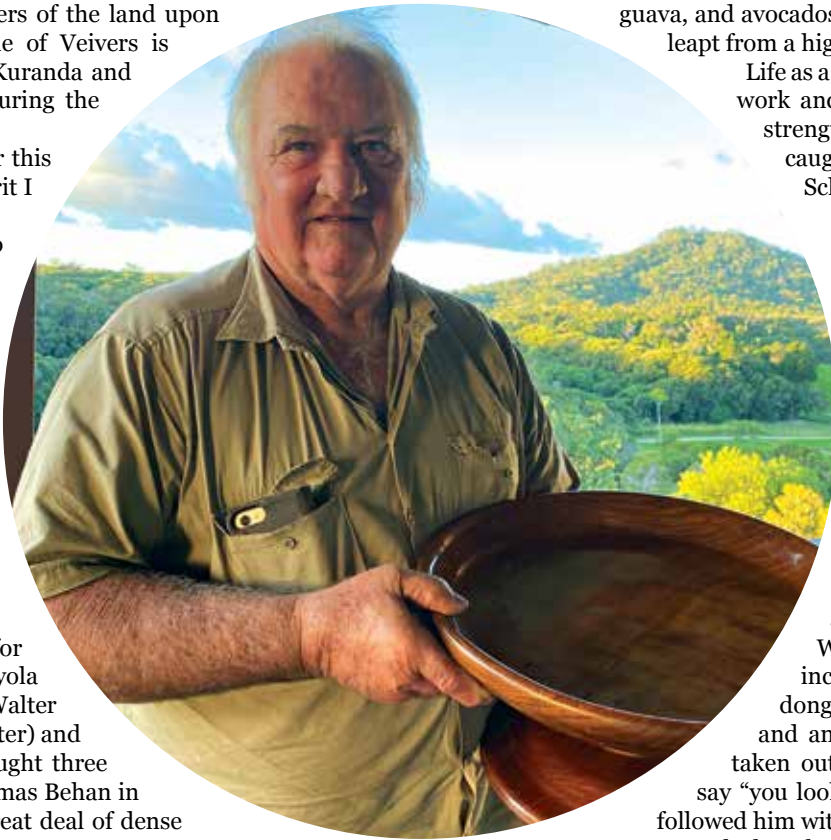
They are both laughing when they tell me about another trick when Ron asked for a piece of toast – hiding in the toaster was another Night Tiger (I wonder was this the same Night Tiger each time?). Viv has had Red Belly Black snakes tossed at her (mercifully deceased!) and is never sure where the next snake is going to appear!

One thing I can say is that Viv is as resilient and strong as Ron and tells me of a time when Ron was away for a couple of weeks timber gathering. She had run out of firewood and the only timber available was a large log. Using her ingenuity, Viv threw a rope up over the rafter in front of the wood fire and tied it around the log on an angle, and as the timber burned the natural gradient and weight of the timber fed itself naturally into the fire.

Over the last 47 years Ron has had a varied career timber getting and milling, working in partnership with his father, running cattle, subcontracting to Ergon and Department of Transport, and wood turning and furniture making.

I asked Ron what his career highlight is. His eyes light up and he tells me that his stints timber getting up at Bloomfield gave him the opportunity to sometimes commute by light aircraft. He also had occasion to fly up to Violetvale station near Laura by Cessna when he was mustering. He loved the view afforded by flying low over the coast.

Ron's days in retirement are spent caring for the remaining five acres of "Glenlogie", problem solving repairs to the small machinery in his shed, enjoying his eight grandchildren and his lovely wife Viv who makes a great cup of tea. Both describe their home in Speewah as their dream home and as I sit on the verandah and look at the view out from all sides, I see the past the view to the history of the Veivers family in this special part of the world.



Veivers family history sourced from "Pioneers of a Trackless Land" The Veivers family in Australia by W. Veivers 1988, and "Kuranda - The village in the Rainforest 1888-1988" by Shep Humston, both generously provided by Ron and Viv Veivers.

Above: Ron with his handcrafted timber bowl.

Left: Vivienne and Ron Veivers. Photos: Michelle Murray-Beckman

Right: Cutting the 'scarf' Photo: Veivers family





Never fear running out of chocolate while self-isolating, social distancing or working from home. We have a huge range of treats for Mothers Day and EVERY day, including vegan. **Don't risk life without chocolate!**

The Not Just Chocolate Shop, Kuranda Village Centre, is currently closed due to COVID-19 restrictions but has you covered with a great range of Australian made chocolates, confectionery and nuts. Visit our website, place your order and have your essential life-enhancing supplies home delivered FREE.

Order today! www.notjustchocolate.com.au/



A personal shopping experience...

My favourite day at Just Gorgeous has always been Mother's Day. So many mothers, daughters, grandmothers and sons visit and seem to have so much fun shopping together. Maybe it's because I always so enjoyed shopping with my Mum that it brings back memories of the special days we shared together.

I feel sad, this year, that we will not be open to share this special day. However, for our local mums and daughters, I would like to offer a private Just Gorgeous experience. You can book an appointment and come and have time to yourselves together. I have lots of hand sanitiser and can offer a safe, stress free fun experience. Gift vouchers can always be posted to your Mum then you can call and make an appointment for your special time together.

Gift vouchers can also be posted to anyone for ANY occasion and as COVID restrictions ease, I intend to start limited opening times. Check our Facebook page for updates.

I am missing seeing my wonderful customers, playing 'dress ups', and just seeing you all and finding out how you're all coping during this challenging time.

Please feel free to send an email or give me a call.

Jill Melody • jill@justgorgeous.net.au • 0412 762 342



KURANDA BRANCH
20 Thongon Street

LIFE'S A MOSAIC!

With so much up the air at present and many 'diverse elements' and 'borrowed ideas' filling up our space, on Google I found this definition of mosaic: "Unity from chaos – great things are done by the series of small things brought together".

I won the mosaic decorated flower pot in a CWA fundraiser raffle, and now it sits on my front veranda coffee table, inviting contemplation.

Krishna

Meetings

Our meetings are once a month—and maybe we won't be meeting up next month—but we would like you to consider becoming a member anyway. By contacting Colleen Blunt, our Secretary, you will be able to join online. Ph. Colleen on 0448 434 186.

The Kuranda Branch of CWA needs all hands-on deck at this challenging time to create a safe and inviting activity centre with opportunities for vital social interaction. Phone, post and internet remain our foremost means of communication. Share with us and we can share with the community. Membership also offers discounts to QCWA accommodation units, including in Cairns.

Reading for everyone.

The QCWA Country Kitchens program's aim is to improve food and nutrition literacy amongst Queenslanders. See how Country Kitchens hope to engage, to empower, and to support our community by having a look at the new website and sharing it with your friends and family. Please follow www.qcwacountrykitchens.com.au



Mosaic decorated flowerpot by Colleen Blunt. Photo: Krishna Buhler

"Putting pieces back together" mosaic by Colleen Blunt. Photo: Colleen Blunt.



'MIGHTY MARSH' MEAT PACKS now available at **Speewah Farmall**



A variety of Meat Packs are available, starting at only \$25.

- FAMILY PACK 1 – \$50** [mince, sausages, chicken schnitzel, rissoles, bacon, chicken lovely legs]
- FAMILY PACK 2 – \$100** [mince, sausages, chicken schnitzel, BBQ rib fillet, pork loin chops, marinated drumettes]
- GOURMET PACK – \$150** [leg lamb, mince, sausages, lamb loin chops, porterhouse steaks, chicken breast, beef schnitzel]
- BBQ PACK 1 – \$25** [sausages, lamb chops, rissoles]
- BBQ PACK 2 – \$30** [sausages, marinated wings, pork spare ribs]
- BBQ PACK 3 – \$30** [sausages, pork spare ribs, chicken kebabs]
- BBQ PACK 4 – \$35** [sausages, lamb koftas, BBQ rib fillets]
- BREAKY PACK – \$25** [chipolata sausages, bacon, eggs]

Order through
Marsh Butcheries

07 4055 2233

MARSHBUTCHERIES.COM.AU

**Click &
Collect
or Phone
Order**

PICK UP TIMES

Tuesdays – 9am-5pm
Saturdays – 9am-12pm

*Orders to be placed
by 12 noon on
Wednesdays or Fridays

For pick-up enquiries
only, call Mick at Farmall
on 07 4093 0835

DOING BUSINESS SMARTER ... TOGETHER

Two local Speewah families join forces to strengthen their business and community.

Living as neighbours over the last 10 years, Mick Dowling (of Speewah Farmall) and Paul and Louise Marsh (of Marsh Butcheries) have grown to value the community spirit that Speewah displays over and over again.

Mick has been at the helm of many of community projects including The Annual "Speewah to The Hat" walk down the famous Douglas Track raising funds for local clubs, and the "Community Trades and Services Auction" held at The Billabong raising money for Speewah locals affected by cancer. He is well known in the community for his willingness to give of time and effort.

Mick opened Speewah Farmall to the public in May 2016 and is continuing to add to the list of his services through his own endeavours and requests from the community. Mick has recently added a nursery to his long list of valuable services provided at Farmall. He is now selling vegetable and herb seedlings to meet the increased demand of locals for DIY everything in response to recent events. "Whilst it's off the back of adversity, it is great to see people's focus shift to becoming more self-sufficient and environmentally conscious" Mick says.

So it is no surprise that the idea to merge with Marsh Butcheries was born in order to provide convenient local access to top quality meats. COVID-19 very quickly got the ball rolling and turned an idea into a reality. We saw a real need where we could further support our community and in return the people of the community could help support two local small businesses and families.

Marsh Butcheries' meat orders are available for pick up at Speewah Farmall every Tuesday and Saturday. You can order one of our meat packs or provide your own order from our product list on request. We are all only too happy to help with any request or special order. We are excited to say that in spite of COVID-19, we will be delighted to continue this partnership between Speewah Farmall and Marsh Butcheries, which adds to the other awesome services already available through Farmall.

We are proud to be a family owned business with Paul and Louise Marsh taking ownership in November 2019 so that Paul's parents, Gavin and Carol, could begin to enjoy retirement.

For over 90 years, through four generations, Marsh Butcheries has been supplying and selling premium meat in Cairns. We are famous for our "Mighty Marsh Ham & Bacon" traditionally hickory smoked onsite using local, 100% Australian pork.

We enjoy interacting with people in our community and help them appreciate meat the same way we do. We pride ourselves on excellent service, friendly smiles and happy customers.

"We have been using Marsh's Meats for years. We highly rate the quality of their products and services. The coming together of Marsh's and Speewah Farmall is an excellent community venture in these times of isolation. We hope it continues and we are grateful to have access to two great locally owned businesses." Pete and Jane, Speewah.

"Really enjoying the convenience of this new delivery service we have here in Speewah! A very fussy 'foodie' friend of mine has only ever bought her meat and poultry products from Marsh Butcheries in Stratford and I have been meaning to go there for years. So when I heard about the delivery to Speewah Farmall I jumped at the chance. So easy. Minimal packaging and the produce has been fantastic. Marbling in the steak was perfect and the Gourmet sausages are the best. Do yourself a favour and support our great local businesses thinking outside the box. I hope you continue this service even when things do go back 'to normal'."

Juliet Headley, Speewah



Back: Jason and Rene
Front: Gavin, Paul, Trudy



Kain, Mick and Pete

MOWER REPAIRS

Servicing • Repairs • Parts
Chainsaws • BrushCutters etc
PICK UP AND DELIVERY AVAILABLE

AUTOMOTIVE

Oils • Coolants • Lubricants
Grease • Sealants • Paints and more

BATTERIES

Automotive • Mowers • Farming
• Marine • Deep Cycle • Free fitting
and battery testing available

EQUIPMENT HIRE

Refer to website for products
and pricing



STOCKFEED

Horses • Poultry • Pigs • Goats
Sheep • Cattle • Macropods
and Horse Tack

PET SUPPLIES

For Dogs • Cats • Reptiles • Birds
Wildlife and more

HARDWARE

Concrete • Screws • Nails
Garden Tools • Garden Supplies

PLUMBING

PVC • Metric and Rural Fittings
Pool Chemicals and more

57 DOUGLAS TRACK
SPEEWAH
www.farmall.net.au



4093 0835



SPEND \$50 OR MORE IN STORE
AND GO INTO OUR MONTHLY
PRIZE DRAW



Kuranda Neighbourhood Centre (KNC)
 Operated by Kuranda Information & Support Centre Assoc. Inc.

6 Rob Veivers Drive, Kuranda
 PO Box 170, Kuranda Qld 4881
 P. 4093 8933 | F. 4093 8607 | E. coordinator@kurandanc.org.au

Neighbourhood Centre News May 2020

Service Continuity

The Kuranda Neighbourhood Centre transitioned to a tele-service on 25 March following government advice to close the public space community centre. We have remained open to service delivery via strict protocols and mainly remotely. The phone service can provide much of the services that we usually provide and we aim to remain as available as possible. The phone service will operate the usual hours and we have extended to 5pm on Fridays during this time. We can still work out ways to get forms to people and back to the required service as necessary. If you are not sure what we can do, please call us. We are also updating a Kuranda Service Continuity document to know how services are continuing to deliver their programs, activities and services. There is a link on the KNC website www.kurandanc.com

KNC Website Information

Please see our homepage for information across a range of sectors and information on how to maintain mental wellbeing and staying connected to people, information, services and community. The KNC website is being updated to provide information, resources, tips and links to other websites for regular updates.

Wifi Hotspot

While the Centre remains closed, the KNC hotspot for Wifi remains available for people to access, on and around the verandah. There is no voucher or password required.

Street Pantry

Thank you for the many kind donations that have helped others in need at this difficult time and we know that the pantry is being accessed regularly. If you are able to, please place any non-perishable food, personal hygiene items etc in the Street Pantry at the front of the Neighbourhood Centre. We ask that you either wipe any items down or apply a hand sanitiser to your hands before placing food/items in the pantry. We are also putting books out on the shelf on the veranda as a sort of street library so please feel free to come and take or leave books.

Kuranda Community Essentials Project

A groundswell Kuranda Community Essentials project

has been launched for those in the district who have lost or have had reduced hours from their jobs due to the coronavirus and are still waiting for income support. If this has affected you, please contact the Kuranda Neighbourhood Centre on 4093 8933 Monday to Friday 9am-5pm or email coordinator@kurandanc.org.au or familysupport@kurandanc.org.au

A needs assessment and referral process is available to provide essential food and medicine as well as referral and assistance to access other available supports/information. This is not the existing emergency relief program currently available. These services are already in place, however, may not be adequate at this time due to the large number of people suddenly without an income.

The project is locally funded through donations from community members directly, a GoFundMe campaign called The Kuranda Community Fund, The Kuranda Paper, St Saviour's Anglican Church, Kuranda Pharmacy, Mulungu Aboriginal Corporation Medical Centre, the Kuranda Neighbourhood Centre and supported by Kuranda FoodWorks.

The funds donated will be distributed fairly and transparently in modest provisions on an 'as needs basis', generally through a \$50-\$80 package or electronic voucher to Kuranda FoodWorks or a specific cost amount at the Kuranda Pharmacy for essential medication.

Please be patient with the staff at the Kuranda Neighbourhood Centre as we work through referrals. Provision of this essentials program will depend on funds continuing to come in via local donations. Please note, this is not from Government funding as yet, so we are relying on continuing local support. Sincere gratitude and thanks to anyone who is giving what they can at this time for those who are suffering through loss of income. This is a time for understanding, compassion and kindness.

We ask that anyone wishing to donate, do so via the GoFundMe campaign - Google "Kuranda Community Fund GoFundMe".

Thank you for your understanding and by working together we will get through this.

The Neighbourhood Centre Team



Hi, my name is Heidi Avolio. I am the Family Support Worker at the Kuranda Neighbourhood Centre, I was appointed to the position in March this year and was extremely grateful to have been mentored by Ceri Hughes in the months prior to her leaving the role.

I have been assisting and supporting families for the past 30 years, firstly as a teacher in the education sector and the past five years in the homelessness sector. I may be familiar to locals, as in my previous role I was fortunate enough to conduct outreach from the Kuranda Neighbourhood Centre on a weekly basis.

I am excited to assist families in the Kuranda area as I consider Kuranda to be a nurturing, close knit community. I was born in Tasmania but have spent most of my adolescent and adult life in the Kuranda and Mareeba districts. I am a mother of two amazing children and in my spare time I enjoy travelling and the outdoors.

I consider myself to be very professional, approachable, honest, and reliable. Please feel free to call me on 4093 8933 if your family is requiring assistance.

Finding Solace

This is Your Life
 End of Life Doula Services

Planning your End of Life Journey for you and your loved ones

CONSULTATION • COMPASSION • COORDINATION

Rebecca Nind 0407 716 721
 End of Life Doula sarnind@bigpond.com

Doula College MEMBER OF THE AUSTRALIAN DOULA COLLEGE

There are a lot of things going on currently, that we are finding stressful. Changes have been made for us that we didn't expect, and mixed messages are all part of the confusion. Thus we find ourselves experiencing grief. Finding solace in grief is about finding a way to lean into the pain and find strategies that will assist us to make sense of process, understand and work through our feelings and emotions. Through the grief process we experience situations that are conducive to the feelings of *Loss orientation*, but we also experience situations and emotions conducive with *Restoration orientation* (looking, acting and feeling outside the focus of loss).

Our loss is individual to us, and may be employment, physical connections with others, social interactions, or the death of a loved one. The emotions we may experience are shock, numbness, being upset and angry. Don't push these emotions aside—acknowledge them, feel them, and let them be. We can write down situations, thoughts and emotions and next to them rate them as *Loss orientation* (LO) or *Restoration orientation* (RO). You may experience both at the same time.

Doing this exercise can give us more clarity to make sense of things and may help us to see that what we may perceive as a roller coaster of emotion is just a normal way of moving through grief. As an example, see table on the right.

During this time of upheaval in our lives, how do we find solace?

Through solace, we can utilise tools and time to assist our wellbeing. Finding solace, finding comfort and alleviating stress may come in the form of an activity that fully engages you to enjoy what you are doing and nurture your senses. Try something new or pick up an old hobby, finish a project, paint, play-have fun, read-research, connect with others who may have the same interest, permaculture, gardening, listen to and experience nature, music, enjoy quiet time without guilt

Bec Nind
 This is YOUR Life

Date/time	Experience	LO	RO
26/2 am	I was really disappointed and sad, as I had to cancel my trip interstate to see a friend who is going through a very difficult time with a terminal medical condition. I am worried how she will manage or if I will see her again. Now I am feeling guilty I spent the money I saved on a new lounge.		
3/3 pm	I watched a movie, that my friend and I both went to see years ago, we talked on the phone the next day and had a laugh whilst we recalled our time together back then, she told me she has a lovely team of people helping her. We had some great times together and those experiences and memories are ours to keep. The circle of life is but that, I thought to myself later.		
7/3 pm	My friend died, I am so sad, I was not with her, why couldn't things have been different? .		
12/3 pm	In my garden, I planted my friend's favourite flowers, I wrote down some words and read them out. She will always be in my heart and in my garden.		

Isolate Your Anxiety

by Sarah Dobbs

How is everyone? That's a genuine question. Ask yourself how you are. I know some of you think that this is a dream come true and I'm thrilled for you because people thriving is awesome! But for many, myself included, this is hard. Very hard. Mental health can take a massive beating when all our support networks and routines are ripped from under us. Add financial stress and crowded homes with no escape as everyone is home...all the time, and we have a problem. It's ok to find this hard and overwhelming because it is. It truly is!

There is so much that can be said on this topic. Obviously, exercise is a brilliant stress reliever. I'm a huge fan of meditation – much to some of my clients' disgust! Honestly, just sit still for two minutes and breathe. Every little bit counts! I could also chat about the importance of sleep, watching your coffee consumption and alcohol. Oh, actually, I will talk about alcohol later so stay with me!

But the one thing I want you to focus on at this time is...Gut Health

I know, I know. I bang on about this but when we talk mental health we have to address the gut. Poor gut health is a massive player in poor mental health. One of our main feel-good hormones, serotonin, is made in the gut. In fact, something like 80-90% is made in there so we need to look after it. Serotonin regulates our bowel, anxiety, sleep, happiness, and mood. Pretty impressive little neurotransmitter huh?

You also need to keep the gut healthy so all the other nutrients you need to keep anxiety at bay are absorbed. Our body is complex and its nutritional needs match this. You can have the most colourful, nutritionally dense meal in the world and absorb very little if gut health is poor.

Fibre and variety are key here. I hear you stocked up on pasta and white rice. These fill bellies in a cost-effective way but processed white flour and fibreless white rice are not feeding the good bugs in your gut. Neither you nor your gut will be happy! Swap them out for a plate of steamed, roast or mashed veg. You can do zoodles (spiralised zucchini but you can do carrots and sweet potato too), brown rice or if you're feeling flush some pulse pasta or quinoa. It takes a little thought at first but once you get in the swing it becomes your new normal.

Apples rock my world right now. They have prebiotics and pectin. Pectin is like a balm for the gut. It's incredibly soothing. It also has great fibre and lots and lots of nutrients. "An apple a day..." isn't so crazy after all. Stew, bake, grate and chomp away!

Bone broth is amazing for helping the gut. You can cook bones for 24 hours in the slow cooker or do a meat broth for just a couple of hours. Both help the gut repair and seal. You have time. It's super easy. Give them a go!

Naturally fermented foods like sauerkraut are also amazing for the gut. They have lots of natural probiotics, which are the good bugs our gut needs, and they come with prebiotics which are a special fibre that the good bugs are especially fond of. Google a tonne of recipes or grab some ready made from FoodWorks in the refrigerator section. Either way, add a bit to every meal for a happy gut.

Lastly, that promised word on alcohol. Sales have gone through the roof. Dan Murphy's thinks it's Christmas but honestly, I am seriously concerned that the mental health fall out from alcohol consumption alone will be huge. Self-medication...we've all been there. And it doesn't work. Aside from inhibiting nutrient absorption and damaging your liver it's a slippery slope for anxiety. The anxiety after a night drinking is a researched topic. It exists. Alcohol is known to exacerbate anxiety. Avoid it if you can, keep it to a minimum if you can't.

Maybe your anxiety right now means you are barely able to heat up a frozen pasta dish right now. I get it. Add some store-bought sauerkraut. And tomorrow have fruit with breakfast. The next thing you know you'll be adding bone broth to a stew with a side of sauerkraut and finishing with some crunchy apple. Start small because everything starts with the first step.

The information given here is general in nature and not intended as a diagnosis nor should it be taken as such. It is in no way intended to take the place of advice from your chosen healthcare professional or specialist. If symptoms persist, or you have further concerns, please see your chosen health care provider.

References

- www.ncbi.nlm.nih.gov/pmc/articles/PMC2528232/
- www.ncbi.nlm.nih.gov/pmc/articles/PMC4393509/
- www.healthtalk.unchealthcare.org/heavy-drinking-rewires-brain-increasing-susceptibility-to-anxiety-problems/
- www.beyondblue.org.au/personal-best/pillar/wellbeing/anxiety-after-drinking-and-what-you-can-do-about-it

ANTENNA GUY

Laurence Capocchi

Your local guy looking after your TV problems

- New Antenna Installations
- VAST and Satellite Installations
- NBN - Wifi Networks
- Data, TV and Phone Outlets
- Home Theatre & Sound Systems



All with a friendly smile!

0402 537 952

Antenna Guy
Laurence

laurence.antennaguy@gmail.com

BASED IN KURANDA



TLC TREE SERVICES

Family owned and operated

Damien Woodcock
Professional Arborist

0408 150 734

treelopperscairns@gmail.com treecl.com.au

- Qualified Arborist
- Fully insured • Ergon authorised
- Qualified and highly experienced climber
- Free quotes and advice
- No job too big or too small

Experience ranging from small trees through to advanced rigging, crane work, block clearing and controlled tree removal.

We'll bring a little TLC to any project you undertake



simply healing natural health clinic

All natural Health, nutrition and homeopathic consults are currently offered online to ensure the safety of everyone.

- natural health consults
- nutrition
- homeopathy
- metabolic balance®
- bower therapy
- Kinesiology

ISO offer to help in these crazy times

Acute natural health consultations
\$40 (normally \$70)



The Arcade @ The Original Rainforest Market
www.simplyhealing.net.au
0402 804 591

bath shop

handmade in Kuranda
soap, bath products,
natural skincare, essential oils,
candles, gifts & more



You may still shop by...

email cetihandmadesoap@bigpond.com
tel 0428 643 117

facebook Ceti Bath Shop

Lifeline
13 11 14



Jamie Johns
New Pools & Renovations
0448 825 992



info@tppools.com.au • PO Box 563, Kuranda Q 4881

www.tropicalprestigepools.com.au

Sommer Painting Services

Est. 1995 • QBSA 076195

- New Homes/Repaints • Commercial
- High-pressure Cleaning • Airless spraying
- Roof restorations • Sikkens Timber Finishes
- Free quotes

Ralf Sommer

107 Veivers Drive, Speewah

Phone/Fax 4093 0146

Mobile 0413 313 823

LONG LIST OF LOCAL REFERENCES

SANITISERS & FACE MASKS

TO SUPPORT THE COMMUNITY



In the fight to combat and halt the spread of COVID-19, TRACQS recently heeded the call to produce much-needed sanitisers and face masks for use across our community.

As part of our services of the Community Development Program (CDP), the team took the initiative in combating the concern of not only the Workplace Health and Safety requirements of our CDP participants, supervisors and staff, but also the communities in which we operate.

The initiative fell into the hands of our Kowrova Food Preparation Activity Group, and soon kicked into full gear as our team of supervisors and participants began researching and then sourcing potential recipes and products to produce sanitisers. The team then began the production of a surface and hand sanitiser spray and gel, all fitted with pumps and bottles, all from our commercial kitchen. In total, our

team produced 130 litres of hand and surface sanitiser to distribute for use across our community. All activities, fittings, equipment and offices have since been completely sanitised and stocked with additional supplies.

TRACQS staff were invited to attend a meeting where they met with the team at Kuranda Medical Centre and Kuranda Interagency groups. A shortage of sanitiser and difficulty obtaining it was one of the identified outcomes from this meeting. TRACQS has since supplied the community with much-needed sanitiser and will continue to do so for as long as possible or necessary.

TRACQS Dimbulah Creative Industries Activity has begun production and manufacture of face masks as a 'work from home' activity, and we aim to start further distribution to our vulnerable community members on completion.



Far left: Tie design face masks

Left: Hand sanitiser bottles

Photos: TRACQS



Stay safe and wash your hands

HOW TO USE HAND SANITIZER



Kuranda Village Accountancy



Locally owned and operated by Fay Allen BCom CA

- INDIVIDUAL & BUSINESS TAX RETURNS • GST & BAS •
- PARTNERSHIPS, COMPANIES & TRUSTS •
- SELF MANAGED SUPERANNUATION FUNDS • BOOKKEEPING •

COVID-19

We are open however we are not seeing clients at the office. Please email or call us. We have a mailbox at the office to drop off any documents.

GOVERNMENT SUBSIDIES

Please call us if you are not sure of what you are eligible for. We are dedicated to ensuring our valued Kuranda clients are claiming the maximum from the government subsidies offered.

Fay, Simone, Linda and Robyn wish to thank the staff at Foodworks, Kuranda Pharmacy, Kuranda Medical Centre, Post Office, BP Service Station, takeaways and the various community organisations for providing their valued services to Kuranda at this difficult time.

TIP

If you own a business that has suffered a 30% fall in turnover you may be eligible for the JobKeeper payments – even if you do not pay wages.

4093 8222 info@kurandavillageaccountancy.com.au

kurandavillageaccountancy.com.au

THINKING OF SELLING?

CALL KOAH REALTY FOR YOUR NEXT ESTATE SALE!
BENEFIT FROM THEIR PROFESSIONAL REAL ESTATE SERVICE, KNOWLEDGE & AFFORDABLE RATE, DELIVERED TO OUR LOCAL COMMUNITY FOR 15 YEARS!

CALL FOR OBLIGATION FREE PROPERTY APPRAISAL
www.koahrealty.com.au
sales@koahrealty.com.au

CALL VIK TODAY



4085 0075
VIK 0414 999 687
ABN 12 479 914 263

koah REALTY



ALL IS ART

To the right is an artist's impression of the entire observable universe. We are in the centre, the here and now. The outer layer is the background radiation, 13.8 billion light-years away, and 13.8 billion years ago. It's shown in exponential scale, but that's just how it looks to us. Well that just about covers everything. So too do Jenny's Fairy Bustles, so kids young and old, get out your scissors and start cutting. Have a productive isolation this May Art Lovers, seren.

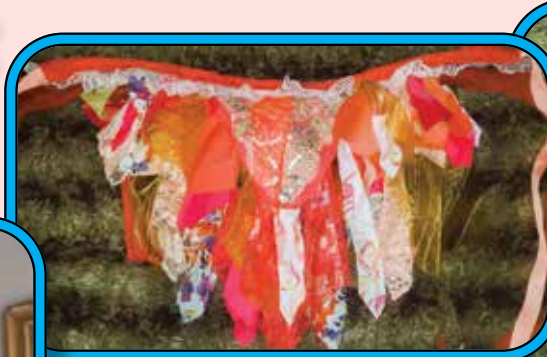


Fairy Craft

with Jenny the Fairy



Fairy Bustles



"Most of us have been stuck at home for over a month now. Cleaning out the cupboards and sorting your house will help you stay sane. If you've done a clothes cull and have a pile for donation, consider upcycling! Pick your favourite fabrics and cut them into squares and strips. Pin and sew them along a piece of ribbon or dressing gown tie and voilà - a Fairy Bustle! For adults it sits at the back and for children it



wraps right around to make a full skirt. Be sure to build it up with happiness so it radiates joy when worn." *Jenny the Fairy of The Magical Lane Kuranda, at the Original Rainforest Markets.*



INSTRUCTIONS

1. Cut fabric into squares and strips.
 2. Pin them along a 2m ribbon.
 3. Add any wool or scrap ribbon.
 4. Sew along the ribbon.
 5. Put it on.
 6. Feel the creative accomplishment.
- Now you can make Fairy magic!

CREATIVITY AND CONNECTION IN THE TIME OF CORONA



Lawry and Chris Goodwin in Coconut Groove Studio
Photos: Lawry Goodwin

As a musician, songwriter, audio engineer and owner of a recording studio, this lockdown gig is a toughie. It's amazing how much you take for granted until you don't have it, a trite comment I know, but I'm sure we're all experiencing that in one way or another.

I enjoy attending open-mic nights to play a few songs, catch up with muso mates and listen to some original songs. I'm often impressed enough by these that I'll invite the songwriters to record them in my studio. I've made some great friends this way. But now there's nothing happening. As a musician I get a real buzz performing. Of course, I enjoy just bashing around at home too, but it's not as much fun. Now, performance opportunities are rightly on hold until this pandemic has run its course. As for songwriting, that's something I often do in isolation but it's always nice to get feedback and encouragement from friends and peers. So how do I stay creative in this current environment?

Surprisingly, a lot more easily than I thought. Sure, I miss the human contact but the internet is an awesome medium. I have friends in the same situation as me and we send each other our song mixes for critique, assistance or just to say "here's my new song, hope you like it". Having a network like this keeps me focused on improving and trying different things. Musically there are other options too. For example, I'm in a Facebook group where musicians send each other little videos of themselves playing a song. It's not for public viewing but is a nice way to support each other.

Finally songwriting. Pretty much every day I'll be working on a song or trying to write a new one but it's easy to get a bit stale on your own. I get a lot of support and encouragement from songwriting mates as well as being a member of the Buzz Music Songwriting Circle. We set challenges for each other and have a week to complete them, not that anyone cares if it takes longer. I find the camaraderie and encouragement a great way to keep motivated and creative.

I was also fortunate enough to be accepted into the APRA (Australian Performing Rights Association) collaborative songwriting program where I was assigned a songwriting partner and we had three hours to write a song on any subject we liked in any genre. It was all done online via Zoom and really made you push yourself. Challenging but fun.

I'm not feeling creatively alone in this isolating environment and I'm very fortunate to have friends helping to keep spirits up and stay motivated. I'm also blessed to have my wife, Chris, supporting me to write and record my own songs and having her sing on some with her gorgeous voice. It takes a bit of effort to remain creative but everything worth having needs some sort of commitment. Having a supportive family and passionate friends and peers will get us all through this and on to the brighter days ahead.

Lawry Goodwin

Lawry and Chris Goodwin create and record original music in their home studio, Coconut Groove. You can catch some of this original, local grown music on their Facebook page - Coconut Groove Studio.

'Face to face' or online shopping available

Our gallery is open again from 11am–2pm daily or we are happy to offer 'face to face' personal shopping for your Mother's Day special gifts.

You don't have to miss getting that special item from the Co-op after all. Artists are happy to meet one-on-one with you for your Mother's Day or general gift shopping. Just call one of the artists listed and they will be happy to meet you at the gallery to assist. Social distancing will be undertaken at all times. **Artists:** Henri 4093 8776, Mollie 4093 9063, Cathy 0407 758 645 or Kate 4093 9668 for assistance.

Check out our online shop through our website. Co-op artists are adding new work all the time www.kurandaartscoop.com

Congratulations to Pam Schultz

Our heartiest congratulations to Co-op artist Dr Pam Schultz on her selection for the Percival Portrait Prize with her outstanding portrait of Dr Rosemary Hill. 'Ro' is the champion advocate for collaborative research with and for indigenous people in North Queensland and beyond. She is a Senior Research Scientist at CSIRO and an adjunct Associate Professor at James Cook University.



What are our artists doing during isolation?

Our watercolourist Ron Clark has started a new project. "A Watercolour Sketch a Day for 100 Days". Although sometimes distracted, the desired outcome is to gradually simplify his 'start to finish' process for a painting so that it becomes second nature, allowing him to paint more freely and engaging a more playful self.

Fibre artist Toni Rogers is sitting quietly in the sun stitching a palm inflorescence basket. Using this centuries old technique we await her finished artwork.

Mollie Bosworth has taken time out of her studio and has been spending valuable time propagating her plants for future online sales.

Klaus Brucksch, glass artist, has been busy making use of the time available in isolation, tiling a new kitchen.

Kate Prynne, jewellery artist, has been heard tapping away in her studio making new jewellery pieces.



Virtual gallery tours

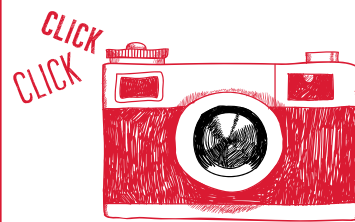
While you can't travel the world at the moment, technology can bring a variety of its natural beauty, history and tourist attractions to you.

Architecture, art and history buffs can take virtual tours of museums, art galleries, and historic houses. The buildings stay nice and still to be recorded in 360-degree splendour and many come with excellent audio commentary. The National Gallery of Victoria has the bulk of their collection available for viewing online and The Art Gallery of NSW has a video channel covering a range of topics. Google Street View takes you inside the British Museum in London, or you can spend five hours browsing Russia's Hermitage Museum via a quality video filmed on an iPhone.

The virtual tour of Mozart's childhood home in Salzburg, Austria, even lets you ascend the stairs to the entrance and in Mexico City, Frida Kahlo's house museum, soon after her death in 1954, captures how natural light floods to show her work.

*In the midst of chaos
Lies creativity*

20 Coondoo Street, Kuranda • 4093 9026
www.artskuranda.asn.net.au



FOCUS ON KURANDA

The **Focus on Kuranda Photography Group** is a Facebook group for photographers of all levels. Photos featured here have received the most 'likes' for the previous month (at the time of going to print).



APRIL

"This is Cassowary Country"
Digital collage/composition

Gerhard Hillman
(18 April 2020)



FROG'S RESTAURANT TAKEAWAYS

Everyday 5pm to 6.30pm
for last pick up

Celebrating 40 years of quality service in Kuranda 2020

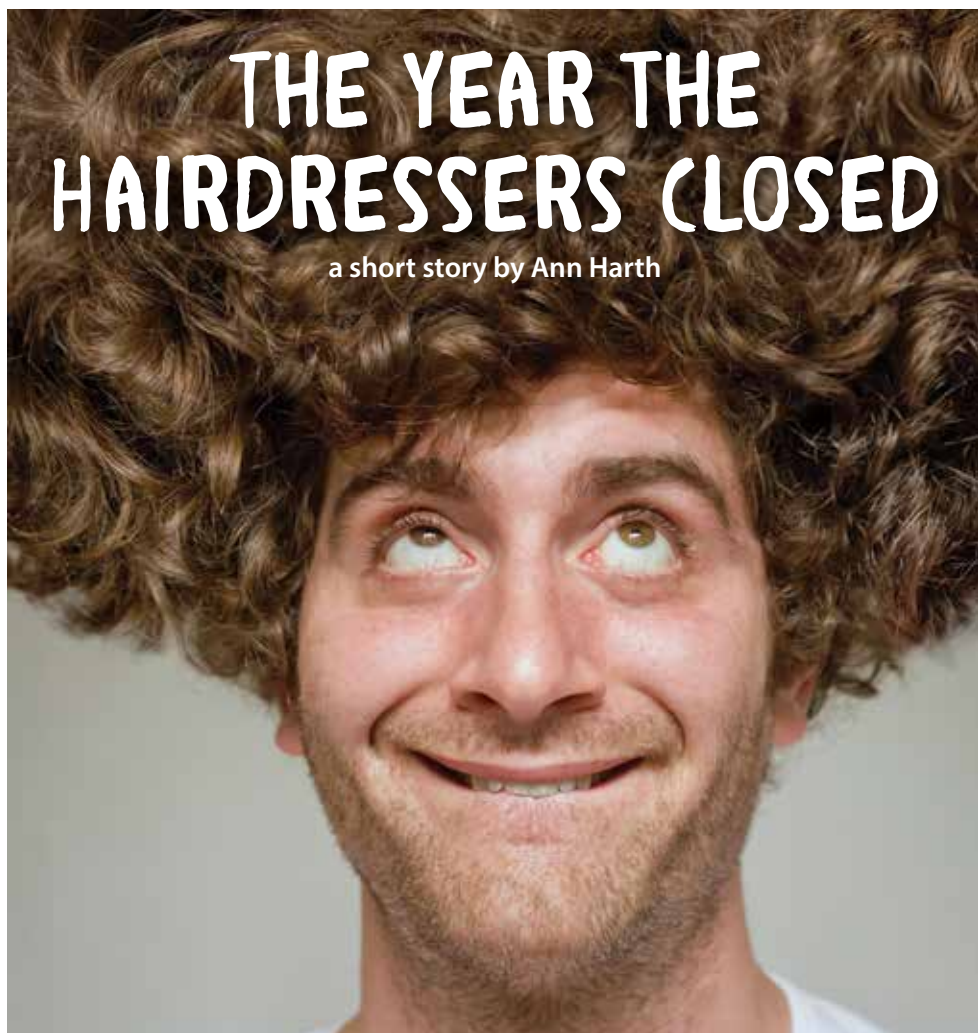
- Pizzas, curries, fish, burgers, garlic bread and more
- Vegetarian, vegan and gluten free available
- Craft and regular beers, natural wines and soft drinks available to consume at home when purchased with a meal.
- Design your weekly menu from our many dishes! They can be frozen, fresh ready to heat, or hot ready to eat. Delivery can be arranged with multiple meals purchased in one order. Please allow 24 hours' notice.
Discuss with Terry or Vicki
0407 937 405 or email info@frogsrestaurant.com.au

ORDERS
Text or call
0407 937 405
with your name and a pick up time
(last pick up 6.30pm)
See menu on FB Kuranda Notice Board or ask us.

OPEN SATURDAYS & SUNDAYS
7.30–9.30am for speciality take away coffee, tea and fresh orange juice, BLT, BLAT (avocado), BELT (egg) and breakfast pizza.

For Gift Cards for friends, family or those in need
www.frogsrestaurant.com.au/giftcard
Cards can be redeemed partially and balance saved for the next order.





THE YEAR THE HAIRDRESSERS CLOSED

a short story by Ann Harth

"Time for bed, Heidi." Dad stuck his head in the door. His shaggy hair blocked out the light. It draped over his shoulders and past his knees. It trailed on the floor behind him and disappeared down the stairs.

"You have to cut your hair, Dad!"

"I know, but all the hairdressers are closed, and I've lost the scissors."

"But it's way too long." Heidi hung her favourite socks on the end of her bed. Pink flamingos danced across the heels.

"I thought you liked it long." Dad leaned over to kiss Heidi goodnight, and everything went dark.

Hair tickled Heidi's nose and tickled her lips. Hair covered Heidi's face.

Achoo!

"Please cut your hair, Dad," Heidi said.

Dad held his hair back and dropped a kiss on the top of Heidi's head. "You used to like it long." He closed the door softly behind him.

At first, Dad's hair was fun. When it reached his waist, Heidi brushed it and curled it and tied it with ribbons.

Dad's hair was fun when it reached the floor, too. He'd lie at the top of the stairs, and Heidi would brush it into a waterfall tumbling down the steps. Her stuffed animals sailed toy boats down the gentle swells. Sometimes Heidi-the-storm wiggled the ends of Dad's hair. Boats capsized and Heidi-the-hero scooped many small animals from the wild waves. Dad's hair was even fun when it started to drag along behind him. Heidi could braid it into a long rope and tie one end to a door handle. Dad swirled his head around and around and created their very own skipping rope.

But now, Dad's hair was too long. It took hours to curl, and the river reached to the bottom of the stairs, through the kitchen and out the back door. Dad's hair was even too long for a skipping rope – it kept hitting the ceiling.

Heidi glanced at her flamingo socks and smiled. It was always a good day when she wore her favourite socks. Tomorrow, she'd get Dad to cut his hair.

The next morning, Heidi jumped out of bed and threw on her clothes. She pulled on one sock and reached for the other. Her hand stopped in mid-air.

Where was her other flamingo sock?

She dropped to her knees and looked under the bed. No sock. She shook out her sheets, but no flamingos danced from her bedding.

"Dad!" Heidi thundered into the kitchen. "Where's my sock?"

Dad closed the fridge. His hair flowed onto the floor covering it like a thick carpet. He looked up. "It's on your foot."

Heidi lifted her bare foot and wiggled her toes. "Where's the other one?"

Dad shrugged. "Want some breakfast?"

Heidi sighed. She slipped into her chair, and Dad placed a plate of bread and honey in front of her.

"Bliss," Heidi called. "Here kitty. Where are you Bliss?" Bliss always purred on her lap at breakfast.

Dad was searching through a drawer. He closed it and opened another. "Have you seen my

screwdriver? The one with the yellow handle?"

Honey dripped down Heidi's chin. She shook her head.

Dad looked out the kitchen window. "I've lost so many things lately. Yesterday I lost my sunglasses. The day before that, my keys disappeared, and now I'm missing my screwdriver."

"And my sock!" Heidi added. "And where's Bliss?"

Dad snapped his fingers. "Maybe I left my screwdriver in the car." He headed for the back door. His hair swept after him.

Swish, swish, jingle.

Heidi looked up.

Swish, swish, jingle.

"Dad! Stop!" Heidi raced after her dad.

"What is it?" Dad spun around.

Jingle, jingle, swish.

Heidi dropped onto Dad's carpet of hair. Something moved under the brown waves.

Miaow. A tiny head peeked through thick strands of hair.

"There you are Bliss. What else is in there?" Bliss leapt onto Heidi's shoulder and then onto her chair.

Something yellow peeked through the strands.

"I found it!" Heidi held up a screwdriver.

Dad held out his hand.

"Wait!" Heidi said, spotting another lump. "There's more."

She scrabbled through Dad's hair and yanked out a pair of sunglasses.

"And look!"

Jingle jingle.

"Here are your keys."

Heidi wiggled her toes. "You know what, Dad? I bet ..." She dug her fingers into the Dad's thick hair and hooked her pinkie around something stretchy.

"Yes!" Heidi held up her missing sock. She pulled it over her toes and stood up.

"Nice work, Heidi!" Dad said. "Next time something goes missing, we'll just brush my hair."

Heidi stood on her father's carpet of hair and touched his cheek. She wiggled her toes in her favourite socks. "Dad. Please. May I cut your hair?"

Dad placed his screwdriver and keys in the kitchen drawer and his sunglasses on the shelf.

He sighed. "Okay, but where are the scissors?"

Heidi dove back into the carpet of hair. She pulled out a scarf, a tea cup, an ice skate, three books and an alarm clock. Finally, her fingers closed around something cool and smooth.

"The scissors!" Heidi held them up. "Ready to get a haircut, Dad?"

"I'm ready. Just one question, Heidi."

Heidi pulled out a chair for her father. "What is it?"

"Where's your little brother?"

Speewah-based writer Ann Harth has been gifting children stories to read on her website blog www.annharth.com since late March, when she found herself like most us at home and with much more free time than usual. More stories appear each week on Ann's blog for lucky readers to enjoy. Thanks Ann for letting us publish this recent story, we are sure quite a few will be able to identify with wayward tresses going amok.

Ann's most recent book "Bernice Takes a Plunge" is also available at Collins Booksellers in Smithfield.

Kuranda Paper

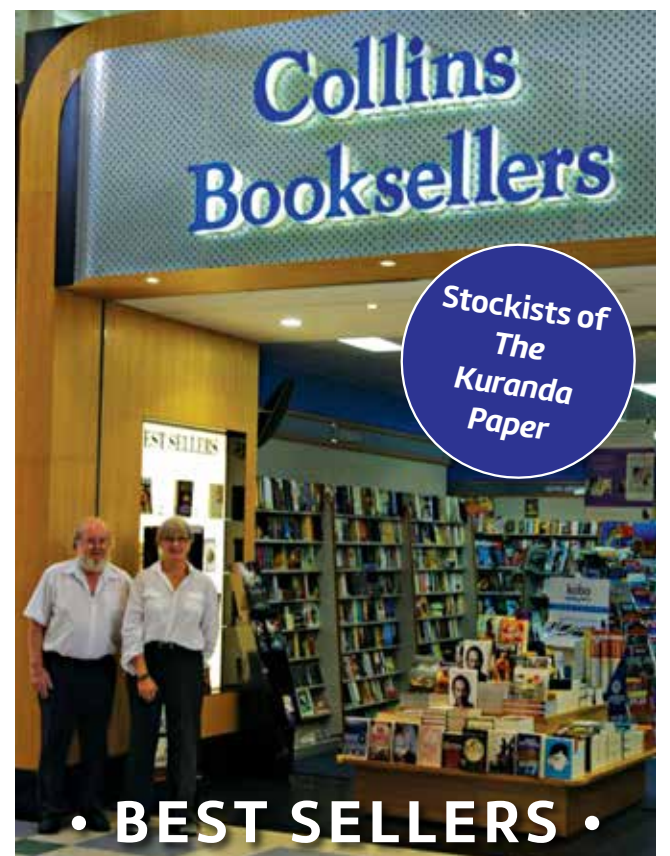
Collins Booksellers
is still open from
9am–4pm
Monday to
Saturday, and
11am–3pm
Sunday.

We can deliver
books to you, your
family and friends –
just let us know.

Phone 4038 1786 or
email
smithfield@
collinsbooks.com.au

**Andrew & Kerstin
Brown**

Collins Booksellers
Shop 130,
Smithfield
Shopping Centre,
Smithfield



• **BEST SELLERS** •

**Collins Booksellers Smithfield
BEST SELLERS FOR APRIL 2020**

- 1 **Slime** by David Walliams
- 2 **A Bigger Picture** by Malcolm Turnbull
- 3 **Seasons of War (Skulduggery Pleasant #3)** by Derek Landy
- 4 **The Mirror and the Light** by Hilary Mantel
- 5 **The Dickens Boys** by Thomas Keneally
- 6 **Call of the Raven** by Wilbur Smith
- 7 **Bernice Takes a Plunge** by Ann Harth (Kuranda author)
- 8 **End of Days** by Sylvia Browne
- 9 **The Eyes of Darkness** by Dean Koontz
- 10 **The Hidden Kingdom (Wings of Fire #3 graphic novel)** by Tui Sutherland

CREATIVE STRATEGY TO BOOST ART AND CULTURE

Council continues to support and promote art and culture across the Shire. The Regional Arts Development Fund strategy for 2020/21 was adopted by Council on 22 April. The Regional Arts Development Fund is a partnership between the Queensland Government and Mareeba Shire Council to support local arts and culture in regional Queensland.

The plan focusses on cultural tourism, public mural partnerships and youth engagement.

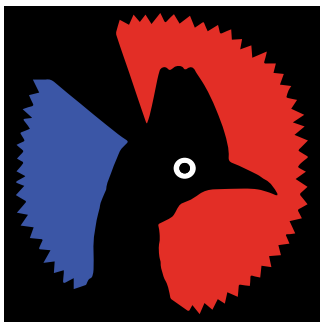
"RADF is a fantastic program that promotes the role and value of arts, culture and heritage in regional areas," Mareeba Shire Mayor Angela Toppin said.

"The Strategy will include initiatives that develop and promote the community's locally distinct arts, culture and heritage both for members of that community and visitors.

"Furthermore, we will be fostering partnerships with professional artists and private building owners to encourage public murals across the Shire," Cr Toppin said.

The Strategy also includes the creation of a unique mural for the new Mareeba Library. The artwork will be inspired by historical library artefacts, images and documents depicting the impacts of social, economic and technological changes to the library.

"The artwork will be digitally printed onto wallpaper and applied to an internal wall of the new library, creating a vibrant, colourful and welcoming entryway," Cr Toppin said.



KURANDA conservation COMMUNITY NURSERY Inc

1 Pademelon Lane, Kuranda 4881
Phone: 4093 8834 | Email: kurandaconservation@hotmail.com
www.kurandaconservation.org

The KCons Community Nursery is nearly always open!

The nursery is **NEARLY ALWAYS OPEN**. It's an open, airy, safe place to come to get your plants for that garden space you've recently cleared. We'll keep our distance and you can get on with your garden rejuvenation.

We get many enquiries for low-growing bushes for screening so we've been concentrating on these types of plants. At last, the Lomandra seeds have sprouted and been potted up so lots available.

Our aim is to improve habitat for wildlife. That means food for all the species out there and in your garden. When you're considering plants for your property, please think native!

**** Two sturdy box trailers available for you to borrow 4093 8834 ****

CASSOWARY REPORT

No major dramas reported for April. Merlin and his juvenile are permanent residents of Black Mountain Road and seen by many. They are showing signs of being over-friendly with anyone and everyone and have learnt that cars are a good source of food. Feeding cassowaries can kill them — not just because of the inappropriate food you may give them, but because it puts them in danger of running over to you and into the path of a vehicle. Leave them be. Admire them from afar and keep them safe.

Dad, now about 45 years old, is still in the company of his last year's youngsters, and Gertie is giving him the eye once again. Will he ever learn!

Elvis and his two remaining offspring run the gauntlet of the highway near the bus depot (where the highway divides into four lanes as you leave Kuranda heading for Cairns) just about every day. He's already lost one chick at this location, hit by a vehicle in that 80km per hour zone. Cassowaries and roads are a bad mix and we are trying our hardest to influence road design in the hope that in the future roads will be built with wildlife front and centre, especially in the Wet Tropics, and not just with people in mind.

We regularly receive reports of sightings in and around Kuranda. Speewah is a hot spot, especially adjacent to the Barron Gorge National Park. The sightings we receive are entered on to a national database for the record. We love it when you give your local birds a name so we can keep track of them. Keep us informed, please, on 4093 8834 or via Facebook and Messenger.

TREE-KANGAROOS

We finally got some tree-kangaroo food/habitat plants to Bob and Del Flemming of Billabong Sanctuary, Townsville, to assist them in setting up a dedicated sanctuary for tree kangaroos. It's a great feeling to be part of these initiatives that improve the lot of our wildlife.

HAPPY SPACE

In this edition of The Kuranda Paper we are inviting children of any age to submit a drawing or painting about cassowaries. We've just received this fantastic poster from Leif Green, aged 5. This picture will go onto our website for everyone in the world to see.

If you can send your picture in an email to us at kurandaconservation@hotmail.com, it too will go on to our website. We'd like you to make your picture as factual as possible. For example, use the right colours for the feathers, eggs and the fruit you know cassowaries eat so that your picture will be an education for those who see it. Write your name and age on your picture. It's going to be fun to see what you draw/paint for us.



Kuranda LANDSCAPE SUPPLIES
& RAW MATERIALS

"ONE JOB, ONE CONTACT"

"LOCAL FAMILY OWNED AND OPERATED"

Available now for BULK RAW MATERIAL LOADS QUARRY DIRECT & BULK FROM YARD.

FOR ALL YOUR EARTHMOVING, RAW MATERIAL AND LANDSCAPING NEEDS

OPENING HOURS

Mon-Fri	7am-5pm
Sat	7am-3pm
Sun	9am-3pm
Public Holidays	9am-3pm

PH: 4093 8377
45 Myola Rd

J. & R. GREGO GROUP
TRANSPORT & EXCAVATIONS

- CHEAPEST DEALS ON SAND, SOIL & STONE**
- PLANT HIRE: BOBCATS, BACKHOE & LOADERS, ROLLER, EXCAVATOR, TRUCKS, MINI EXCAVATORS PLUS ALL ATTACHMENTS**
- WATER TRUCK DELIVERIES, FREE QUOTES**

All Your Earthmoving Needs
Driveway & Erosion Repairs & Restorations
Get a price and see if we can beat it!

Call Ron: 0419 705 005
47 Myola Rd Kuranda 4881
Servicing All Areas

Social distancing
...but
still working!

NO COVID-19
2020 VINTAGE

f p i NettieO
DESIGN

m. 0416 120 852 e. artwork@nettiedesign.com
nettiedesign.com

sprout

juice & coffee bar

**OPEN FOR TAKE-AWAYS
DRINKS AND FOOD
LOCALLY BAKED BREAD
AND PASTRIES**

**Monday to Friday
7.30am – 1pm**

Phone orders welcome
4093 8256 or order
via Messenger

07 4093 8256
24 Coondoo Street, Kuranda
sproutkuranda@gmail.com

tripadvisor **f i** RESPONSIBLE CAFES

EMU RIDGE GALLERY KURANDA

DINOSAURS IN KURANDA

Two-storey high, unique Dinosaur Skeleton, fossil and gemstone museum, gift shop, gemstones, crystals and jewellery. Located at the Original Kuranda Rainforest Markets – look out for the big Dinosaur out the front!

FREE ADMISSION

7-11 THERWINE STREET, KURANDA
emuridgegallery@bigpond.com

0408 728 711

We are the invasive resist-ants

Introducing Fury

Welcome Fury! Fury is a purebred black Labrador. She is an odour detection dog specifically trained to detect yellow crazy ants for the Wet Tropics Management Authority's Yellow Crazy Ant Eradication Program.

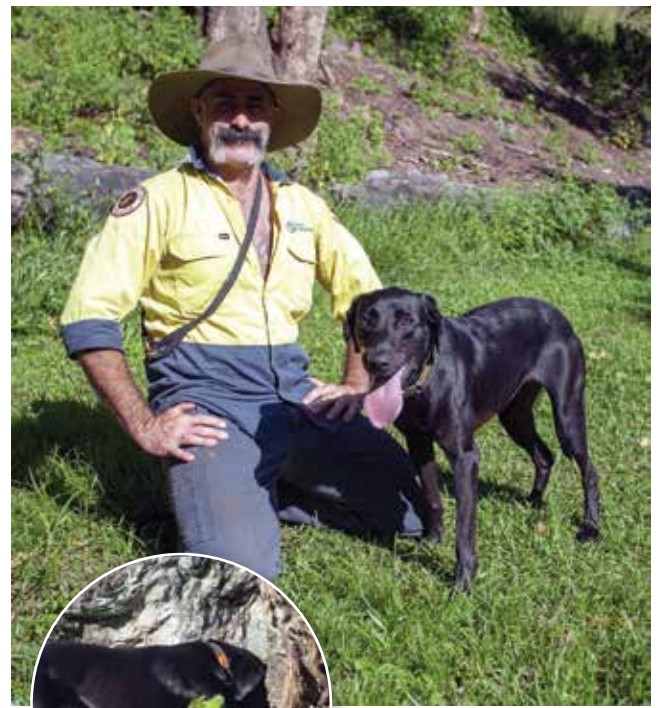
Fury with handler, Stuart Biggs, passed validation in March. The Queensland Department of Agriculture and Fisheries (DAF) carried out an independent validation process which required the dog and handler to complete a series of ten tests with at least an 80% success rate. Her achievement was a culmination of a year of training with six months in Cairns with Stuart, as part of the Authority's Yellow Crazy Ant Eradication Program.

Fury is purposely trained to detect yellow crazy ants in very low numbers. Her abilities greatly increase the probability of detection, particularly for the few small persistent areas of yellow crazy ants remaining. Her training has already proved to be successful with her discovery of the new infestation at Henley's Hill in February this year.

Fury and Stuart will be working in the Kuranda area to help the survey teams find any remaining ants.

The eradication program aims to obtain three more dogs and a handler this year. The aim is to detect low numbers of yellow crazy ants in residential and open suburban areas, and to find further infestations.

The success of Fury's validation is owed to Craig and Tracey Murray from Credible Canines Pty Ltd, who



Above: Stuart Biggs with Fury. Left: Fury undertaking yellow crazy ant detection at Henley's Hill, Earlville. Photos: Wet Tropics Management Authority

provided specialist training to both Fury and her handler, Stuart, to develop the skills, teamwork and the close bond that is essential for successful results on the ground.

Thanks to DAF for arranging and paying for Fury's training. DAF has successfully trained dogs to detect the red imported fire ant in southeast Queensland and electric ant in the Wet Tropics. **Ciara**

Join the invasive resist-ants

- f** Yellow Crazy Ant Community Taskforce
- globe** envirocare.org.au/yellow-crazy-ants-taskforce
- envelope** yca.ciara@gmail.com



BUTTERFLIES AUSTRALIA ID APP

This innovative free butterfly app provides everything you need to get out and watch butterflies. The field guide provides basics on how to look for and identify each species of butterfly found in Australia.

The data submission facility lets you send your butterfly sightings to an expert panel for verification where they will contribute to research and conservation on butterflies.

Search for this app on your iPhone or Android app store.

Cairns Birdwing caterpillar
Photo: Hans Van Veluwen

**We are a
Local**

*"Queensland Health
Approved Products"*

**TERMITE
SPECIALIST**

MAXIMUM PEST MANAGEMENT

Max & Jodie Turner
MOB: 0418 150 759

PH: 4092 1999
E: maximumpestman@hotmail.com
W: www.maxpestman.com

BIRD POO WITH FANGS



A female bird-dropping spider hangs beneath her egg sac.
Photo: Alan Henderson

In the world of minibeasts, there are many ways in which to camouflage. There are katydids that look like leaves, mantids that look like flowers, and insects that look like sticks. But bird droppings? Of all the things for a spider to look like! But it works very effectively for the Bird-dropping Spider, *Celaenia excavata*.

This spider has been described as a master of camouflage, with its colour patterns and body shape truly resembling a big blob of bird poo. As birds are one of the main predators of spiders, disguising oneself as their bodily wastes is a great way to avoid them.

Bird-dropping spiders are found throughout most of southern and eastern Australia, and are present in our region. They are probably more common than we realise as they are easily overlooked as they happily bide their time in the garden.

It is the female spider that is most often noticed by keen-eyed people. She has a body length of 12mm, and looks like what can only be described as a big blob of bird poo. Her abdomen is quite large in comparison to the rest of her body and is predominantly white with black and brown patches. She is often surrounded by her egg sacs, and can produce up to 13 in a season. The egg cases are large round brown spheres, almost as large as the female spider herself, and are covered with black criss-cross markings. In most cases, it is the egg sacs themselves that catch the eye of people. The male is insignificant in comparison – like many spider species, he is much smaller than the female, and only grows to 3mm long.

The bird-dropping spider has a peculiar diet – it feeds at night almost exclusively on male moths. What is so amazing about this spider is that it is able to attract the moth close enough to catch by releasing a pheromone or chemical scent that is similar to that produced by a female moth. The male

moth is lured in by this scent, but instead of finding a mate, he finds a predator in waiting. This is known as aggressive mimicry.

This harmless spider is often found in the same location night after night for months, so if you do happen to spot one, check it after dark and you might even be able to observe it in the act of hunting.

Deanna Henderson, Minibeast Wildlife



www.minibeastwildlife.com.au

FREE Friday deliveries
for locals at locals' prices!

honey

Place your order for delicious local honey via email or Facebook Messenger

✉ honeyhouse@bigpond.com

📍 Honey House Kuranda

Check out our website for all available products!



EXCELLENCE SINCE 1959

LIMITED STOCKS OF PROPOLIS & MANUKA

honeyhousekuranda.com



THAI KAI CAFE

TAKEAWAY ONLY

OPENING

4-7.30pm WED to SAT
for takeaways only

Phone 4093 8770

The Red House, 24 Coondoo St, Kuranda

SHOP LOCAL
SHOP ONLINE



Mother's Day SALE

FOR THE MONTH OF MAY*

25% Off STORE WIDE

www.sandravidendesign.com

*MOTHER'S DAY SALE VALID TILL 31/05/20

FREE POSTAGE IN AUSTRALIA

Give a gift of choice this Mother's Day
select one of our

Gift Vouchers

SANDRA VIDEN DESIGN
Designed and Made in Australia

Shop online - www.sandravidendesign.com
shop@sandravidendesign.com Mob: 0412 636 379

028204RU



Friends of the Earth

Far North Queensland

Protecting the Places We Love

Hinchinbrook is precious to north Queenslanders. Its wild coastal beaches and crocodile creek crossings are a coming of age for wilderness bush walkers up here. It's the land of the Girramay people.

Yet State Tourism Minister, Kate Jones, is offering public money to develop infrastructure within Hinchinbrook and other marine and national parks for developers' private profit. On offer is a business partnership with leaseholds of 60 years. She proposes exclusive and expensive glamping cabins along the track with associated infrastructure placed in this natural environment. The heavy footprint of 'man' is coming.

If ever there was a time to let things be, now is the time. Species extinction crises, threatened and endangered animals vanishing and habitat destruction signal a rapidly dying planet. Marine and national parks and World Heritage protections were put in place in order to safeguard and protect biological diversity.

Six trails in total have been chosen for development:

- the iconic Thorsborne trail on Hinchinbrook Island
- Cooloola Great Walk in Great Sandy National Park
- Wangetti trail from Port Douglas to Palm Cove
- Wgaro Walking track on Whitsunday Island
- Paluma to Wallaman falls near Townsville

The State Government's argument is that this will grow the local economy and so help the community. This seems doubtful – tourism is a volatile industry – and at what cost? The cardinal principle of national and marine parks is to protect wildlife and wildlife habitat, ecosystems, wild creeks, rivers and the stunning landscapes and scenery. Once this principle is put to one side, what comes next? Logging, mining, grazing?

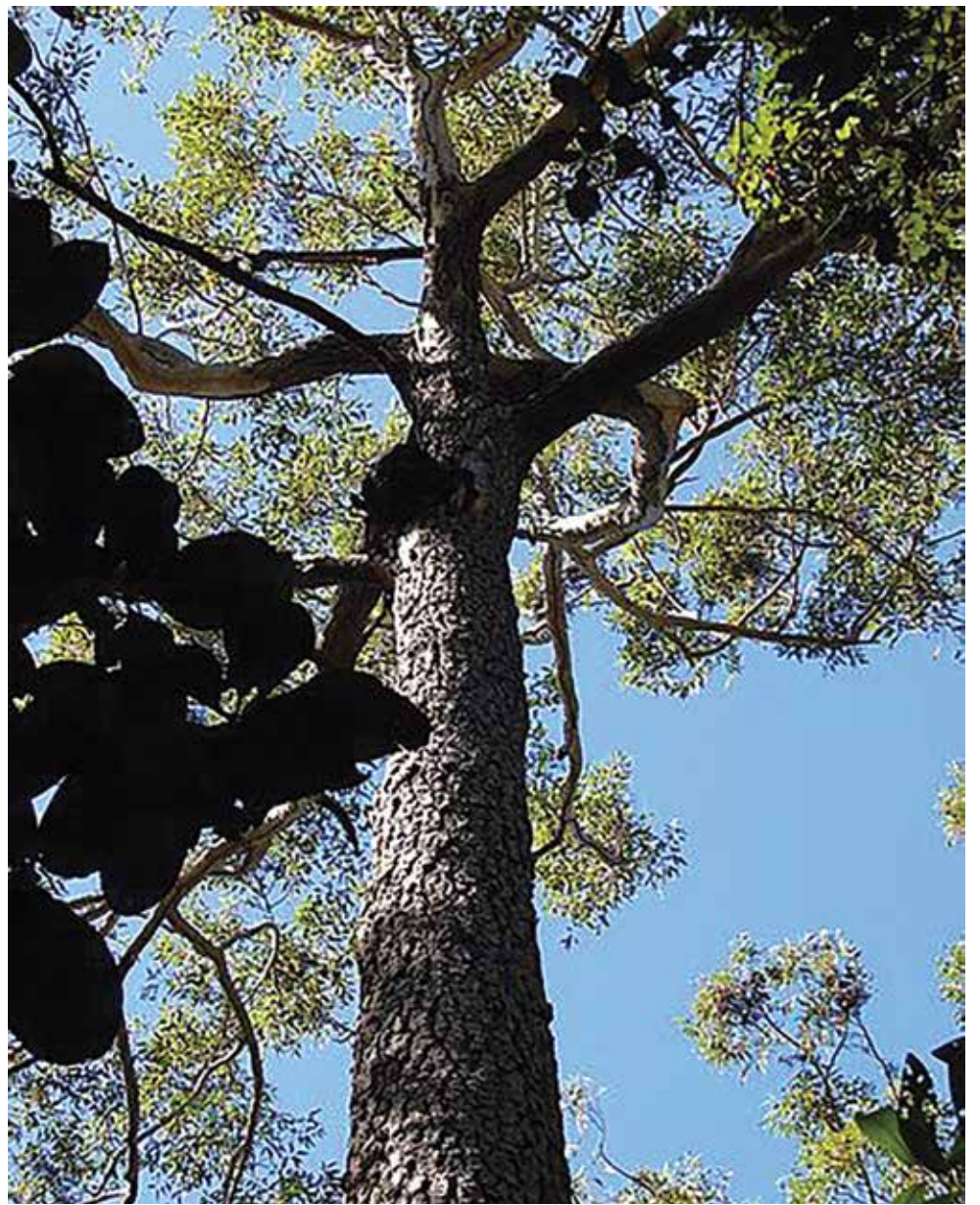
This is happening with very little public consultation. Protected areas are not only a local community asset to be respected, cared for and enjoyed. They are also an asset for everyone in Queensland, Australia and globally, for present and future generations. They have not been created for the economic gain of governments nor developers.

ACTION: Please contact Tourism Minister, Kate Jones, to register your opposition (phone 07 3719 7530, or email tourism@ministerial.qld.gov.au), and ask Environment Minister, Leeanne Enoch, (phone 07 3719 7140, email environment@ministerial.qld.gov.au) why she is failing to protect the cardinal principle—Enough is Enough. Public Parks not Private Playgrounds.

The Environmental Protection & Biodiversity Conservation (EPBC) Act is federal legislation designed to protect the environment and if strengthened would also help prevent inappropriate developments (like KUR-World, Adani and the Murray Darling River system collapse) outside of protected areas.

The EPBC Act is under review now. While the public submission time has ended, there is still time to lobby Federal Government and tell them their current care of protected areas is not good enough and that we, the people demand more.

ACTION: Put in a late submission and/or comment about the EPBC Act review and go to www.epbcactreview.environment.gov.au/get-involved

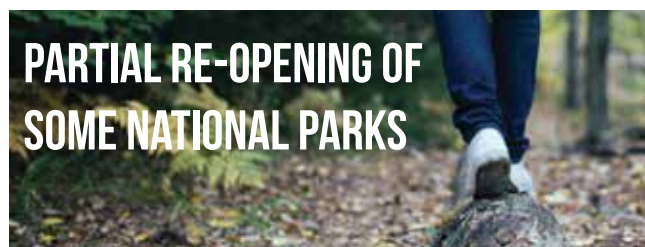


Eucalyptus tree. Photo: Tatiana Gerus, Brisbane, Australia / CC BY (www.creativecommons.org/licenses/by/2.0)

The Good News

The National Health Service in the UK needs all the help it can get as it battles against the COVID-19 pandemic. So 99 year old Tom Moore set out to raise \$2000. He planned a sponsored walk of 100 laps around his garden while on a Zimmer frame before he reached his 100th birthday. To his astonishment and delight, he has raised millions of dollars.

NEXT Meeting: Wed 7 May 7pm via Zoom. Email: fnq@foefnq.org.au for details or phone Margaret on 0403 214 422. All welcome.



Some popular areas in National Parks in Queensland will re-open Saturday 2 May 2020, following a relaxation in guidelines from the Chief Health Officer. People will have some greater freedom to visit parks and forests to exercise and look after their mental health—but all Chief Health Officer's guidelines must still be observed, including social distancing.

Campgrounds will remain closed until the Chief Health Officer decides it's safe to reopen. Queensland Police Service can still issue on-the-spot fines for breaches of the Chief Health Officer's directions.

Signage will be in place to inform the public of any local requirements to ensure public safety, but locals should check Park Alerts online for the most up-to-date information about closures.

A full list of those parks re-opening can be found at www.des.qld.gov.au

Your local pool man in Kuranda

NICK'S POOL SERVICE

For all your pool and spa needs

- CLEANING
- SERVICING
- REPAIRS & MAINTENANCE
- POOL EQUIPMENT SALES
- CHEMICAL SALES
- ADVICE

Call Nick

0414 644 230

allspaandpool@gmail.com

Now is the time to lobby Government

Just 8% of Queensland is National Park or World Heritage listed with 17% the recognised international target.

Rollbacks in the protections of National Parks and World Heritage listed sites are having long-term impacts. Nature is under siege with approvals given for private developments, recreational infrastructures and mining. Logging has been approved in fragile environments, post bushfires, against the EPBC Act and recommendations.

2020 saw our worst bushfire season on record. The tropical rainforest at Japoon National Park caught fire – mature rainforest trees were destroyed across 250 hectares. Experts and authorities have expressed that the remarkable extent of the damage across an environment expected to act like a natural fire blanket to suppress fires, is the clearest evidence that climate change is in the tropics.

An alarming 3,000,000 hectares of native bushland is cleared every year in Queensland alone. Parts of Australia have experienced some of the most severe droughts in history. January has been the hottest month globally ever recorded. The Murray Darling has suffered shocking fish kills due to poor management and greed.

This slippery slope is not exclusively terrestrial, with our marine waters also greatly impacted, particularly the Great Barrier Reef, which experienced mass coral bleaching again this year.

82% of Australians are worried that future generations will grow up with less access to nature and wild spaces. We have an overarching societal goal and 'Duty of Care' to avoid causing environmental harm with a responsibility to repair and restore impaired landscapes for future generations and

as a way of mitigating climate change. We need to protect the places we love so our air, water, wildlife, marine life and humanity can not only survive but thrive.

"Places you Love," founded by Australian Panel of Environmental Experts (APEEL) consisting of 250 scientists and lawyers and supported by 1.5 million Australians and 65+ Environmental groups and organisations have written a Blueprint asking for international best practice to address climate change.

This is a once in a decade chance to have a real national conversation about how we protect our environment with the review of the EPBC Act now underway. NOW is your chance to start lobbying Federal and State Ministers – our Government needs to hear the many voices calling for policy reform.

For more information visit:

- www.placesyoulove.org
- www.envirolawopenletter.com.au
- www.epbcactreview.environment.gov.au/resource/discussion-paper
- www.edo.org.au/2019/11/25/analysis-the-epbc-act-review-a-once-in-a-decade-opportunity
- www.cafnec.org.au/2020/03/11/epbc-submission

Take advantage of your time at home to make a real and essential difference to the survival of our unique wildlife, ecosystems and humanity's quality of life as we face the pending climate crisis on our doorstep. I know you can do it.

Ingrid Marker, Cassowary Keystone Conservation



Herbal Liquid Gold

The many benefits of liquid herbal medicine

If you have not yet visited my clinic in Myola, I have a great love and passion for herbal medicine. When the COVID restrictions are lifted I invite you all to visit and see for yourself my rather substantial collection of liquid herbal extracts which grace the clinic dispensary shelves.

Liquid herbal extracts are a traditional form of herbal medicine and have been manufactured, prescribed, researched and documented since the 16th century. However, herbal medicine itself has existed since the paleolithic times with the earliest known recorded use by the Egyptians from 1500 BC.

Herbal liquid extracts are a valuable and rich source of phytochemicals (plant compounds) that offer many medicinal actions that benefit physical, mental and emotional health and wellbeing. There are hundreds of herbal extracts that are available globally and utilised every day by Herbalists and Naturopaths to treat a wide variety of health complaints.

Of all methods of extraction, alcohol (or ethanol) as the solvent in the right proportion suited to the individual dried herb is most efficacious in extracting the active compounds of the plant material.

Herbal liquid extracts have many benefits when it comes to natural medicine such as enhanced absorption, which is helpful for those with poor digestion. Dosing is flexible and suitable for all ages from infancy, children, adolescence, adults, during pregnancy and lactation, and for the elderly. The use of liquid extracts is incredibly versatile, including the use of mouthwashes, throat sprays, nasal rinses and topically in creams, bath wash, douching and directly to the skin for abrasions and boils. Additionally, your practitioner has a great advantage in tailoring your remedy to your individualised needs mixing a variety of herbs that are applicable to your present health complaints.

Here in Australia, we have world-class manufacturing facilities of herbal liquids and tablet formulations. And with the prescription of these high-quality herbal liquids from a qualified Herbalist or Naturopath, you have the opportunity to experience many positive health outcomes.

See below some positive experiences and results my clients have had when prescribed herbal liquid extracts for themselves and their families:

"My family and I have been using liquid herbs for many years now to address our many needs. They are a steadfast comfort to our family and always deliver. Herbs are like a warm cloak that protects you, soothe you and sustain you. Their benefits are immediate and stay for the long haul. We are never without their support". Sajidah, Kuranda

"Jaunita and her herbal liquid remedies are nothing short of miraculous. I came to her desperate to help improve the health of my children, after months of green snotty noses, chesty coughs, lethargic unwell children. I had tried 'everything' that my GP had recommended- pharmacy prescribed probiotics, antibiotics the list goes on. I would consider our family to be food wise with using food as medicine- bone broths, loads of fruit and vegetables and limited processed food. However, the kids were still sick and the endless cold/flu sickness was draining all of us. My consultation with Jaunita helped to strengthen my knowledge of food as medicine and increase my knowledge and skills on how to improve the health of my family along with the herbal liquid remedies they were prescribed. After 1 week the recovery of the three kids was dramatic, after two weeks their symptoms had completely disappeared and their health was restored. My mind was finally at ease!! I am so grateful to Jaunita. She has an easy-going, thoughtful and considerate nature. She was in contact with me after our consultation to see how we were getting on and she had some extra suggestions on how to improve my family's health. We weren't just a number, she had considered our wellbeing well after our meeting and was generally happy to hear of the improvements in the kids. I have and will recommend Jaunita to everyone no matter what health issues you may need". Olivia, Kuranda

Top Three Herbs for Immune Health:

Please note: herbal medicine can be contra-indicated with pharmaceutical medication and also certain medical conditions. It is advised to seek professional guidance from a Naturopath or Herbalist before purchasing herbal medicine. Additionally, seeking help from a Naturopath or Herbalist you will be further enhancing your health from the correct prescription of herbal medicine based on your individualised needs and be provided high quality practitioner products that are safe and efficacious.

ECHINACEA (*Echinacea purpurea* & *Echinacea angustifolia*)

In combination these two species are a powerhouse, enhancing the immune modulating actions as well as anti-inflammatory and vulnerary that aid in the prevention and management of colds, flus and certain immune conditions. Taken daily long-term, Echinacea is helpful for overall health and wellbeing, beneficial for daily stresses of modern life with an adaptogenic action.

ANDROGRAPHIS (*Andrographis paniculata*)

This phenomenal bitter herb is well known for its immune stimulating action and robust nature that helps as a digestive and liver tonic. Andrographis may be prescribed for colds, flus, to relieve sore throats, mild fevers and combines well with warming herbs such as ginger.

SIBERIAN GINSENG (*Eleutherococcus senticosus*)

A well indicated herb for our current climate for those with stress and anxiety levels elevated. Siberian Ginseng is a delicious and highly beneficial herb in times of great stress and overwhelm feeling, supporting our nervous and immune systems. Prescribed for fatigue and helpful for physical and mental performance. A popular tonic for parents!

These are just a few of the many herbs that can help immune health. If you're interested to find a herbal remedy that is best suited to your immune or general health needs contact for an introductory 'Family Immune Health' consultation for \$55 with Your Family Naturopath ~ Jaunita May, 0423 866 959. Skype and Zoom consultations are also welcome.

FOR BOOKINGS CONTACT:

Jaunita May, Your Family Naturopath

Phone: 0423 866 959

Email: jaunita.may@gmail.com

383 Myola Road, Kuranda

www.yourfamilynaturopath.com.au



BUMBLEBEE MOTORS

We Stock & Sell Batteries for:

- Automotive – All Makes, All Models & Motorcycles
- Generators
- Deep Cycle
- Solar
- Dual Battery Systems

Email us to book your car in bumblebeemotors@bigpond.com



Competitive pricing on all Mechanical Services
Tyres at a price you can afford
Wheel alignments
Servicing of all makes and models
Advice you can be assured of

Barang Street • Kuranda
Phone/Fax 4093 9235

Dennis Hunter



Photo and article supplied by Djabugay Aboriginal Corporations

In February, Djabugay Aboriginal Corporations welcomed a new Cultural Development Officer in Mr Dennis Hunter. The position was created by CEO, Mr Nicholas Mills, "to ensure Djabugay cultural integrity is kept foundational to the corporations' purpose, vision and business. By having a role dedicated to liaising with our community on cultural issues and programs, the Djabugay people are empowered and their custodial rights and duties maintained. The role is also vital to informing our business and opportunities of culture in arts, tourism and economic ventures."

Mr Hunter's connection to country and the Djabugay community is clear in his memories of growing up on 'bulmba' and is the reason he is so passionate about keeping Djabugay culture alive; and perfect for the new role:

"My mum comes from Bulway and Djabugay clan, and my dad is from Erub, Darnley Islands but he spent most of his time on mainland living in the Kuranda area. In addition to learning about my father's culture, I also learnt about my mother's Djabugay culture, since I was growing up on Djabugay Country.

I remember clearly going out to Mantaka as a kid, visiting family members such as the Brim family, and living with Dad Barry Hunter and Mum Erna Hunter and my cousins. Staying in the old houses were the best days and times of my life. It was good to be growing up around the old lifestyle without any power and no hot water systems. The Barron River was the only place to have an early bath back then.

I also liked camping up towards Fairyland, and going fishing every school holiday and staying there all day nearly every day. Never once worrying about coming into town because we all had something to do. We went fishing, and learnt how to wrap fish in ginger leaf the old way. Walking up and down the river with an Uncle showing us how to get our food before the evening; many fish and eel and occasionally a lace monitor.

I also learnt the Djabugay language from when it was first taught at the old Kuranda school, back in the 80s. Lead by Michael Quinn and Wanyarra (Roy Banning) and

other family guests that attended; they really gave me a big passion for it and its heritage and people.

I liked going out to Mona Mona Mission with my grandmother and siblings. We would often go to the river there and playing mud fights with the uncles and cousin which was so much fun. My sporting days were playing rugby league, touch football and basketball down the oval every afternoon after school. I really enjoyed my childhood; there was always fun things to do when going out on country; whether it was visiting, hunting or fishing.

Maybe it could influence our young generation to be strong within themselves and making sure they have strong leaders in their lives to support them."

Dennis also has 20 plus years' experience as a performer with Tjapukai Cultural Park. His employment in the indigenous tourism venture has allowed him the opportunity to showcase his culture and educate many people internationally and nationally. In his role as "Head Performer" he has been able to pass on his knowledge and coach younger performers and also travel overseas to many countries with the Tjapukai team.

In 2016, Dennis moved to a job in mental health as a Community Peer Support Worker, a role he found enjoyable, challenging and with many rewards working with the indigenous Cairns community.

In February 2020, Dennis returned 'home' to join Djabugay Aboriginal Corporations' and to "loving what I do best for my community".

"The Djabugay language is important because it gives understanding and context to country and cultural practices. This inspires people to care for country, and respect old traditions."

Nyurran djinaa wayga ngirrma-la Bulurru banydjarri-lum gurragurra banydjarri-lum.
Find your feet in ngirrma, in order to follow Bulurru, the Story waters, to follow the Ancestors.

Djumburru nyiwul banydjarri!
Follow one track!

Jones Tiling
Commercial and Domestic
Specialising in:
Marble, Granite,
Porcelain and Ceramic Tiles
Licenced Waterproof Applicator

Proprietor Lindsay Jones. Est. Cairns and Kuranda 1987
Mobile: 0412 387 651
Ph/Fax 4093 0017 | jonestiling@dodo.com.au | BSA 50 490

GRUBERS BECKETT
Chartered Accountants

open weekdays 8.30am to 5pm

**INCOME TAX
SUPERANNUATION
ACCOUNTING
ASSET PROTECTION
BOOK KEEPING
WEALTH CREATION
AUDIT**

4092 1244
mareeba@grubersbeckett.com.au

143 BYRNES STREET MAREEBA 4880

Barry Hodson
FCPA

Certified Practising Accountant

PO Box 139 Kuranda
Queensland 4881

Tel/Fax: (07) 4093 9770
Mobile: 0418 314 532
Email: barry@hodsonott.com.au

Kuranda Carriers
Your Local Delivery Service

Cairns • Kuranda • Speewah • Koah

WHITEGOODS • FURNITURE • SOME HARDWARE
(Bunnings, OfficeWorks, Pharmacies, A-Mart, Harvey Norman etc)

We will pick up small parcels from Cairns CBD from \$11
We also do removals

PHONE
0407 184 331
kurandacarriers@gmail.com.au

SUMMIT SOLAR ELECTRICAL

Everything Electrical
Installation, Maintenance and Repairs.

Fully accredited, licensed and insured for Electrical, Solar and Batteries.
Solar gates, cable locating, thermal imaging, data logging we do it all.

☎ : 07 4242 4646
✉ : elec@summitsolar.com.au
🌐 : summitsolar.com.au
📘 : facebook.com/summitsolarelectrical

ABN: 19547483457 lic 81944
CEC accreditation number: A8873928

Community Nursery and Landcare

"Kuranda – a place where the environment is valued and protected"

Nursery: 284 Myola Rd, Mon & Thu 9am–12 noon Sat 10–12 noon • 4093 8989 or 0419 624 940

Isolation in a bit of paradise

We want to give thanks for the safety of our little piece of paradise and to all those little acts of kindness which have helped us stay connected during this time of partial isolation and physical distancing. And what better piece of paradise to have to be isolated in.

Completing projects in the time of COVID-19

A little reorganisation, help from regular volunteers and several landholders and we've completed our Russett Park reveg project, whilst following physical distancing practices, by planting alone or in pairs. Over 800 trees have been planted this month to take advantage of the last of the ground moisture to give the plants a boost. Well done virtual team!

Nursery Open for Takeaways

How to keep the nursery producing to keep the plants alive for future projects both for your needs and for the community projects. That's been the challenge while observing physical distancing recommendations. So we've spread out across the week and weekend, with volunteers in twos, pursuing all the usual activities but just not together as a bigger team.

Nursery Takeaway orders. Ring your order through or get advice over the phone. We'll put your selection together for you and arrange pickup or local delivery at a convenient time for you. Personal viewing by appointment too.



Seeds needed

Keep those seeds coming in. If we don't know the species, we'll identify them for you. Bring some leaves, as well as the seeds, to make it easier. We'll get those eagle eyes focused and we're happy to exchange seeds for plants.

Travelling vicariously across Australia

Our regular nursery volunteers have been travelling with a daily emailed treat of native plant photos from Vern Hansen, one of our volunteers, retired from DPI. Vern travels to record Australian natives. What better way to remind ourselves of the world's beauty and diversity, while we are mourning coronavirus deaths, and to recognise what we have to lose to the slow burn of climate change. A selection here, more on our Facebook page.



Borrow the Box trailer

Trailers for hire. Members discount. All plugs catered for
Contact Hans on 0459 978 842 to book.

• Date Claimers •

A cool night out! Citizen science Frog monitoring each month

18 to 25 May. Various sites and site monitors. Call Cathy 0419 624 940 to get matched up!

Planting Cain Creek through May/June

Call Margaret 0478 676 122 or Cathy 0419 624 940. Email info@envirocare.org.au for regular email notice. If we are planting, we'll meet at nursery 284 Myola Road at 8am.

www.envirocare.org.au

info@envirocare.org.au

Koah Automotive

- Safety Certificates on cars, trucks, trailers and motorcycles
- Airconditioning repairs and servicing
- General mechanical repairs
- EFI diagnostics and servicing
- Log book servicing
- LPG installation & repairs

We Stock & Sell Batteries for:
Automotive – All Makes, All Models
and Motorcycles
Generators • Deep Cycle
Solar • Dual Battery Systems

BUY NOW
PAY LATER!



We now accept
Zip Pay



Koah Automotive

Phone 4093 7993

Lot 2 Koah Road, Koah Qld 4881
Fax 4093 7993

Operated by
Koah Automotive

RACQ



While the world has changed around us, the KAS Management Committee continues making decisions and keeping up to date with recommendations. As we are unable to conduct general meetings, the Committee will continue to make any decisions necessary to maintain ongoing business. A newsletter will go out soon! Here is a KAS status update:

- **The Amphitheatre is currently closed until further notice.**
- **The Kasey Chambers' concert for 15 August has now been cancelled.** Profits from large concerts are the Amphitheatre's main source of income to cover annual expenses, so unfortunately this puts the venue in a position of some financial hardship. The Committee is actively looking for COVID-19 financial support to help with our many usual expenses. We remain positive!
- **Kuranda Naidoc Day sadly, is postponed until further notice.** This decision was made by the National NAIDOC Committee. All funding applications have now ceased. We love our Community Day and hope to do something when NAIDOC reopens dates.
- **Our Membership Drive Dinner Nights are postponed until further notice.**

Membership fees for 2020 can still be paid. If you would like to email us, we can send you a membership form and you can pay online. It is very important that memberships stay current for the status of the Amphitheatre to remain. The KAS Management Committee hopes you can help with this. These membership monies do help to keep up with bills that still keep coming in regardless of whether the Amphitheatre is open or not.

Although the Amphitheatre is not be open for functions or hire, the grounds, repairs and maintenance are still required to be done. With that in mind, some volunteers and Committee are still going into the venue to work. There is gardening, mulching, mowing, cleaning, paths and more still happening, so we are keeping very busy. If you would like to help please get in contact! If you are great with carpentry repairs we would love to hear from you.

We would like to thank TRACQS for their continued support and especially Adric Rusch and workers who are continuing with some projects within the venue. It is great to see the venue still active.

Beatrice Sam and Liza Dewey are providing a 'Take Home & Heat' food service every Wednesday 4–6.30pm with a weekly menu on Facebook. Pre order and pick up only. Orders to Liza via Facebook Messenger or text orders through to 0477 776 607.

Many voluntary groups will suffer financially in our village at this time and from one Committee to others, we hope you are doing OK! The KAS Committee are using this time, when we can, to update procedures, apply for grants etc.

A good time to talk and adjust...We wish everyone well and know Kuranda is coming up with some unique ways of dealing with these times. STAY SAFE.

www.kurandaamphitheatre.org

support@kurandaamphitheatre.zendesk.com

Kuranda Amphitheatre

Case 590 Super M Series 3 With 900, 600, 450, 300 and Mud Bucket

- Land Clearing
- Rock Walls
- House Pads
- Trenching
- Ponds & Dams
- 24/7 Emergency Call Outs
- Site Waste Removal
- Chain Saw
- Quick Hitch Tilt on Application



KURANDA BACKHOE HIRE

Owner/Operator Jeff Kapteyn
ph. 0427 530 253
16 Years Experience



WaterBores QLD are your local water drilling specialists

- Domestic bores
- Stock bores
- Irrigation bores.

Based in Kuranda and servicing Far North Queensland

Call Leon for a free site inspection and quote
Tel: 0403 210 431
leon@waterboresqld.com.au
www.waterboresqld.com.au



BCB BOBCAT

- Sand Fills
- Site Cleanups
- Landscape Work
- General Excavation
- Post Hole Borer 300/450/600mm


Call Tony
0432 773 351
SERVICING KURANDA AND DISTRICT

B & C DONNACHIE

CONCRETING CONTRACTORS

Lic. No. 050953 QBSA Act 1991

ALL CONCRETE WORKS



- Domestic & Commercial
- Driveways & Slabs

Servicing Kuranda, Cairns and Tableland since 1991

FOR A FREE QUOTE
PHONE BRETT
Ph: 4093 9528
6 Butler Drive, Kuranda

0408 187 995



LEST WE FORGET

Anzac Day commemorations for 2020 were severely restricted due to the coronavirus pandemic. In Kuranda, as across the country, residents found ways to reflect and mark their respect in personal ways such as a minute's silence observed at dawn in their driveways whilst holding candles in remembrance.



Anzac Day 2019. Photo: Greg Hillman, Kuranda Photography



RANGERS

r e p o r t

Recommencing in July?

Football Federation Australia (FFA) announced in early April that cessation of grassroots football activity will be reassessed at the end of May, but the playing suspension will continue to the end of June. With all going well, it is hoped that the competition will restart in July. A decision will be made about how the format and schedule will look for the remaining season. We'll let you know when we do.

In the meantime we encourage kids to keep up their fitness at home and work on their skills. Visit footballqueensland.com.au and check out the "Backyard Drills & Chills" activities specially designed for kids to keep their skills up. The videos are short, but very helpful for players to continue their learning.



Kuranda Rangers Football Club 

Kuranda

RAW MATERIALS

OPEN 7 DAYS

- SAND
- SOIL
- STONE

MULCHES & RAW MATERIALS

All Your Earthmoving & Raw Material Needs.

Larger Orders, Discounts Apply

J. & R. GREGO GROUP
TRANSPORT & EXCAVATIONS

Servicing All Areas

Office 40937247 Yard 0419 705 005
47 Myola Rd Kuranda 4881



Clara Dunn



Hyde Dunn

COMMEMORATING 100 YEARS OF THE BAHÁ'Í FAITH IN AUSTRALIA

On 18 April 1920 John Henry Hyde-Dunn and Clara Dunn, affectionately known as Father and Mother Dunn, arrived in Sydney, the first Baha'is in Australia. The Dunns came originally from England but later moved to the USA, where they became early Baha'is. Mother Dunn met the son of the Founder of the Faith, Abdu'l-Baha, on His visit to the USA in 1912. In response to Abdu'l-Baha's call to pioneer to other countries, the two of them at their senior ages travelled to Australia and carried the Faith there even though poor. They struggled to establish themselves, Father Dunn taking work as a travelling salesman. This enabled them to teach and establish the Faith in their extended travels around Australia and New Zealand. They were the first Baha'is to visit Queensland in 1926, when Hyde Dunn visited most towns north as far as Cairns, and nearly a thousand kilometres inland. When Father Dunn died in 1941, the Guardian of the Faith cabled: "Magnificent Career Veteran Warrior Faith Baha'u'llah". They were both designated Hands of the Cause of God. Clara carried on working for the Faith until she passed on in 1960 at the age of 91. It was declared that she had "Rendered Unique Unforgettable Pioneer Service" to the Faith.



The Bahá'í Community of Mareeba/Kuranda
0419 632 286 | bahai.org.au

seedsavers

step-by-step to saving your own seeds...

Firstly, acknowledging all the First Nations food growers and seed savers of the land we are on, and that we have so much to learn about the foods and medicine plants of this country ...

Kuranda-Sprouts Seedsavers is a group of home-growers of food plants, including people who are just putting their first tomato in a pot, all the way through to farmers, market gardeners and organic growers of up to forty years' experience and more. This makes for an interesting, like-minded variety of people who love growing food and saving seeds. Kuranda-Sprouts gathers every two months or so at a different garden, giving growers an experience of how different folks do things differently, and an opportunity for old and new gardeners to pick up and share some new ideas...

Kuranda-Sprouts sprouted from Mareeba Seedsavers which in turn started from the first group in Far North Queensland, led by Annie Jenkins, and Jane ManyLeaves who some may know from regular markets including Gordonvale. Jane ManyLeaves and her family live near Babinda and are around 85 percent self-sufficient from their garden, and so are wonderful experiential knowledge-holders of one of the largest collections of tropical food-plants in the north. Annie and Jane were inspired to start the Far North Seedsavers group after being in touch with Seedsavers Network originators (1986), Jude and Michel Fantin from Byron Bay, who 'saw the writing on the wall' on their travels through Asia-Pacific, with traditional cultures losing some of their heritage food-plants and seeds, through the introduction of imported 'commercial varieties' and also packaged and 'fast' foods. Go to the Seedsavers Network website for more information on their garden and videos, notes and stories about growing food and saving seeds.

To start the seed-saving collection for Kuranda Paper, following is a step-by-step guide to saving tomato seeds. There are many varieties of tomatoes of course, and it is important to save seeds only of open-pollinated heritage/heirloom (non-hybrid/non-gmo) varieties, as hybrids will not produce true seed and genetically altered seeds do not have scientific consensus on their safety and often use 'terminator' technology.

It is also important to save the seeds of your best organically grown, open-pollinated produce, the biggest juiciest healthiest tomato from your healthiest strongest plant. This will send those qualities forward that all the growers over the generations have protected and passed on for you to enjoy your delicious tomatoes. Wait until they are at over-peak ripeness; choose the best of the best. In half and squeeze out the seeds into a container with some water in it, and leave for a day and a night to ferment off the protective gel coating the seeds, then sieve them with water and dry them on paper for a few days to a week. Dryness is essential for storing seeds and can be challenging in the tropics, just find the driest, airiest place you can. When dry, select the best of the seeds, discarding any misshapen ones, and put in a dry, air-tight container with a little fire-ash if possible. They are now ready for sorting into the seedbank, sharing with friends, neighbours and family, with your own added story on the origin of your seeds. Please be in touch with seedsavers@kurandaregion.org if you would like to be included on the mailing list or to ask any questions.



KURANDA LIBRARY

CONTROLLED BORROWING SERVICE

While the Kuranda library remains closed to public access, Council is offering a new service to help book lovers during this period. The service will allow users to borrow resources through a safe and controlled collection system.

How it works:

- Members will be able to reserve items using the usual online catalogue or by telephone.
- Our friendly library staff will email or phone you with a designated time to collect your reserved items. We have strict measures in place to protect you and the community. It is important to collect your items at the designated time to ensure safe and effective borrowing practises.
- Do not make a special trip to the library to collect your items. Incorporate your collection with planned trip for necessities such as groceries or medical supplies. If you are not able to get to the library, our staff are available to discuss alternative arrangements.
- Once you are finished with your item, please return it through the normal shute at the library. Items will be quarantined for 7 days then cleaned before being returned to the collection. Items will be automatically renewed so if you cannot return the item within the normal borrowing period, don't stress.

Kuranda Library

Phone: 4093 9185 or 4086 4729

Email: kurandal@msc.qld.gov.au





Koah home grown bounty in Nicky McKillop's kitchen – picture perfect
Photo :Nicky McKillop

Preserving Community

In recent years, Kuranda underwent a bit of a foodie revolution where there were not enough days in the week to enjoy all the offerings from local cafes and restaurants and specialty shops selling culinary treats like gourmet chocolates and pastries. Our local supermarket now stocks an incredible range of quality foods and fresh produce.

Then came corona-time (and not the kind you have with a wedge of lemon). While certain items—that will remain unnamed—became scarce, one thing that thankfully didn't, was continued access to local fresh fruit and vegetables, many grown literally at our door.

Some people rediscovered their kitchens ... and family meals truly became family again though extra (dirty) dishes might have been an unwanted by-product. Home cooking became much more common with time on our hands and creative kids got baking and making.

Innovative local farmers and home gardeners brought fresh fruit and veg literally to the door in some cases. And some businesses have remained open for takeaways, serving up smiles as much needed as a hot cuppa or a delicious hot meal.

Of special mention is Nathan Sutherland of Dinner Delicious who not only organises free home delivery of healthy meals, but donates \$5 from each meal to the Kuranda Community Fund which funds essential food parcels and medicine for those most in need of support. So literally buy a meal, give a meal. Nathan also organised the Community Fund through GoFundMe – thanks Nathan, community spirit in buckets. The Fund continues to receive donations and you can find it by Googling Kuranda Community Fund on GoFundMe.

All this home cooking and limited shopping trips, can, however, have unexpected consequences – like ending up with lots of a single ingredient, which if perishable means finding tasty recipes to avoid waste but also not rendering said item unappealing.

While I have about a metre's length of cookbooks, there is also the brilliance of the digital search and then there are friends online. One delivered up "Carrot Quick Pickle with Ginger" when I realised I had somehow ended up with three kilos of them, and already made Moroccan Carrot Soup and coleslaw. Fresh ginger was a gift.

All in all, I count my blessings that in this time where in other places food is scarce, expensive or limited in quality, here we are so well served by our farmers, providores and cooks. Whether I make my own, or buy local, it all works to keep our community healthy, happy and together. *Enjoy Queenbeans*

CARROT QUICK PICKLE WITH GINGER via Carrots and Zucchini (cnz.to)

Makes about 400 ml (almost two cups)

INGREDIENTS: 2 medium-small carrots, 40 gram knob of fresh ginger, scrubbed but unpeeled, sliced thinly, 120 ml (½ cup) white vinegar (white wine vinegar, rice or cider vinegar), 1 ½ teaspoons sea salt, 1 ½ teaspoons sugar.

METHOD: Peel carrots and cut or peel into thin ribbons. Place in a heatproof bowl, and set a fine-mesh sieve over the bowl. Combine the ginger, vinegar, salt, sugar, and 240 ml (1 cup) water in a small saucepan and bring to a boil over medium-high heat. When the mixture boils, stir with a wooden spoon to make sure the sugar and salt are dissolved, and remove from the heat. Pour the ginger brine through the sieve and into the bowl of carrots. Make sure the carrots are completely immersed, cover with a plate, and let cool to room temperature. Transfer to a clean jar, close the lid tightly and refrigerate for up to two weeks.

Lucky Kuranda locals enjoying take home fresh profiteroles from Sweet Gossip cafe via Kuranda FoodWorks and homemade hot chai via Kuranda Wholefoods Co-op.



Lilly Maher fine-tuning her culinary skills during isolation using local eggs and milk. Photo: Heather Miller



QUEENSLAND TAEKWON-DO ACADEMY

Classes postponed for now!
Weekly activities posted on our FB page
www.facebook.com/itfnq

Family Discounts available

STRENGTH
COURAGE
CONFIDENCE
RESPECT

- Internationally Certified Instructor (ITF)
- Non-contact training policy
- Traditional Taekwond-Do
- Practical self-defence training

CWA HALL KURANDA
Tuesday & Thursday 6.30–8pm

ENQUIRIES TO JEFF DIEBEN
0437 438 196

queenslandtaekwondo.com.au

ITF Taekwon-Do North Queensland

FIRST LESSON
FREE

1300 RIDE SHARE

PICK UP FROM

SMITHFIELD \$25*

CAIRNS \$35*

Sorry no alcohol deliveries

** Conditions apply*

Did you know that we also do deliveries to Kuranda?

Need that part to finish your fix-it job?

Need another ball of wool?

NEED IT TODAY?

Order your pick up before 10am and 2pm for daily delivery within the Village.
(Additional cost for outer areas)

Call for pick up
0436 392 441

Bookings
1300 74 33 74

Bomatu
Electrical and Marine

ABN 26 435 200 830

Russell Slater
Electrical Contractor

Electrical Installations and repairs to all types of electrical and marine equipment
Specializing in repairs to generators, pumps and hot water systems

No job too small
Discount for pensioners

Phone 4093 8900
email bem@bomatu.com.au

Experienced * Reliable * Local * Professional
Electrical Contractors Lic. No. 66658

Offering sound advice on reducing your Energy bill

Coming back to Earth...

Five years ago we had an abundant veggie garden, filled with zucchini, sweet potato, peas and herbs. Slowly as the pace of our work and our lives picked up, the Singapore Daisy crept in. While we were looking the other way she eventually managed to completely consume our veggie patch. Over the years, layers upon layer of thick stems and yellow flowers grew to be almost as high as us, and the idea of pulling it out felt overwhelming to say the least.

Everyday, and every time I bought vegetables, I would beat myself up (just a little bit) for the state of my garden. I would wish I had the time and the discipline to sort it out. But I didn't ... that is until ... lockdown!

Like many of us in the community my business was shut down due to COVID-19, and like many of us—thanks to the lockdown—we finally had the time and the motivation to give a whole lot of love to our garden!

It took a couple of days (and some 90s grunge music) for my kids, my partner and I to get through the daisy. Then the community spirit came in, and our friends generously gifted us some old tin to build new gardens, my partner and kids whipped up a couple of huge 'no dig' garden beds, and a good friend came round with a his excavator to help us fill them with soil.

Our children and I are planting seedlings and delighting in the journey of finally growing our own food again. I am learning so much and I am finding joy and excitement in the garden and it's worms everyday. In fact it has become my new life therapy.

I know that lockdown has been really difficult for so many people, but I'm grateful for the time we have had to connect our little family by getting back to the earth.

Erin Reece, Kuranda

"To forget how to dig the earth and tend the soil is to forget ourselves"

Mahatma Gandhi (1869-1948)



Above: Erin's Singapore Daisy garden before the makeover.

Left: Solai getting her hands dirty in the new garden.



FOWL TIMES

While everyone knows about the recent toilet paper situation, there is another commodity that is as rare as hen's teeth. Chickens! I'm not sure if it's because there is a shortage of eggs, a general feeling that we need to produce more of what we consume in these uncertain times, or if people just want a fun project to do with the kids while they are all at home. Whatever the reason, now seems like a good time to talk about what I have learned in many years of keeping chooks in the rainforest.

Unlike toilet paper, which can just be kept in a cupboard until needed, chickens obviously have some life requirements that have to be met. And if they are not, it is not just the chickens that suffer. Chook ownership can either be a true joy, or a short-lived time of destroyed garden beds, lumpy pythons and sick chooks.

Before I begin I feel like I have to confess I already feel slightly deceitful. If someone asked me what my poultry of choice is I would probably choose ducks (although I spent time with some Platinum Sussex recently that may just turn me). I currently have Cayuga ducks, chooks (Australorps, Indian Games and Araucanas), Sebastopol Geese, Peacocks, and Guinea Fowl. In the past we have had king pigeons, quails and turkeys as well. So perhaps one of the first things to consider when you are considering chickens is whether it is really chickens you want? They have their advantages for sure. But in the wrong situation these become disadvantages, and the non-scratching, easily fenced, productive duck takes the lead.

Of course for anyone that has ever dipped their toes into the permaculture pond, you know that the scratching power of chickens, properly harnessed and combined with their nitrogen rich deposits, is possibly even more valuable than their eggs. Currently we have three particularly escape-prone girls in a movable pen in the veggie garden. The garden has gotten away from us and the chickens are bringing it back under control. We move them off, give the soil a quick loosen and rake and plant the same day. It is important to not just consider the chicken as a one-dimensional beast. They should not just be popped in a Bunnings aviary in the back corner and treated as egg machines. They are messy, funny, productive, destructive creatures and all of their inputs and outputs should be considered. Buying eggs from the shops is much cleaner, easier and possibly cheaper so if you are only keeping chickens for eggs you are making your life unnecessarily complicated.

Some things to consider before bringing home chooks:

Predators: pythons, dogs (yours, your neighbour's and wild dogs), birds of prey, quolls, goannas.



Neighbours and sensitive family members: chickens come with their own smells, noises and habits. It's usually best to talk to neighbours first.

Preparation: have your predator-proof chook pen fully prepared before picking up your new girls, including food, perches and laying boxes.

Sourcing good stock: Recently, I have seen lots of online posts from proud new chicken owners showing off their new girls, that are very obviously not girls. I have also seen many old, sick, generally inappropriate chickens being sold to beginners. I can't see the mites, bumblefoot, aggressive attitudes, or parasitic worms in the photos, but unfortunately I am sure that some of these new chickens are hiding these problems.

If you have never had chooks: you don't need a rooster for eggs. Commercial layers (rescue battery hens) will lay till they are around two years old, and 'heritage breeds' will lay until about they are about six years old, although they will also peak in production at about two.

There are dozens of breeds of chickens, and they are bred for different things – eggs, meat or beauty. Not all chickens lay equally. It is worth waiting for good birds, even if the wait seems long at the moment.

In coming editions we'll cover some things in depth like housing, costs, other poultry (ducks!), parasites and other health issues, feeding chickens and how to grow your own chook food, and incubating and brooding baby chickens.

I also thought it would be helpful to talk a little bit about one breed each article. This month the homegrown Australorp!

Australorps were developed in the early 1900s and are considered a dual-purpose breed (meaning they are considered good egg-layers and fair eating). They are big, calm, friendly birds that are rarely flighty or aggressive (although you may want to put on some gardening gloves if you are taking eggs from a broody Australorp mamma). They are beautiful pets for gentle children if they are raised with them. A few cherry tomato treats will usually tame the wildest Australorp. They are generally a shiny black with a green shine, although they also come in blue, splash and white. They should have big, bright black eyes, clean legs and a bright red comb. They do come in bantam (small) size, but I have found in python-land, bigger is better. Australorps are healthy, active foragers. They have been used in permaculture extensively in compost making, orchard foraging, chicken tractoring and egg production. Personally, I am often distracted by pretty breeds. But after keeping a few for a couple of months I am always reminded how amazing the humble Australorp is. They lay very well, are big beautiful birds, have very few health issues and have the perfect attitude for almost every job they are put to. There are a few good Australorp breeders around, and they are a perfect first chook.

Madi Sparrow, Koah

Top: Chicken tractor
Inset: Chicks in the herbs

Photos: Madi Sparrow

GOLDEN ACRES

**SLASHING
4X4 TRACTOR**

**MOWING
5 ACRES
NORMAL
MOWING IN
2-3 HOURS**

**SLOPING GROUND
IS NO PROBLEM**

GARDENING

**RUBBISH REMOVAL
AND CLEANUPS**

**FULL BLOCK
MAINTENANCE
AT
AFFORDABLE
PRICES
FOR A FREE
QUOTE
CALL
BRUNO
OR
SALLY
40930133 OR
0428717820**

**REGISTERED
AND
INSURED**

SLASHING AND ACREAGE MOWING



PLANTING BY THE MOON

by Sheree Scott, Kuranda

While we've all been encouraged to stay at home, we are fortunate that there's plenty to do in the vegetable patch at this time of the year.

Beetroot is quick and easy to grow, being ready to eat in about six weeks from seedlings and 8-10 weeks from seed, and providing salad leaves even weeks earlier.

I have a fantastic recipe for a chocolate beetroot cake that is so moist it could pass as a black forest cake with a bit of raspberry jam and cream.

The first part is growing the vegies. A great tip for growing beetroot is to water the ground with Borax. Just half a teaspoon in 4.5 litres of water is enough per square metre. This supplies the vital trace element of boron. It only needs to be done once for the whole season, either as you plant the seed or water over the young seedlings.

Without boron the beetroot often succumb to wilting, so no matter how often you water them, they always look like they need more and end up shrivelling up.

Beetroot also prefer alkaline soils so benefit from a dusting of lime or dolomite in Kuranda's usually acidic clay soils. Try to get the soil pH between 7.0 to 8.0. However, this higher pH limits the availability of boron, hence the need to top it up.

Beetroot seeds are a corky cluster of 2-4 true seeds and need soaking for 20 minutes to an hour before planting. Sow about 10cm apart, about 12mm deep in rows 20-30cm apart. Thin the multiple seedlings out early to 5-7cm apart, or start a new row with the thinnings. We found rows of 2-3m long, planted every 4-6 weeks kept us in enough beetroot for eating freshly boiled, juiced, bottled and made into cakes.

Beetroot is best known as a root crop but is related to silverbeet so you can also eat the young leaves raw in salads, or steam it like spinach and silverbeet, serving with a dab of butter or mashed into boiled potato.



Salad greens

There are several other quick growing salad vegetables to get you started.

Radish is best grown from seed, germinating in 3-7 days with the round or long roots ready to eat in 3-5 weeks. Fertilise once or twice a week for rapid growth. Stress and lack of water can make them too hot. Companion plant with lettuce for better flavour. The green tops can be fed to hens.

Rocket is another quick germinating, spicy leaf that is

best eaten young. It needs lots of nitrogen and water for tender leaves. It can be sown in rows for cutting when young or have a few plants spaced out to pick longer.

Loose-leaf lettuce like mignonette, oakleaf and Australian yellow-leaf varieties are more suitable to the tropics than hearting varieties like Iceberg and Great Lakes. Avoid planting near parsley as it can inhibit their growth. The beauty of these are you can begin picking the outside leaves in just a few weeks and leave the centre to keep growing. Protect from the hot afternoon sun to keep them tender. Avoid watering the leaves on hot days as it may cause leaf burn or stem rot. Plant in the period after the new moon to avoid them going to seed readily.

Are you having trouble growing tomatoes? They can be frustrating with wilt attacking your plants just as they start to set fruit.

Tomatoes need to be grown in fresh ground each year to stop fungus or nematodes devastating your efforts. Cherry tomatoes are less prone to disease and the small fruit mean you can harvest sooner. Tommy Toe is a slightly larger cherry variety which crops heavily. Or choose yellow and orange grape tomatoes to add more colour. If you are short on space, train them up a trellis or fence, otherwise give them space to sprawl and you will be rewarded with bountiful fruit for ages.



So, now for that cake recipe:

Chocolate Beetroot Cake

Ingredients:

2 cups cooked and mashed beetroot (4-5 large beets), 2 tsp vanilla essence; 2 cups white sugar, 1.5 cups vegetable oil, 4 eggs, 2.5 cups plain flour, 2 tsp bicarbonate of soda, 2 tsp salt, half cup of cocoa.

This recipe requires three bowls.

Method:

In a small bowl, place the cooked, mashed beetroot, add 2 tsp vanilla essence and stir in well. Set aside.

In the largest bowl beat together 2 cups white sugar, 1.5 cups vegetable oil and four eggs.

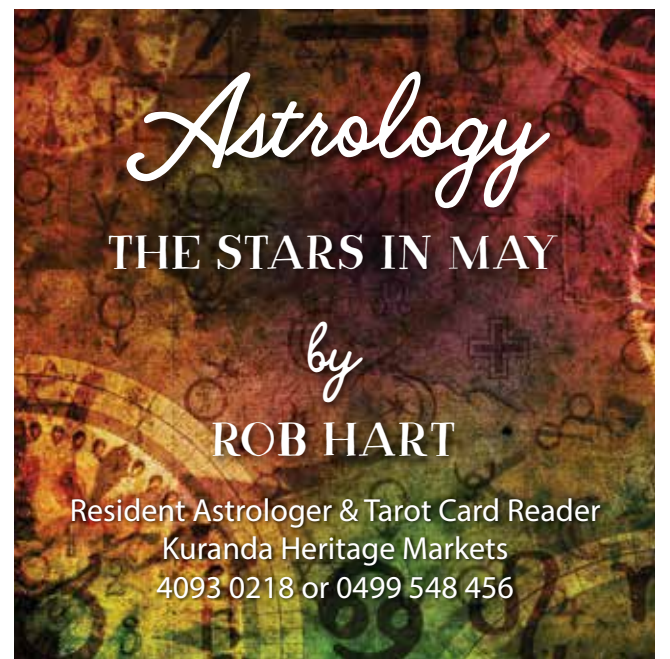
In the third bowl sift together 2.5 cups plain flour, 2 tsp bicarbonate of soda, 2 tsp salt and half a cup of cocoa.

Incorporate the beetroot mix and flour mix alternatively into the egg mix. Stir well until all combined. Grease and line a large cake tin, pour mixture in and bake at 180°C for 45 mins.

When cool, slice in half to create two layers and put jam and cream in the middle. Top with cream and fruit to serve. A great hit for birthdays and it's full of healthy fibre too.

Want the success of planting by the moon?

Ask about the-locally produced perpetual Moon Gardening Calendar at the Kuranda Post Office or go to www.moongardeningcalendar.com to order online.



"What's going to happen?" is the question everyone is asking at the moment of course. The question that many of us expect astrology can answer, so we're under the spotlight here. We can certainly look at an overview and a run-down of possible, even probable, events and outcomes.

As to exact prophecies and predictions we can deduce and play the Oracle, but given the implications of future events on all of us at this time that's a big call.

Some of us are enjoying the enforced home and leisure time, even without the same income. Others, not so much, and fearing the worst.

May begins with a Mercury - Uranus conjunction at six degrees Taurus. So that sets the scene for the month: these two planets both represent information: ideas, and communication moving quickly, suddenly, and having exciting, unexpected outcomes on an earthy, practical level.

That, to me, looks positive for breakthroughs on a high-tech level. And very down to earth.

The extremely nasty combination of Mars, Saturn and Pluto which has gripped the world over the last few months is dissolving. Thankfully we won't see that again. Saturn, now in Aquarius, brings authority to its senses and the realisation that it is there for the good of all and Mars backs it up, moving into Pisces, with a strong sense of compassion and service.

Lots of action around Gemini, Sun, New Moon, Mercury and Venus. Maybe it's hard to see it now but that all speaks of fun: joyful play, love, music and dance, and happy children. Good times are coming to your neighbourhood.

And with the Dragon (Moon's nodes) now aligned with the zero-degree Cancer Solstice point thus ending and beginning 20 year Lunar cycles, and Mercury arriving at the same point, we can expect a major shift in what we might call "world consciousness". That does seem inevitable given what we are now experiencing.

But the big event for the month looks to be the Full Moon on the 7 May at 17 degrees Scorpio. This will be a special occasion as the Moon will have the whole sky to itself. All the planets and the Sun sit, like an audience, on the other side of the world as the Full Moon takes centre-stage. Exactly full at around 9 pm, our time, on the night of 7 May.

There is, of course, an intensity about the Scorpio Full Moon. No getting away from that but the aspects look really positive: Mercury and Neptune align and on a deeper health and well-being level. This is a big shift point.

All in all, the stage is set for some major positive shifts this month and the chance "to find the fun" in life and with our families, tribes and neighbours. Go well.

Blessings



ANGLICAN CHURCH OF AUSTRALIA

ST SAVIOUR'S KURANDA

ALL PUBLIC WORSHIP at St Saviour's Church

IS CANCELLED DUE TO THE COVID-19 PANDEMIC.

A WEEKLY SERVICE IS STREAMED ON SUNDAYS ON FACEBOOK @

ST SAVIOUR'S ANGLICAN CHURCH KURANDA

POSSUM CORNER OP SHOP IS CLOSED DUE TO COVID-19

Enquiries to Chris Wright

Phone: 4093 8735

Email: wrightc@iig.com.au

NOTE

ALL CHURCH GATHERINGS RESTRICTED DUE TO COVID-19.

Check with churches for current arrangements and live streaming services.



The Uniting Church in Australia
MAREEBA

All welcome to the Mareeba Uniting Church
'Prayer as Conversation'

www.mareebauc.org.au

Sunday Service: 9-10am
cnr Rankin & Walsh Streets, Mareeba



ST CHRISTOPHER'S CATHOLIC CHURCH

20 Barang Street, Kuranda
Served by the Tablelands Parish

Sunday Mass: 5pm
Wednesday Mass: 6pm
(first Wednesday of each month)

P | 4091 1125 E | atherton.parish@ Cairns.catholic.org.au
W | athertoncatholicparish.com



Seventh-day Adventist Church

Wirramoo Street, Kuranda

Services held every Saturday
ALL WELCOME

Sabbath School (all ages) 9.30am
Divine Service 11am

St Saviour's Thought for May

This month we read from St Luke's Gospel Chapter 24 verses 13 to 35.

We are on a journey, a new journey for humanity. Our world is now so interconnected and close that we are shocked when borders are closed, and restrictions put on our movements. Coronavirus has certainly brought challenges and sorrow to our integrated world. A world that sometimes does not want to face reality and is so preoccupied with greed that it ignores human suffering.

Two people are heading out for a very long walk. It is no casual journey. They don't know if they will ever be able to bring themselves to return to the city they are leaving. They have watched someone die horribly, someone who meant everything to them. All the hopes and dreams which they had attached to him seem to have died too. They are joined by a stranger and on they walk together, conversing as they go. The two begin to feel they have just met someone who can make sense of what has happened. They invite him into an inn for a meal. During the meal, the stranger breaks bread in front of them, and they realise who is with them. But even as they do, he is gone.

This scripture is also about the journey for each of us. It may even be speaking to us at a moment when we, like the two, may be walking away from what is for us a dead Jesus, the sense of a dead faith, the sense of a dying world. Perhaps we would be wise to have our eyes and ears open for the Stranger, because, somewhere and in someone, he is seeking us. If we listen to what the stranger says on the road, we may hear what Our Lord wants to say to us today. Notice that "their eyes were kept from recognising him." In our culture, we have great difficulty recognising Christ in the many forms in which he comes to us. We have been conditioned to recognise him only in specifically religious images. We need to realise that Jesus can speak to us in any aspect of our daily experience. The Same Jesus in disguise. Notice too how our Lord "interpreted to them the scriptures". How well do we know the scriptures particularly where the life and ministry of Jesus are concerned? Notice that the Risen Lord did not at any time force himself upon them, now salesman pitch. He waited for their invitation to have a meal. Doesn't that say to us that we need to be among those inviting Jesus into our lives. This might involve giving more time to the

development of our Christian faith. That might involve our setting aside even a few minutes each day to be in his company, in silent reflection, simple prayer, or the study of the scriptures. Finally, Jesus signals his presence in the simplest and most familiar of ways. He breaks bread. How important is it for us in these troubled times to be present with other Christians when Our Lord breaks the bread and pours the wine of the Eucharist? Maybe, like the two on the road to Emmaus, we need to return to draw on its grace and to share our rediscovered faith. Somewhere on the road we are travelling we are encountering the Risen Christ in some disguise will we recognise him.

News from St Saviour's

Since the cancellation of Public Worship at St Saviour's before Easter we have sought to provide a Weekly Worship Service from the Church in accordance with Queensland Government guidelines, this is streamed via St Saviour's Facebook page on Sundays. The last time St Saviour's was closed for worship was in 1919 during the time of the Spanish Flu.

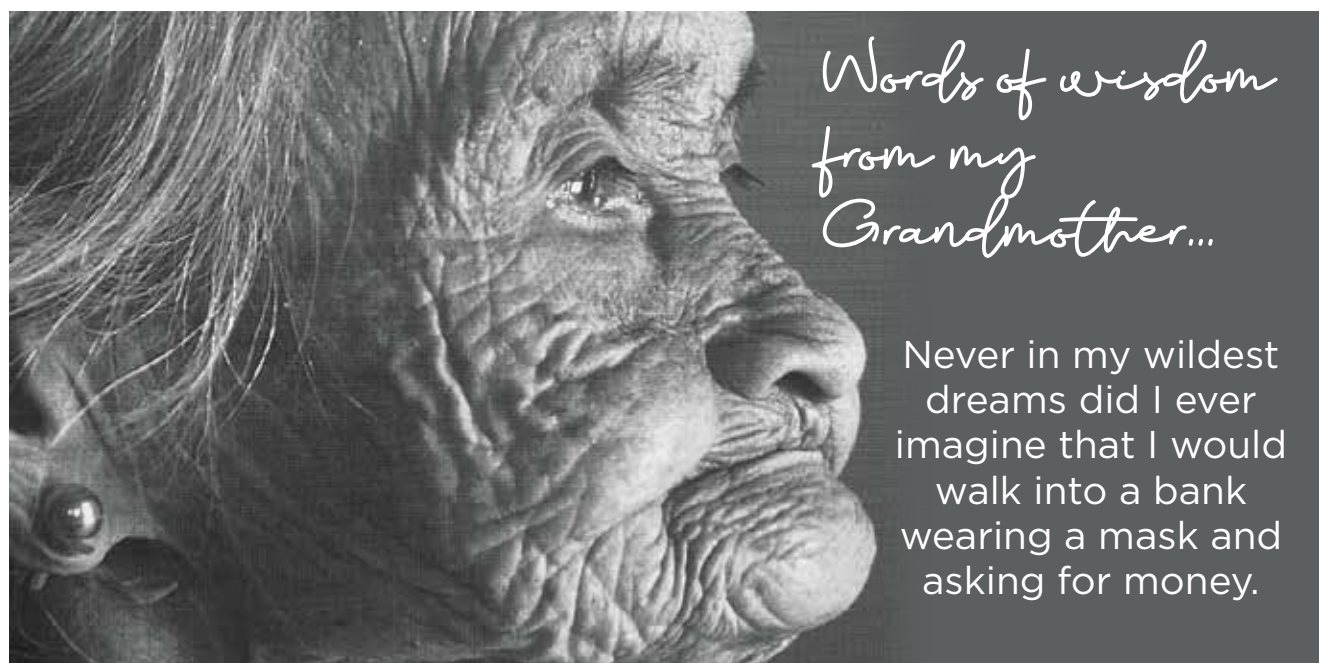
St Saviour's Church is still open daily for Private payers and mediation.

Funerals and weddings can still be held but with very limited numbers.

Possum Corner also is closed, and we ask people not to drop goods off until the OP Shop reopens.



The Kuranda Paper is a not-for-profit publication. Profits generated by advertising support local community groups and projects.



Words of wisdom from my Grandmother...

Never in my wildest dreams did I ever imagine that I would walk into a bank wearing a mask and asking for money.

THOUGHT OF THE MONTH FROM THE BAHÁ'Í FAITH

"... When such a crisis sweeps over the world no person should hope to remain intact. We belong to an organic unit and when one part of the organism suffers all the rest of the body will feel its consequence. This is in fact the reason why Bahá'u'lláh calls our attention to the unity of mankind. But as Bahá'ís we should not let such hardship weaken our hope in the future..."

"He does not feel that the Bahá'ís should waste time dwelling on the dark side of things." "...turn our stumbling blocks into stepping stones, and utilize the often violent forces released by sincere but perhaps misguided friends, as a positive stream of power by turning them into productive channels instead of destructive ones."

(Shoghi Effendi)

Meditations/Reflections, Morning Prayers and Study Circles: and other face to face Baha'i meetings have been called off for the time being due to the need to socially isolate. But prayers are being said for all those suffering as a result of the current global pandemic crisis. While these developments are terrible, they also point up how interdependent all humanity now is on this one small, fragile planet. It, among other things, are moving humanity forward to its long awaited and prophesied unity – one God, one humanity, one planet.

All enquiries welcome.

0419 632 286 | 4093 9571 | bahai.org.au

The Bahá'í Community of Mareeba/Kuranda

WAYGAL-A-GALING BUWAL-WU

Going looking for words



The Bama (people) of this area (bulmba) shared a common ngirrma, language.

The Djabuganydji, Bulwanydji, Nyagali, Yirrganydji and Gulunydji have lived here for millennia. The Djabuganydji called it Djabugay. The Bulwanydji called it Bulway. The Yirrganydji on the coast called it Yirrgay. The 'ay' sound at the end of these words sounds like the archaic English word 'aye' for yes.

Some of their stories go way back in time. The Djabuganydji

believe that once their hunting grounds stretched to the Barrier Reef. At the end of the last ice age there was a rise in sea-level that pushed the people back inland and created the present shoreline. Nowhere else in the world have people been able to reside continuously in one place for so long, passing on their stories to the present day.

The actual word 'bulmba' has many meanings: home, camping ground, territory, the weather and the authority of

the elders, upholders of the Law. This bulmba is constantly changing, depending on the time of the year, the season and the weather.

Thanks to the Bulmba Rangers for help with selection of wordsearch words and to the Djabugay Tribal Aboriginal Corporations for their work in preserving the area's linguistic inheritance.

Michael Quinn



D D W I G I L W I G I L M U N U M B A V
 J A D J A W A D J A W A M U R R A N Y J
 U R D J I B A N Y D J I M U R R G A N N
 N R G M B R N O L G U M A N G U N D A Y
 D A A U A B G D J A W U N G U Y B A L L
 A B D R M A A D G D J I M I M D J A L A
 D A J R A D R B A D W A R R A Y W A W U
 J Y I A M A R A M A R A B A N G A N A A
 U I R N B D N D I B D N G A N Y D J A X
 N N R Y U A G J W A N I R R I L D J A A
 D G A D R G G I U Y N U L A Y I N G B D
 A A G J R I A G D I D J U N G G U N N J
 N L A I D L Y A J N B U L M B A L Z K K
 G N T Z J D Z L I G D U G A L G A D J A
 Z G N G A B I N G A M A M G T G U R I I
 R A W U L A Y L A M U N D U D Q B R D R
 B J W T M D R Z Y M P K T M W D N V N P



BADADAGIL
 BADJIGAL
 BAMA
 BULMBA
 BURRDJAL
 DABAYING
 DARRABAYING
 DJAA
 DJAWADJAWA
 DJAWUN
 DJIBANYDJI
 DJIMIMDJALA
 DJUNDADJUNDANG
 DJUNGGU
 DUGAL
 GADJA
 GADJIRRAGA
 GALNGA
 GAMI
 GANAA
 GUNDAY

GURII
 GUYBAL
 MARAMARABANG
 MUNDU
 MUNUMBA
 MURRGAN
 MURRANY
 MURRANYDJI
 NGABI
 NGAMA
 NGANYDJA
 NGARRNGGAY
 NULAYING
 OLGUMAN
 WANIRRIL
 WARRAY
 WAWU
 WIGILWIGIL
 WUDJIGAY
 WULAY

WORD MEANINGS

BADADAGIL: hardheaded, stubborn

BADJIGAL: turtle

BAMA: the people, a person

BULMBA: home

BURRDJAL: to visit

DABAYING: spreading something

DARRABAYING: washing one's own body parts

DJAA: where

DJAWADJAWA: magpie

DJAWUN: house

DJIBANYDJI: happy

DJIMIMDJALA: a thief

DJUNDADJUNDANG: walking about

DJUNGGU: behind, back

DUGAL: to get something, to catch something

GADJA: ghost/whiteman

GADJIRRAGA: taipan

GALNGA: mother's brother, uncle

GAMI: father's father or mother's mother

GANAA: under, beneath

GUNDAY: maybe, perhaps

GURII: good

GUYBAL: whistle

MARAMARABANG: sharing

MUNDU: inner-spirit, inner-self

MUNUMBA: Sour Plum

MURRGAN: Blue Quandong

MURRANY: fever/sickness

MURRANYDJI: to be sick

NGABI: plenty, lots

NGAMA: mother, mother's sister

NGANYDJA: taste

NGARRNGGAY: larrikin

NULAYING: singing out, calling

OLGUMAN: old woman

WANIRRIL: to bring something

WARRAY: bad, not good, deadly

WAWU: out, outside

WIGILWIGIL: sweet

WUDJIGAY: guava

WULAY: to die

This month's ngirrma word search features Djabugay language words from a cautionary tale Michael Quinn wrote about a boy called Bina Gari the larrikin who won't stay home during the time of coronavirus. His Uncle Blue Quandong and Auntie Sour Plum, his sister Taipian all tell him to stay home, not to go out with his friends, not to shake hands, to wash his hands "Gari **murrany Corona wudjan Bama-num, Gadja-malim!** Don't catch the Corona sickness from Bama or from Gadja!"

But he will not listen and goes out looking to visit his friends Hard Head, The Magpie and Stupid. He feels sad and lost and lonely when even they stay behind closed doors. Then he sees a guava tree full of fruit and decides he will pick lots of fruit to take home to Granny, Uncle, Auntie, Mum and Taipian. Then, **gudjangun mundu gurii djanang-ala.** Bina Gari's **mundu**, his inner-spirit, is well-standing now, because **maa wanirril bama-wu.** Bina Gari is bringing food for the people.

Stay home everyone, stay safe, wash your hands and lookout for your friends and family.



Wha Hae 22 April 2020. Photo: Beverly Henderson

DJABUGAY

A guide to the pronunciation of Djabugay words

Vowel Sounds

/a/ is pronounced as the vowel in the (English) words "some, "come" e.g. **bama** (person)

/a:/ is pronounced like the /a/ sound in "father" but longer e.g. **buda:dji** (carpet snake)

/i/ is pronounced like the /i/ in the word "bin" e.g. **bina** (ear)

/i:/ the vowel sound is lengthened and pronounced like the vowel sound in "heat", "beat", "feet" e.g. **biri:** (again)

/u/ is pronounced as the vowel sound in the English

word "book" e.g. **mu**du (back)

/u:/ the vowel is lengthened and pronounced as the vowel sound in the words "good", "tool", "rule" e.g. **djungguu:** (behind)

Consonants

/dj/ The sound is like a /d/ and a /j/ pronounced simultaneously e.g. **djulbin** (tree)

/g/ is pronounced as in the word "gun" e.g. **gindan** (moon)

/rr/ a trilled, or rolled /r/ as in Scottish pronunciation of the word "sporrán" e.g. **burra-y** (to fly)

/r/ as in the American pronunciation of /r/ in car e.g. **biri** (fire)

/ny/ is like the initial /n/ in onion, like an /n/ and a /y/ pronounced simultaneously e.g. **nyurra** (you)

/ng/ as in the word "singer" e.g. **bungan** (sun)

/n.g/ when you see the n.g broken by a stop do not run two sounds together e.g. **djin.gal** (sky)

/ngg/ is pronounced as the ng sound in the word "finger" e.g. **nyinggarra** (eel)

/ay/ is generally pronounced as in the English word "eye" e.g. **Djabugay**

Stress

When saying Djabugay words which syllables should we stress?

In words of two syllables, the first syllable is stressed e.g. **bina** (ear).

In words of three syllables, the first syllable is stressed e.g. **gan**yarra (crocodile).

However, if a long vowel occurs in the second syllable of a word of three syllables, it is stressed e.g. **buda:**dji (carpet snake).

In words with more than three syllables, stress falls on the first syllable and on the syllable before the last one e.g. **gan**yarra – **nggu** (crocodile).

KURANDA EARTHWORX Ph 4093 9556

KURANDA TREE SERVICES

www.kurandahire.com.au
email: info@kurandahire.com.au



SPECIALS TO HELP OUT IN A TIME OF NEED.

DRIVEWAY SCALPS (20mm & 40mm)	\$27.95
ROAD BASE (20mm)	\$37.50
COMPACTABLE FILL	\$24.95
CRUSHER DUST	\$24.95
AGGREGATE (7,10,14 & 16mm)	\$67.50
DRAINAGE ROCK (20-40mm)	\$39.95
ROCK (40-75mm)	\$39.95
GABION ROCK (75 – 150mm)	\$59.00
REVENTMENT ROCK (150-350mm)	\$59.00

Prices per Ton, includes delivery and GST



IMPORTANT, SUPPORT YOUR LOCAL COMMUNITY



The new COVIDSafe app is completely voluntary. Downloading the app is something you can do to protect you, your family and friends and save the lives of other Australians. The more Australians connect to the COVIDSafe app, the quicker we can find the virus.

For detailed questions and answers about this app go to www.health.gov.au/resources/apps-and-tools/covidsafe-app

If you are unwell with the following symptoms – cough, shortness of breath, sore throat, or a fever (or a history of fever) Queensland Health encourages you to get tested immediately for coronavirus (COVID-19).

Contact your doctor, go to the nearest hospital emergency department or book an appointment at a drive-through fever clinic by calling 4226 4781.

There are fever clinics at Mareeba Hospital, Cairns Hospital, Atherton Hospital and drive-through clinics at Cairns North and Edmonton Community Health Centres.

GRATIS CLASSIFIEDS*

Bowen Therapy & Homeopathy Sarah at Simply Healing 0402 804 591, www.simplyhealing.net.au Phone for an appointment to start on the path of healing today.

Clothing alterations & dressmaking in Speewah, Karen is professional & reasonably priced. For all your sewing needs call 0459 184 223.

Commercial deliveries available via 1300 Rideshare. Flat delivery rate, check Rideshare App, slide to open Delivery option or call 1300 743374.

Computer Repairs. Servicing home or business. Prompt, reliable & affordable 'no-fuss' same day come-to-you service. Cairns Computer Support. Local Kuranda based business! 07 4222 1111 or cairnscoutersupport.com.au
Designer Fabrics by local

Kuranda artist Gerhard Hillmann. Featuring plants and animals from the rainforest and more. Ideal for patchwork, quilting and interior design. 100% organic cotton. www.naturesfacefabrics.com

Delicious Breakfasts, Curries & Sweets at Tropical Zen Village Kitchen: Shop 9, Kuranda Market Arcade, Kuranda Original Rainforest Markets.

Expert clothing alterations, new garments and upholstery. No job too big or small. Over 30 years' experience. Call Vicki 0400 791 345 or 4093 8976.

Fresh Reef Fish delivered to your door, Kuranda-Cairns-Mareeba. Whole or fresh filleted. Kuranda-based Pristine Reef Fish. Like us on Facebook to keep updated. Commercial fishing licence 4546. Call Richard 0407 908 375.

Just Gorgeous Please call 0412 762 342 to check opening hours. We can be there by appointment if you need something urgently. Thanks for your support and understanding.

Kuranda Arts Co-operative has a range of unique eclectic and functional artwork that won't break the bank – buy local! Open 11am–2pm or call artists Henri 4093 8776, Mollie 4093 9063, Cathy 0407 758645 or Kate 4093 9668 for assistance. 20 Coondoo Street, 4093 9026.

Local Art: Save time travelling down the range and buy your art locally at the Kuranda Arts Co-operative, 20 Coondoo Street, 4093 9026.
Lochy's Lawns, Landscaping and Property Maintenance lawn mowing, snipping, experienced Handyman and Landscaper, Household and Property

Maintenance, Pressure Cleaning. No job too small. Free quote 0401 513 617.

Need a part or item urgently from Cairns or coast? Call Rideshare 1300 743374 or 0436 392 441.

Piano for sale. \$300 Over 70 years old. Needs tuning. Part of loving family. 0416 120 852

Professional knife sharpening. Mobile service call 4093 8382 or 0409 558 027

Resume: In Speewah, Cairns longest-running resume writing business – over thirty years' experience. Resumes, Employment Applications, web text, all forms of copy writing, editing and proofreading. Word Factory (Suzy Grinter) Phone: 4093 0449.

SALE 25% off STORE WIDE including Mother's Day Gift Vouchers. 'Just Gorgeous' will be OPEN 10am–3pm Saturday 2 May to celebrate new rules

for travel and shopping. 16 Coondoo Street. 4093 7508

Tropical Zen Village Kitchen for Sri Lankan Curries & Delicious Treats & Sweets. Shop 9 Kuranda Market Arcade, Kuranda Original Rainforest Markets.

ALL INFORMATION IS SUBJECT TO CHANGE. PLEASE CONTACT ADVERTISERS DIRECT.

* 30 WORDS MAXIMUM

For sale, lost/found and outdated entries will be deleted after one month. Repeat advertisements will be deleted at the discretion of the paper. Existing Kuranda Paper advertisers and community groups will be prioritised for repeats depending on available space. Submit classifieds via email mail@kurandapaper.com

YOUR COMMUNITY PAGES



WILDLIFE

Wildlife Rescue 4053 4467 (24 hours) – recommended first to contact.

Batreach 4093 8858

Cassowary sightings Jax Bergersen 4093 8834

Kuranda Vets 4093 7283

SNAKE REMOVAL

Jax Bergersen (non-venomous only) 4093 8834

Miss Hiss Reptiles (all reptiles) 0447 888 872

DEFIBRILLATORS



Defibrillator locations in Kuranda region.

Kuranda Mens Shed end of Kuranda Heights Road

Kuranda Pharmacy cnr Coondoo and Thongon Sts

Kuranda Medical Centre cnr Thongon and Barang Sts

Kuranda Ambulance Station, Fallon Road

Kuranda Swimming Pool, Myola Road

Steiner School, Boyles Road

Kuranda SES on board vehicle

WATER AND SEPTIC

Water Delivery:

Grego's Raw Materials 0419 705 005

Kuranda Fish Farm 4093 0147

Septic Tank Emptying:

Paul Jennings 0417 632 688

FNQ Wildlife Rescue Assoc. Inc.

(Established 1994)



Caring for the region's native wildlife.

Wildlife carers are all volunteers.

Tax deductible donations appreciated.

New members welcome.

Tel: 07 4053 4467 (24 hrs)

Email: fnqwr@bigpond.com



Tree Roo Rescue and Conservation Centre Ltd

We are a non-profit organisation that rescues and rehabilitates, orphaned, injured or displaced tree kangaroos.

Unfortunately an increasing number of Lumbholtz tree kangaroos are being killed by dogs and hit by cars each year.

Please donate to us and the money will go directly towards treating and caring for these beautiful animals.

If you find an injured tree kangaroo please ring us on 0427 790 694



Donate now and help us care for tree roos today

www.treeroorecue.org.au

Visit us on



RECYCLE

Kuranda Transfer Station 2186 Kennedy Hwy, Koah
MSC Recycle Station – Arara Street

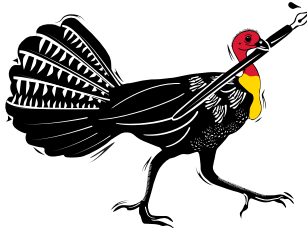
RECYCLE Donate your aluminium cans to **COUCH** (Committee for Oncology Unit at Cairns Hospital).
Recycle bin located at the Kuranda Recreation Centre, Fallon Road.



ROAD REPORTS

Council EMERGENCY number for local roads
1300 308 461

Kuranda Range/ Kennedy Highway Report an Incident
13 19 40 (24/7)



JUSTICES OF THE PEACE

Queensland Justices of the Peace (JPs) volunteer to serve the public by signing documents that need a qualified witness.

Robin Anscomb
0409 046 932

Karen McLaren
4093 8780

Please phone for an appointment or leave a message.

Wendy Pritchard
Monday to Friday

SUSPENDED UNTIL FURTHER NOTICE

Ngoonbi Housing Office, 40 Coondoo Street, Kuranda

HELPFUL FACEBOOK GROUPS

KURANDA RANGE UPDATES (21,000 + members)

On the spot traffic reports, in real time, for the Kuranda Range Road.

KURANDA NOTICE BOARD GROUP (6,000 + members)

Information sharing, discussion, advertising. Open group.

ALL THINGS KURANDA (1,000 + members)

Discussion group for Kuranda district residents only. Some restrictions on sale of items.

SPEEWAH AND SURROUNDS RESIDENTS GROUP (1,000 + members)

Information sharing and support. Helpful for real time info on weather, power outages, community events etc. Some restrictions on listing items for sale (check group rules)

SPEEWAH RESIDENTS (500 + members)

As above but no restrictions on listing items for sale.

KOAH COMMUNITY (1,000 + members)

A group for Koah Community to advise, ask questions, barter, lost/found animals, hazards etc in Koah area.

HELP GROUPS



Kids Helpline
1800 55 1800

kidshelpline.com.au

Kids Helpline is Australia's only free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.



Need help with a drinking problem?

1300 322 322

www.aa.org.au

Al-Anon Family Groups
Help and hope for families and friends of alcoholics

If someone in your family has a drinking problem, you can see what it is doing to them, but can you see what it is doing to you?

Al-Anon can help you!

Meetings in Kuranda, Smithfield and Cairns.
Contact **Kate 4093 9668** or **1300 ALANON**

RAINFALL

April 2020 (to 28 April)
17.5mm

Annual total to 28 April:
971.5mm

Courtesy of Kuranda Railway Station

Community Services

KURANDA LIBRARY and COUNCIL OFFICE

OPENING HOURS

Monday to Friday: 10am–5pm

Saturday: 9am–12pm

(No Council business on Saturday or after 4.30pm weekdays)

Kuranda Community Precinct

18-22 Arara Street, Kuranda

4093 9185

kurandal@msc.qld.gov.au

msc.qld.gov.au/libraries

KURANDA TRANSFER STATION

OPERATING HOURS

Tuesdays, Thursdays, Saturdays & Sundays: 8am–5pm

2186 Kennedy Highway, Koah

0418 282 542

msc.qld.gov.au/water-and-waste

65 Rankin Street, Mareeba

PO Box 154, Mareeba Qld 4880

1300 308 461 • info@msc.qld.gov.au

msc.qld.gov.au

EMERGENCY MANAGEMENT DASHBOARD

Mareeba Shire Council's online Emergency Management Dashboard provides real time emergency information. The Dashboard provides live emergency news, information about road closures, power outages and river heights, weather warnings and fire feeds, emergency contact phone numbers and social media links. Notifications can also be viewed via an interactive map. Mareeba Shire residents can register for the Early Warning Network to receive email and SMS alerts for potential emergencies and severe natural disasters and weather events.

The Dashboard is accessible on Council's website www.emergency.msc.qld.gov.au



FIREFIGHTERS NEEDED
Kuranda Station
Your local Queensland Emergency Services Fire station is looking for Auxiliary Firefighters
If you are interested contact your local station:
Kuranda Fire & Rescue Station
Please visit: <https://www.qfes.qld.gov.au/employment/jobs/auxiliary-firefighter.html>
Are you driven to lend a hand in times of crisis?

Trans North Bus & Coach

ATHERTON TABLELANDS TO CAIRNS		
Departs From	Monday to Saturday	
	1	2
ATHERTON	6.15am	1.00pm
MAREEBA	6.45am	1.30pm
SPEEWAH	7.05am	1.55pm
KURANDA	7.30am	2.00pm
CAIRNS Service Terminates	8.45am	3.00pm
CAIRNS TO ATHERTON TABLELANDS		
Departs From	Monday to Saturday	
	1	2
CAIRNS Central Rail Station	9.15am	3.30pm
SMITHFIELD Bus Shelter	9.30am	3.45pm
KURANDA	9.50am	4.15pm
SPEEWAH	9.55am	4.20pm
MAREEBA	10.25am	4.50pm
ATHERTON Service Terminates	11.00am	5.25pm

Emergency Contacts



Emergency – Police, Fire, Ambulance	000
Flood and Storm Emergency Assistance (SES)	132 500
Ergon Energy – Report Dangerous Electrical Emergencies	131 670
Mareeba Shire Council	1300 308 461
Poisons Information	131 126
13HEALTH – Health and Hospital Information	134 325

RURAL FIRE BRIGADE WARDENS



First Officer Kuranda	Baz Child 0437 746 601
First Officer Speewah	Mick Dub 0428 820 631
Warden Kuranda	Duncan Blakey 0408 151 199
Warden Speewah	John Thompson 0488 988 481
Davies Creek	4093 3181
Koah	4232 5468
Myola	4093 7190
Speewah	4093 0211

Permits required for ALL fires

Join your local SES

Training every fortnight

Tuesdays 7.30pm

Contact John for more details

0427 037 054



TRANSPORT

Kuranda Taxi 4093 7119

Rideshare 1300 743 374

John's Kuranda Bus 0418 772 953

Trans North 3036 2070

JOHN'S KURANDA BUS *The local bus!*

Please note due to COVID-19 this service is currently not operating.

For more information or other routes contact John 0418 772 953

Trans North Cairns to Kuranda Shuttle

Please note due to COVID-19 this service is currently not operating. Please refer to Atherton to Cairns timetable on left or Trans North website for current services to and from Kuranda.

Any queries please call 3036 2070 during office hours.

Trans North services are "Hail & Ride". **Please hail the driver** anywhere enroute where it safe for the bus to pull over. For a small surcharge passengers travelling to Cairns may also be set down at:

- Cairns Airport (\$5),
- Cairns Hospital (\$3),
- Greyhound Terminal (\$3),
- Pease Street Eye Surgery (\$5)

Please advise the driver of required destination when boarding the bus and also note that Trans North services do not pick up from any of the above.

Bus stops are located at:

- Cairns – Platform 1, Cairns Central Railway Station, Cairns
- Cairns T.A.F.E – Newton Street (7.30am & 3pm Services)
- Smithfield – Bus shelter near the traffic lights on Kennedy Highway at bottom of the Kuranda Range
- Kuranda – 15 Therwine Street – opposite Information Centre
- Speewah – Speewah Road bus shelter in front of tavern
- Mareeba – Arnold Park, 171-179 Walsh Street (next door to Police Station)
- Atherton – 54 Main Street (near Crazy Cats Coffee)

Ticket Sales:

Purchase tickets from the driver as you board the bus or from Piagnos News, 142

Byrnes Street Mareeba

Trans North – Atherton

Ph: 3036 2070 during office hours

Email: atherton@transnorthbus.com.au

Web: www.transnorthbus.com.au

Magical Awakenings

Thanks to COVID-19 Lockdown

Bees on dragon fruit flower Photo: Heather Miller



Less cars, less trucks, less exhaust gasses,
and in the sky less air-traffic.

No belching smoke-stacks,
no polluting industry
poisoning the air the land and sea.

Clear skies everywhere
from Tierra del Fuego to Alaska
from Bradford to Beijing
Capetown to Cairo.

Look there's Kilimanjaro!
Seen once again from Nairobi
through unpolluted air

And villagers are filled with awe
in the northern Punjab
to see snow-topped
Himalaya once more.

While the human animal is in quarantine
around the world animals roam free

Big cats take long naps on
South African highways.

In Oz kangaroos and koalas
come to town
and gangs of bush turkeys
take over deserted tourist centres.

Down locked-down Indian streets
ponderous elephants sway.

Coyotes prowl the Golden Gate Bridge
and along the shore of San Francisco Bay.

Ducks make their nests
in a tourist-free Venice
without fear
and swim in its fountains
as overnight in its canals
small fish in shoals
and scuttling crabs appear.

Pumas roam the streets of Santiago.
Goats eat from people's gardens
in locked-down Llandudno.

Monkeys in rival gangs
have fight-outs in Thailand's
once bustling tourist hot spots.

Raccoons frolic
in the surf in San Felipe
whilst through the streets
of Belmont, Massachusetts,
sprints a moose on the loose.

A pair of wild bear
go roaming
in Andhra Pradesh
on a quest to see
the world made fresh
in God's abode in Tirumala.

Peacocks in locked-down Mumbai
let out haunted shrieks and wails
and spread their wondrous tails
standing on top of cars,
their roofs and bonnets, and
depositing guano to widespread dismay.

Wild boar go rooting in the streets
of towns in Israel and in Spain,
in Barcelona, are a common sight.

Bear parties
have been reported in Yosemite
now it's closed down,
no tourists to be seen
and Sika deer wander at ease
through city streets in Nara
to the delight of locked-down Japanese.

In India thousands
of olive ridley turtles

are nesting
on the deserted beaches of Odisha
and in Brazil endangered turtles,
hawksbills, hatch
on Janga beach in Paulista.

Ironically in zoos animals get sick
lacking human visitor attention
though in Ocean Park Hong Kong
a panda Ying Ying is pregnant
after ten years trying
under everybody's eyes
it's no surprise.

A time of privacy was Heaven sent
the virus COVID-19
and the fact of human quarantine.

The human animal in isolation
seeks salvation in song:

In the Vale of Glamorgan in Wales
residents of a street sing Amazing Grace
from their doorways without tire
(the Welsh in their valleys
love a good choir)
and in Siena,
Italians lean from their windows singing
Canto della Verbena
(And while Siena sleeps)
with municipal pride
whilst others simply cried.

Locked-down residents
chant in China
Keep it up Wuhan!
and sing patriotic songs
with fervour
to make their spirits rise up higher.

Around the world streets echo
to the sound of flute, clarinet or saxophone
guitar, banjo, balalaika, fiddle, shamisen and sitar
the beating of djembe, bodhran, snare and bongo.
Musicians join with each other
reaching out in a time of contagion
from their locked-down isolation.

By Michael Quinn
2020 A.D. *Annus horribilis/Annus mirabilis*



What's On at Koah Hall

Nothing for the moment!

If you were unaware, the Council has closed our Koah Hall, Koah's Ark Nature Playground and Tennis Court areas until further notice. While our access to our Hall and facilities is suspended until further notice, our pride at being part of such an amazing community in Koah continues!

All of us at the Hall, Koah Markets, Dream BIG! Circus, Davini's Dance, Men's Circle, 4x4 Wheel Drive Group, Koah Yogis, Pilates with Jaide and so many more are all "wishing you the very best getting through this trying time".

If anyone in our community needs help please do not hesitate to post on the Koah Community Facebook page, because as a community we would like to be there for each other.

Watch this space and our Koah Hall FB page for emerging events.

HIRE FEES

- 1-2hrs \$10 • Half day \$30 • Full day \$60
- Full day and evening (24 hour block) \$110
- \$200 refundable bond for one-off events
(if space is left as you found it)

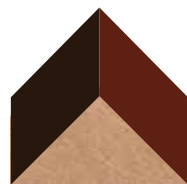
 koah.hall@gmail.com  Koah Hall



COMMUNITY CALENDAR

TALES FROM THE CRYPT

Shed



Australian Men's Shed Association
SHOULDER TO SHOULDER

Kuranda Men's Shed – Containers for Change

NO Markets, NO Bunnings Sausage Sizzles! Where will we get our funds to keep afloat in this time of crisis????

YOU CAN HELP!

Did you know that the Arara Street Recycling depot has a special place for your drink bottles, cans and plastics?

Next time you do your recycling, check out our purpose built cage for the 'Containers For Change' Project. Give our 'Bin Chickens' something to do.

Contact 4093 9421 for more information or go to www.containersforchange.com.au/qld



Kuranda Men's Shed

Trading Hours

Wednesday 9am - 12pm

CLOSED

Due to the end of Kuranda Markets, we will continue on past the caravan park and in to the old council depot.

Contact

Daryl Douglass (Secretary)
4093 9421

Richard Clews (President)
4093 0457